

**2006 California Community Colleges
Commission on Athletics
US Bank Swim and Dive Championships**

May 4-6, Pasadena City College - Pasadena, CA

Day 3- Saturday, May 6, 2006

Men's Results: Event Winners

1650 Freestyle: 1. Neal Hamilton, Chabot- 16:10.85*

200 Backstroke: 1. Brett Todd, Ventura- 1:52.39*

100 Freestyle: 1. Matt Sullivan, Golden West-: 44.72

200 Breaststroke: 1. Bryan Haile, Modesto- 2:01:59*

200 Butterfly: 1. Tom Zaferes, Cabrillo- 1:45.64 (New National Record)

400 Free Relay: 1. Golden West- 3:03.91

*Defending 2005 State Champion

Scores (Top 10)- Day 3 of 3 (Final Standings)

1. Orange Coast, 508; 2. Ventura, 465; 3. Golden West, 463; 4. Sierra, 251; 5. SJ Delta, 218.5; 8. West Valley, 173; 6. Long Beach, 197; 7. Diablo Valley, 195; 9. Chabot, 148; 10. Santa Rosa, 135.

NOTES: Orange Coast won its first title since 1994 and the fourth time in the program's history. The Pirates from Orange Coast outdistanced the 2005 State Champions Ventura Pirates and their Orange Empire Conference rivals Golden West. Golden West's Matt Sullivan won the 50 and 100 freestyle events and shared the Performance of the Meet Award by tying the State 50 Freestyle Record. Sullivan and Ventura's Brett Todd, who won his second straight 200 backstroke title, were the only individuals from Southern California to win events. The swimmers from the north dominated the individual events, including Haile who defended both of his 2005 breaststroke title and broke the State 100 Breaststroke record. The 2006 Co-Swimmers of the Year were Tom Zaferes of Cabrillo and Neal Hamilton of Chabot, who both won three events. Zaferes set a national record in the 200 butterfly and also won the 100 fly and the 200 individual medley. Hamilton defended his 2005 titles in the 400 IM and the 1650 freestyle, while also adding the 500 free title on the first day. Haile, West Valley's Peter Davis, and American River's Kenny Waldthaler joined Zaferes and Hamilton in claiming nine of the twelve individual events for the north. In diving, SD Mesa's Brad Miller was named the State Diver of the Year after winning the three-meter competition and finishing second on the low board. Orange Coast's Anthony Ilocopeti was named State Swimming Coach of the Year and SD Mesa's Eric Paterson was named the 2006 State Coach of the Year.

2006 Individual Meet Awards- Male Honors

Co-State Swimmer of the Year: Neal Hamilton, Chabot

Co-State Swimmer of the Year: Tom Zaferes, Cabrillo

State Diver of the Year: Brad Miller, SD Mesa

Co-Best Performance of the Meet: Bryan Haile, Modesto (100 Breaststroke)

Co-Best Performance of the Meet: Matt Sullivan, Golden West (50 Freestyle)

State Swimming Coach of the Year: Anthony Ilocopeti, Orange Coast

State Diving Coach of the Year: Eric Paterson, SD Mesa

STATE SWIMMING CHAMPIONSHIPS 2-2-2-2-2

Women's Results: Event Winners

1650 Freestyle: 1. Christine Zimmer, Ventura- 17:19.94*

100 Backstroke: 1. Alexandra Rodgers, LA Pierce- :59.64

100 Freestyle: 1. Whitney Campbell, DeAnza- :51.11 (Ties State Record)

100 Breaststroke: 1. Kayleigh Knight, Sierra- 1:04.50

100 Butterfly: 1. Mary Struempf, Diablo Valley- :56.88

400 Free Relay: 1. Diablo Valley- 3:38.30

*Defending 2005 State Champion

Scores (Top 10)- Day 3 of 3 (Final Standings)

1. Orange Coast, 385.5; 2. Sierra, 373; 3. Diablo Valley, 346; 4. Ventura, 265; 5. Santa Rosa, 262; 6. Long Beach, 203; 7. Golden West, 196; 8. Pierce, 194; 9. Palomar, 173.50; 10. Saddleback, 170.

NOTES: Orange Coast won its record 15th Women's State Swimming and Diving title. The Pirates was able to capture the title, despite winning only one event. Sierra landed in second place for the second straight year and boasted of a pair of winners- Ashley Whalen in the 200 individual medley and Kayleigh Knight in the 100 breaststroke. Diablo Valley landed in third place and led the meet with six wins; including three relays and a pair of wins in the butterfly events by Mary Stuempf. The State Swimmer of the Year Whitney Campbell of DeAnza accounted for 60 of her team's 78 total points by winning all three of her individual events. Campbell won the 50, 100, and 200 freestyles and tied the state record in the 100 free. Ventura's Christine Zimmer defended her 2005 title in the 1650 freestyle and that win was voted the performance of the meet. In diving, Briley Ochs of Grossmont was named the State Diver of the Year by winning the 3-meter competition and placing second off the one-meter. Coach Don Watson of Orange Coast was named the State Coach of the Year.

2006 Individual Meet Awards- Female Honors

State Swimmer of the Year: Whitney Campbell, DeAnza

State Diver of the Year: Briley Ochs, Grossmont

Best Performance of the Meet: Christine Zimmer, Ventura (1650 Freestyle)

State Swimming Coach of the Year: Don Watson, Orange Coast

State Diving Coach of the Year: Adam Bellistri, Grossmont