

CROOK, BEEMAN NAMED SCC COACHES OF THE YEAR '05-06

Long Beach City College's **Casey Crook** and Mt. San Antonio College's **Laura Beeman** were selected as the 2005-2006 South Coast Conference Coaches of the Year at the conference's athletic directors meeting Sept. 27.

Crook coached the 2006 Vikings to the state baseball championship, the first in that sport by LBCC in 30 years. Crook directed the team to a school record 41 wins (against 10 losses). After the Vikings had won the SCC title, they went on to record an 8-1 record in postseason play. Crook finished his 13th season in charge of the baseball program at LBCC.

Beeman directed the Mounties to their second state championship in three seasons and also coached Mt. SAC to a school record with 36 victories in the 2005-2006 campaign. She guided the play of State Tournament MVP and SoCal Player of the Year Lauren Ervin. Four of Beeman's players have received Division I university scholarships from that state title squad. Beeman had coached Mt. SAC to its first-ever basketball championship in the 2003-2004 season. Beeman completed her 12th season at the Walnut campus.

While Crook was a landslide winner as SCC Men's Coach of the Year, Beeman received some competition for her SCC Women's Coach of the Year award from Cerritos women's track and field coach Doug Wells, who also received votes from conference ADs. Wells coached the Falcons to the '06 women's track and field state title.

Long Beach also accepted the South Coast Conference Supremacy Award for the most successful overall sports program in 2005-2006. LBCC had already won the Pepsi/NATYCAA Cup, the state award for supremacy. Mt. San Antonio finished second in the SCC Supremacy and also finished second in the state points rankings.

LBCC earned eight SCC titles and had an amazing 20 of its 21 sports teams qualify for postseason play. Four of its teams won state championships in baseball, women's soccer, men's water polo and men's volleyball.

Overall, eight state championships of the 23 sports participating in Commission on Athletics postseason events were captured by South Coast Conference colleges.

The SCC is currently made up of the following colleges: Cerritos, East LA, El Camino, El Camino College Compton Center (formerly Compton College), LA City, LA Harbor, LA Southwest, LA Trade-Tech, Long Beach City, Marymount, Mt. San Antonio, and Pasadena City.

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