

**2006 ALL-SOUTH COAST CONFERENCE  
MEN'S CROSS COUNTRY TEAMS**

**ATHLETE OF THE YEAR**

Oscar Ogwaro, East LA

**COACH OF THE YEAR**

Aaron Junta, East LA (ELAC Team, Individual Champions)

**ALL-SCC FIRST TEAM**

Oscar Ogwaro, East LA

Daniel Belay, El Camino

Porfilio Parra, LA Trade-Tech

Sergio Lares, East LA

Daniel Clifford-Sorenson, Cerritos

Joaquin Gomez, Pasadena

Ryan Frost, Mt. San Antonio

**ALL-SCC SECOND TEAM**

Erik Estrada, Mt. San Antonio

Francisco Delgado, El Camino

Adam Heredia, Mt. San Antonio

Francisco Garcia, East LA

Patrick Valdez, East LA

Dan Villanueva, El Camino

Juan Jacinto, Mt. San Antonio

*Note—A disqualification of the original winning runner from LA Trade-Tech caused a revision of the finish at the SCC Championships; Runners are now in order from 1-14<sup>th</sup> place*