

STUDENT LEARNING OUTCOMES:

At the completion of this course the successful student will be able to appraise and differentiate the characteristics and pedagogy of swim teaching of while understanding the value of physical activity as it relates to water safety.

Course Prefix and Number: PE 238 F
Semester and Year Approved: fall 1991
Semester and Year Revised: Spring 2006
Semester and Year Effective: Spring 2006

**FULLERTON COLLEGE
COURSE OUTLINE**

Division: **PHYSICAL EDUCATION**
Department/Subject Area: **PHYSICAL EDUCATION**
Course Prefix: **PE**
Course Number: **238 F**
Course Title: **Water Safety Instruction**
Units: **3**
Lec Hours: Full Term Hrs/Wk. **2**
Lab Hours: Full Term Hrs./Wk. **3**
Assignment Preparation Hours: **2**
Prerequisite, Corequisite, or Advisory Validation Date:
Prerequisite(s):
Corequisite(s): **Students must pass Fundamentals of Instructor Training as part of course.**
Advisory(ies):
(Rev. 6/05) outline.wpt

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- **CATALOG DESCRIPTION**
Two hours lecture and 2 hours lab per week. This is a course with intensive work in teaching others the skills of swimming and lifeguard training. The student is given the opportunity to obtain a Red Cross WSI certificate which is required by the State of California when working at either a private or public pool where Red Cross authorized swimming lessons are offered. This is a class in which theory and practical application, along with practice teaching, are stressed. Lecture material will be covered through on-line delivery both in methods and in testing. Maybe taken twice for credit.
 - **SCHEDULE DESCRIPTION (max 3 lines)**
This course is dedicated to developing the skills you will need to instruct and plan courses in the American Red Cross Swimming and Water Safety program. These include teaching the levels of the Learn To Swim program, the Infant and Preschool Aquatic program, and a Community Water Safety program. This is a class in which theory and practical application, along with practice teaching, are stressed.
 - **ENTRY LEVEL SKILLS AND KNOWLEDGE (To be completed if required by Prerequisite Policy)**
Upon entering this course, the student needs to be able to do the following: Evidence of working knowledge of basic swimming strokes and lifeguarding techniques.
 - **INSTRUCTIONAL OBJECTIVES (Use measurable objectives only)**
Upon completion of this course, the student will be able to do the following:
 - 1. Analyze stroke problems.**
 - 2. Compose and run teaching units.**
 - 3. Assess teaching methods.**
 - 4. Demonstrate skills in a teaching method.**

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