

STUDENT LEARNING OUTCOMES:

At the conclusion of this course the successful student will be able to break down tactical, technical and psychological characteristics for achieving competitive swimming and diving accomplishment while understanding the value of physical activity and sustaining a high level of physical fitness.

Course Prefix & Number: PE 212F
Semester and Year Approved:
Semester and Year Revised: Fall 1991
Semester and Year Effective: Fall 2006

FULLERTON COLLEGE COURSE OUTLINE

Division: **PHYSICAL EDUCATION**
Department/Subject Area: **PHYSICAL EDUCATION**
Course Prefix: **PE**
Course Number: **212 F**
Course Title: **SWIMMING - WOMEN**
Units: **2**
Lec Hours: Full Term Hrs/Wk.
Lab Hours: Full Term Hrs./Wk. **10**
Assignment Preparation Hours:
Prerequisite, Corequisite, or Advisory Validation Date:
Prerequisite(s):
Corequisite(s):
Advisory(ies):
(Rev. 7/98) outline.wpt

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- CATALOG DESCRIPTION**
In order to be eligible for athletic competition, students must meet the eligibility requirements of the Orange Empire Conference and the Commission on Athletics. Daily after-school practice for a minimum of ten hours per week. Team standards and expectations established. Competition versus local college teams. Class may be taken three times for credit. (UC Credit Limitation)

 - SCHEDULE DESCRIPTION (max 3 lines)**
Daily after-school practice for a minimum of ten hours per week. This course is developed for advanced swimmers and divers wanting to compete on an intercollegiate swimming team. Team standards and expectations established. Competition is scheduled versus other local college teams. Class may be repeated three times for credit.

 - ENTRY LEVEL SKILLS AND KNOWLEDGE (To be completed if required by Prerequisite Policy)**
Upon entering this course, the student needs to be able to do the following:

 - INSTRUCTIONAL OBJECTIVES (Use measurable objectives only)**
Upon completion of this course, the student will be able to do the following:
 - 1. Perform the correct skill techniques utilized in intercollegiate swimming and diving.**