

Orange Empire Conference Swimming & Diving Individual Event Champions

MEN

1-M Diving	David Alexander, Grossmont	381.30 pts
3-M Diving	Trevor Barbeau, Grossmont	377.00 pts
50 Free	Tyler Townsend, Orange Coast	21.24
100 Free	Jared Downs, Palomar	46.60
200 Free	Delonte Stephens, Golden West	1:43.40
500 Free	John Pearce, Grossmont	4:44.51
1650 Free	Diogo Yabe, Golden West	16:39.24
100 Back	Piotr Daranowski, Golden West	53.52
200 Back	Jorge Blas, Riverside	1:56.19
100 Breast	Dennis Pacheco, Golden West	59.33
200 Breast	John Pearce, Grossmont	2:07.62
100 Fly	Delonte Stephens, Golden West	50.12
200 Fly	Delonte Stephens, Golden West	1:50.97
200 IM	Diogo Yabe, Golden West	1:53.87
400 IM	Diogo Yabe, Golden West	4:06.23
200 Free Rel	Golden West (Daranowski, Jensen, Sanchez, Yabe)	1:26.78
400 Free Rel	Golden West (Yabe, Daranowski, Jensen, Stephens)	3:09.78
800 Free Rel	Golden West (Yabe, Nestler, Jensen, Stephens)	7:00.75
200 Med Rel	Golden West	1:36.19
400 Med Rel	Golden West (Daranowski, Stephens, Pacheco, Yabe)	3:30.37

WOMEN

1-M Diving	Lisa Deraba, Riverside	365.80 pts
3-M Diving	Lisa Deraba, Riverside	381.40 pts
50 Free	Ashley Selleh, Golden West	24.43
100 Free	Ashley Selleh, Golden West	53.35
200 Free	Stephanie Netzley, Riverside	1:52.20
500 Free	Stephanie Netzley, Riverside	5:00.08
1650 Free	Micha Burden, Golden West	17:46.28
50 Back	Elizabeth Klein, Golden West	27.80
100 Back	Michele Pauley, Grossmont	59.46
50 Breast	Julie Limon, Riverside	32.47
100 Breast	Melissa Garrison, Golden West	1:09.34
50 Fly	Michele Pauley, Grossmont	26.26
100 Fly	Michele Pauley, Grossmont	57.99
100 IM	Julie Limon, Riverside	1:02.53
200 IM	Micha Burden, Golden West	2:10.48
200 Free Rel	Golden West (Selleh, Steele, Klein, Burden)	1:38.81
400 Free Rel	Golden West (Lorenz, Selleh, Klein, Burden)	3:37.45
800 Free Rel	Golden West (Burden, Lorenz, Casillian, Selleh)	7:55.64
200 Med Rel	Golden West	1:51.10
400 Med Rel	Riverside (Mackey, Netzley, Limon, Davis)	4:04.86