

2001 NORTHERN CALIFORNIA COMMUNITY COLLEGE TRACK AND FIELD CHAMPIONSHIPS
COMPLETE RESULTS OF FINALS, Friday, May 11, Hartnell College, Salinas

n's 100 Meter Dash

----- Finals - Results - Friday 05/11/01 -----

L ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Luiz Mello	SO Santa Rosa	10.74 -0.9	10
2 Josh Norman	SO Fresno	10.75 -0.9	8
3 Lawrence Parks	SO Merritt	10.93 -0.9	6
4 Christopher Hughes	SO Contra Costa	10.99 -0.9	5
5 Tremayne Cantey	FR Chabot	11.00 -0.9	4
6 Alex Mandall	FR Modesto	11.02 -0.9	3
7 Jeff Billing	FR Shasta	11.05 -0.9	2
8 Sherod Holmes	SO Butte	11.07 -0.9	1
9 Harwell Lang Jr.	FR Contra Costa	11.18 -0.9	

Men's 800 Meter Run

----- Finals - Results - Friday 05/11/01 -----

PL ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Phil Tabor	SO American Riv	1:54.52	10
2 D.J. Ozan	SO West Valley	1:56.30	8
3 Steve Smith	SO American Riv	1:57.09	6
4 Juan Vazquez	FR Sequoias	1:57.42	5
5 Ryan Stepp	SO Fresno	1:59.48	4
6 Hector Alicea	SO Modesto	2:03.17	3
7 Chris Binschus	FR Redwoods	2:07.62	2

n's 200 Meter Dash

----- Finals - Results - Friday 05/11/01 -----

L ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Luiz Mello	SO Santa Rosa	21.29 -3.4	10
2 Josh Norman	SO Fresno	21.58 -3.4	8
3 Lawrence Parks	SO Merritt	21.66 -3.4	6
4 Lorenzo Parham	SO Merritt	21.89 -3.4	5
5 Hung Nguyen	SO West Valley	22.12 -3.4	4
6 Phillip Watson	SO Fresno	22.21 -3.4	3
7 Westlund Childs	SO Contra Costa	22.33 -3.4	2
8 Phil Jackson	FR CCSF	22.60 -3.4	1
9 Kajari Burns	FR Contra Costa	23.46 -3.4	

Men's 1,500 Meter Run

----- Finals - Results - Friday 05/11/01 -----

PL ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Josh Campbell	FR Hartnell	4:00.77	10
2 Joshua Foster	SO Diablo Valle	4:04.71	8
3 D.J. Ozan	SO West Valley	4:04.94	6
4 Juan Vazquez	FR Sequoias	4:05.90	5
5 Jeff Seborer	FR Sequoias	4:07.12	4
6 Aaron Buttery	FR West Valley	4:07.97	3
7 Victor Flores	FR Modesto	4:11.69	2
8 Justin Willingham	FR Modesto	4:13.54	1
9 Chris Binschus	FR Redwoods	4:13.77	
10 Brian Smith	SO Shasta	4:14.49	
11 Danny Melo	SO Santa Rosa	4:15.30	
12 Sam Ramirez	FR Hartnell	4:16.46	
13 Steve Perry	FR Foothill	4:20.37	
14 Blaine Ashley	SO San Mateo	4:22.19	
15 Josh Shafer	FR Sequoias	4:23.33	
16 Chris Brown	FR Diablo Valle	4:34.24	

n's 400 Meter Dash

----- Finals - Results - Friday 05/11/01 -----

L ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Lorenzo Parham	SO Merritt	47.11	10
2 Steve Fitch	FR Chabot	47.96	8
3 Ricco Brown	SO Chabot	48.23	6
4 Laron Mitchell	FR Modesto	48.53	5
5 Kajari Burns	FR Contra Costa	48.58	4
6 Greg Turner	FR Merritt	49.01	3
7 Robert Sorensen	SO Butte	49.85	2
8 Jeff Fennell	FR Merritt	50.32	1
9 Phil Jackson	FR CCSF	51.34	

Men's 3,000 Meter Steeplechase

----- Finals - Results - Friday 05/11/01 -----

PL ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Michael Kouri	FR American Riv	9:38.50	10
2 Michael Dolloff	FR American Riv	9:41.60	8
3 Jose Palma	FR Modesto	9:46.10	6
4 Jon Smith	FR American Riv	9:52.50	5
5 Justin Hurd	FR Hartnell	9:59.70	4
6 Chris Brown	FR Diablo Valle	10:02.80	3
7 Chris O'Neal	FR San Jose	10:18.90	2
8 Eric Nilsen	FR West Valley	10:22.00	1
9 Chip Powers	FR Hartnell	10:32.70	
10 Russell Bassett	FR Sequoias	10:36.80	
11 Jeremy Moore	SO Fresno	10:54.40	
12 Larry Blaylock	SO Sacramento	11:03.30	

n's 3,000 Meter Steeplechase (Continued)

----- Finals - Results - Friday 05/11/01 -----			
L ATHLETE NAME	YR SCHOOL	TIME	PTS
3 Carlos Melchor	FR San Jose	11:05.30	
4 Steven Nehls	FR Lassen	11:13.00	

n's 5,000 Meter Run

----- Finals - Results - Friday 05/11/01 -----			
L ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Delfino Arevalo	FR Modesto	15:27.28	10
2 Enrique Henriquez	FR Chabot	15:36.08	8
3 Eddie Alaniz	FR San Jose	15:42.88	6
4 Brian Smith	SO Shasta	16:00.99	5
5 Kala Donnelly	SO Sequoias	16:19.23	4
6 Erik Wackemstedt	FR West Valley	16:20.63	3
7 David Leon	FR West Valley	16:33.12	2
8 Aaron Jacobsen	FR West Valley	16:47.49	1
9 Arturo Lopez	FR Sequoias	17:22.07	
0 Josh Shafer	FR Sequoias	17:29.87	
- Larry Blaylock	SO Sacramento	DNF	

n's 10,000 Meter Run (held May 5 at Fresno)

----- Finals - Results - Saturday 05/05/01 -----			
L ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Delfino Arevalo	FR Modesto	32:19.20	10
2 Enrique Henriquez	FR Chabot	32:52.60	8
3 Kala Donnelly	SO Sequoias	33:30.50	6
4 Billy Maas	SO Redwoods	33:47.00	5
5 Arturo Lopez	FR Sequoias	34:03.60	4
6 Robert Eap	FR CCSF	34:04.40	3
7 Roberto Loredo	SO San Joaquin	34:26.30	2
8 Larry Blaylock	SO Sacramento	34:53.10	1
9 David Leon	FR West Valley	35:13.80	
0 Aaron Van Order	SO Butte	35:22.90	
1 Pastor Bejinez	SO Chabot	35:27.40	
2 Chikara Omine	FR CCSF	35:45.60	
3 Aaron Jacobsen	FR West Valley	36:00.90	

n's 110 Meter High Hurdles

----- Finals - Results - Friday 05/11/01 -----			
L ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Ben Clark	SO San Joaquin	15.04 -2.4	10
2 Maurice Mann	FR Monterey Pen	15.09 -2.4	8
3 Jeremy Johnson	FR West Valley	15.37 -2.4	6

n's 4x400 Meter Relay (Continued)

----- Finals - Results - Friday 05/11/01 -----			
ACE RELAY	AFFILIATION	TIME	PTS
6 CONT	Contra Costa	3:18.51	3
7 SACR	Sacramento	3:21.57	2
8 AMER	American River	3:33.71	1

n's High Jump

----- Finals - Results - Friday 05/11/01 -----			
L ATHLETE NAME	YR SCHOOL	MARK	PTS
1 Jon Willison	FR Santa Rosa	7'02.25"	2.19m 10
2 Kurtiss Dillely	FR Sacramento	7'00.25"	2.14m 8
3 William Halford	FR Fresno	6'09.00"	2.06m 6
4 Stanley Wright	FR Cosumnes	6'09.00"	2.06m 5
5 Vincent Boatwright	SO Chabot	6'07.00"	2.01m 4
6 Willie Brown	FR Hartnell	6'05.00"	1.96m 3
7 La Vinciano Fowler	FR CCSF	6'05.00"	1.96m 1.50
7 Kenneth Pearson	SO San Joaquin	6'05.00"	1.96m 1.50
9 James Randle	FR Hartnell	6'03.00"	1.91m
0 Trenton Garland	FR Sacramento	6'03.00"	1.91m
1 Christopher Padilla	FR Merced	6'01.00"	1.85m
- Mike Reynolds	FR Modesto	NH	

n's Pole Vault

Men's 110 Meter High Hurdles (Continued)

----- Finals - Results - Friday 05/11/01 -----			
PL ATHLETE NAME	YR SCHOOL	TIME	PTS
4 Dominic Barbaria	SO San Jose	15.46 -2.4	5
5 Wesley Williams	FR San Joaquin	15.54 -2.4	4
6 Erik Allen	FR Chabot	15.66 -2.4	3
7 Logan Moore	FR Sacramento	15.67 -2.4	2
8 Jeremy Garcia	FR Reedley	15.85 -2.4	1
- Christian Crosby	SO San Joaquin	DNF	NWI

Men's 400 Meter Int Hurdles

----- Finals - Results - Friday 05/11/01 -----			
PL ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Ben Clark	SO San Joaquin	53.67	10
2 Erik Allen	FR Chabot	54.18	8
3 Jessie Willis	FR Modesto	54.64	6
4 Miguel Celaya	FR Hartnell	55.00	5
5 Rigo Canela	FR De Anza	55.23	4
6 Nate Boudreaux	FR West Valley	55.62	3
7 Michael Kouri	FR American Riv	58.25	2
8 Dan Mulverhill	FR Sequoias	63.05	1
- Kito Andrews	SO Sacramento		DQ

Men's 4x100 Meter Relay

----- Finals - Results - Friday 05/11/01 -----			
PLACE RELAY	AFFILIATION	TIME	PTS
1 CONT	Contra Costa	40.91	10
2 FRES	Fresno	41.05	8
3 CHAB	Chabot	41.54	6
4 MONT	Monterey Peninsula	42.16	5
5 MERR	Merritt	42.39	4
6 SACR	Sacramento	42.51	3
7 WES2	West Valley	42.60	2
8 SAN2	San Joaquin Delta	42.66	1
- HART	Hartnell	DNF	

Men's 4x400 Meter Relay

----- Finals - Results - Friday 05/11/01 -----			
PLACE RELAY	AFFILIATION	TIME	PTS
1 MERR	Merritt	3:14.62	10
2 CHAB	Chabot	3:16.25	8
3 WES2	West Valley	3:17.27	6
4 MODE	Modesto	3:17.76	5
5 HART	Hartnell	3:17.80	4

Men's Long Jump

----- Finals - Results - Friday 05/11/01 -----			
PL ATHLETE NAME	YR SCHOOL	MARK	PT
1 Maurice Mann	FR Monterey Pen	23'11.25"	-1.9 7.30m 10
2 Jeff Billing	FR Shasta	22'09.00"	1.2 6.93m 8
3 Jeremiah Tolbert	FR West Valley	22'05.00"	-1.1 6.83m 6
4 Jay D. Coles	SO American Riv	21'11.00"	1.3 6.68m 5
5 Allen Richmond	SO Butte	21'09.50"	0.2 6.64m 4
6 Jeremy Garcia	FR Reedley	21'03.25"	-0.6 6.48m 3
7 Christopher Coffey	FR CCSF	21'02.50"	-1.0 6.46m 2
8 DaShawn Clark	SO Sacramento	21'02.50"	-2.5 6.46m 1
9 Niani White	FR San Jose	21'00.00"	-0.8 6.40m
10 Kenneth Pearson	SO San Joaquin	20'05.75"	-2.5 6.24m
11 Andre Mitchell	SO Sequoias	19'03.50"	-3.7 5.88m
- Christian Crosby	SO San Joaquin	FOUL	NWI

Men's Triple Jump

----- Finals - Results - Friday 05/11/01 -----			
PL ATHLETE NAME	YR SCHOOL	MARK	P
1 DaShawn Clark	SO Sacramento	47'02.50"	-0.5 14.39m 1
2 Kenneth Pearson	SO San Joaquin	46'01.00"	-3.6 14.05m
3 Jeremiah Tolbert	FR West Valley	44'10.75"	-1.1 13.68m
4 Keith Mickey	SO Contra Costa	44'03.00"	-1.5 13.49m
5 Andre Mitchell	SO Sequoias	43'09.50"	-2.1 13.35m
6 Marques Tucker	FR Redwoods	43'03.00"	-4.3 13.18m

----- Finals - Results - Friday 05/11/01 -----

L ATHLETE NAME	YR SCHOOL	MARK	PTS
1 Kriwinski Joel	SO Butte	15'07.00"	4.75m 10
2 Clarence Salviejo	SO Hartnell	15'01.00"	4.60m 8
3 Robert Carbajal	SO San Jose	15'01.00"	4.60m 6
4 Daniel Lundy	FR American Riv	14'07.00"	4.44m 5
5 Derek Slavik	SO Sacramento	14'07.00"	4.44m 4
6 Justin Hurd	FR Hartnell	14'01.00"	4.29m 3
7 John Hengel	SO Butte	14'01.00"	4.29m 2
8 Nate Guido	FR Santa Rosa	14'01.00"	4.29m 0.50
8 Jess VanDyke	FR Shasta	14'01.00"	4.29m 0.50
0 George Miller	FR Modesto	13'07.00"	4.14m
0 Matt Draga	FR Sierra	13'07.00"	4.14m
2 Norm Chou	FR San Mateo	13'01.00"	3.99m
2 Brandt Willingham	FR Fresno	13'01.00"	3.99m
- Ben Greenbaum	FR Chabot	NH	
- Beau Beavers	SO Modesto	NH	

7 Niani White	FR San Jose	43'02.50"	-4.0	13.17m
8 Kurtiss Dilley	FR Sacramento	43'02.25"	-2.5	13.16m
9 Greg Turner	FR Merritt	42'06.25"	-5.0	12.96m
10 Greg Jones	SO Chabot	42'03.25"	-2.7	12.88m
11 Bobby Bernal	SO Butte	41'10.25"	-3.9	12.76m
12 Mike Cordoba	SO Hartnell	41'03.00"	-1.4	12.57m
13 Tony Castro	FR Modesto	40'11.50"	-4.2	12.48m

Men's Shot Put

----- Finals - Results - Friday 05/11/01 -----

PL ATHLETE NAME	YR SCHOOL	MARK	PTS
1 John Newell	FR Sacramento	53'01.75"	16.20m 10
2 Cole Sprague	FR West Hills	52'05.25"	15.98m 8
3 Vetto Cerrato	SO San Joaquin	51'00.00"	15.54m 6
4 Drew Tombleson	FR Sacramento	49'05.25"	15.07m 5
5 Denver Guillory	SO Santa Rosa	48'09.50"	14.87m 4
6 Bryan Harris	SO San Joaquin	48'09.00"	14.86m 3
7 Anton Alves	SO Shasta	48'01.50"	14.67m 2
8 Erik Swanson	SO Sierra	46'03.25"	14.10m 1
9 Anthony Sanchez	FR Hartnell	46'01.25"	14.05m
10 Andy Todd	FR Mendocino	45'09.25"	13.95m

Men's Javelin Throw (Continued)

----- Finals - Results - Friday 05/11/01 -----			
L ATHLETE NAME	YR SCHOOL	MARK	PTS
1 Jeremy Holt	SO Marin	43'05.50"	13.25m
2 Travis Darby	FR Sequoias	43'01.00"	13.13m

n's Discus Throw

----- Finals - Results - Friday 05/11/01 -----			
L ATHLETE NAME	YR SCHOOL	MARK	PTS
1 Bryan Harris	SO San Joaquin	172'06.00"	52.58m 10
2 Gilbert Rocha	FR San Joaquin	157'09.00"	48.08m 8
3 Kakami Malakai	FR Reedley	156'02.00"	47.60m 6
4 Denver Guillory	SO Santa Rosa	151'06.00"	46.18m 5
5 Cole Sprague	FR West Hills	148'03.00"	45.19m 4
6 John Newell	FR Sacramento	148'03.00"	45.19m 3
7 Drew Tomblason	FR Sacramento	144'01.00"	43.92m 2
8 Donnell Thomas	FR Sequoias	143'10.00"	43.84m 1
9 Robert Linkul	SO American Riv	141'04.00"	43.08m
0 Hebrews Josue	SO Reedley	139'06.00"	42.52m
1 Mike Sagapolu	FR Chabot	135'03.00"	41.22m
2 Anton Alves	SO Shasta	125'10.00"	38.35m

n's Hammer Throw

----- Finals - Results - Friday 05/11/01 -----			
L ATHLETE NAME	YR SCHOOL	MARK	PTS
1 Robert Linkul	SO American Riv	170'10.00"	52.07m 10
2 John Newell	FR Sacramento	166'02.00"	50.65m 8
3 Bryan Harris	SO San Joaquin	163'02.00"	49.73m 6
4 Denver Guillory	SO Santa Rosa	163'01.00"	49.71m 5
5 Vetto Cerrato	SO San Joaquin	162'09.00"	49.61m 4
6 Cole Sprague	FR West Hills	151'08.00"	46.23m 3
7 Brian Crum	SO American Riv	150'08.00"	45.92m 2
8 Anton Alves	SO Shasta	149'07.00"	45.59m 1
9 Jared Casey	SO Modesto	146'11.00"	44.78m
0 Timothy Lembach	FR Lassen	137'03.00"	41.83m
1 Mike Lamoure	FR Modesto	136'09.00"	41.68m
2 Erik Swanson	SO Sierra	131'04.00"	40.03m

n's Javelin Throw

----- Finals - Results - Friday 05/11/01 -----			
L ATHLETE NAME	YR SCHOOL	MARK	PTS
1 Matthew McGee	SO Marin	187'06.00"	57.15m 10
2 Ryan Burgess	SO Modesto	184'02.00"	56.13m 8
3 Josh Meyer	SO Reedley	181'09.00"	55.40m 6

----- Finals - Results - Friday 05/11/01 -----				
PL ATHLETE NAME	YR SCHOOL	MARK	PTS	
4 Gabe Scarpelli	SO De Anza	181'07.00"	55.35m	5
5 Paul Carras	SO Sacramento	175'11.00"	53.62m	4
6 Christian Amabisca	SO Fresno	173'03.00"	52.81m	3
7 Jeff Dougherty	FR Hartnell	170'08.00"	52.02m	2
8 Willie Herrera	SO Modesto	165'09.00"	50.52m	1
9 Matt Ellis	FR San Mateo	165'02.00"	50.34m	
10 Sean Blandford	SO Sacramento	164'04.00"	50.09m	
11 Kakami Malakai	FR Reedley	155'09.00"	47.47m	
12 Christian Crosby	SO San Joaquin	146'03.00"	44.58m	

Women's 100 Meter Dash

----- Finals - Results - Friday 05/11/01 -----				
PL ATHLETE NAME	YR SCHOOL	TIME	PTS	
1 Tania Woods	FR CCSF	11.77 -0.9	10	
2 Nikki Avery	FR Fresno	12.43 -0.9	8	
3 Anita McCallum	SO CCSF	12.63 -0.9	6	
4 Penny Osborns	SO Sequoias	12.66 -0.9	5	
5 Odiri Pinnock	SO Contra Costa	12.86 -0.9	4	
6 Miracle Lee	FR Fresno	13.01 -0.9	3	
7 Akenja Jones	SO CCSF	13.08 -0.9	2	
8 Sarah Yanes	SO Fresno	13.25 -0.9	1	

Women's 200 Meter Dash

----- Finals - Results - Friday 05/11/01 -----				
PL ATHLETE NAME	YR SCHOOL	TIME	PTS	
1 Tania Woods	FR CCSF	23.78 -5.1	10	
2 Dana Brewer	SO Contra Costa	25.64 -5.1	8	
3 Nikki Avery	FR Fresno	25.81 -5.1	6	
4 Simone Brooks	FR CCSF	26.08 -5.1	5	
5 Odiri Pinnock	SO Contra Costa	26.12 -5.1	4	
6 Penny Osborns	SO Sequoias	26.36 -5.1	3	
7 Kate Marshall	FR American Riv	26.40 -5.1	2	
8 Akenja Jones	SO CCSF	26.51 -5.1	1	
9 Kristen Wasser	FR Fresno	26.88 -5.1		

Women's 400 Meter Dash

----- Finals - Results - Friday 05/11/01 -----				
PL ATHLETE NAME	YR SCHOOL	TIME	PTS	
1 Anndria Norris	FR CCSF	57.48	10	
2 Dana Brewer	SO Contra Costa	58.13	8	
3 Kristen Wasser	FR Fresno	58.47	6	

men's 400 Meter Dash (Continued)

----- Finals - Results - Friday 05/11/01 -----

L ATHLETE NAME	YR SCHOOL	TIME	PTS
4 Michelle Armstrong	FR CCSF	58.81	5
5 Kristen Ray	FR CCSF	59.73	4
6 Kate Marshall	FR American Riv	59.95	3
7 Tenisha Johnson	FR CCSF	60.18	2
8 Danielle Williams	FR Sacramento	60.77	1
9 Zettia Barney	FR Sacramento	63.11	

men's 800 Meter Run

----- Finals - Results - Friday 05/11/01 -----

L ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Ginny Greene	FR West Valley	2:19.09	10
2 Angelica Casas	FR Sequoias	2:22.39	8
3 Monique Garcia	FR Modesto	2:23.05	6
4 Jessica Meyer	FR Santa Rosa	2:24.33	5
5 Heidi Cavender	SO Mendocino	2:25.18	4
6 Andrea Branco	SO Chabot	2:26.33	3
7 Allison Beatty	SO American Riv	2:29.99	2
8 Erin Rau	FR American Riv	2:34.89	1
9 Beverly Havner	FR West Valley	2:44.62	

men's 1,500 Meter Run

----- Finals - Results - Friday 05/11/01 -----

L ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Heidi Cavender	SO Mendocino	4:52.37	10
2 Sirena Alvarez	FR Modesto	4:57.34	8
3 Celeste Dunlap	FR West Valley	5:04.18	6
4 Amy Briley	SO Hartnell	5:04.81	5
5 Beverly Havner	FR West Valley	5:07.18	4
6 Erin Rau	FR American Riv	5:07.24	3
7 Andrea Branco	SO Chabot	5:13.97	2
8 Kristie Gonzales	SO Sequoias	5:17.96	1
9 Monique Garcia	FR Modesto	5:20.92	
0 Dwan Horn	FR Sierra	5:21.35	
1 Casey Cook	FR Mendocino	5:30.32	
2 Amy Haddon-Bloomfie	FR Marin	5:37.60	
3 Melanie Staton	FR Shasta	6:17.26	

Women's 3,000 Meter Run

----- Finals - Results - Friday 05/11/01 -----

PL ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Celeste Dunlap	FR West Valley	10:56.37	10
2 Kelly Smith	SO American Riv	11:04.58	8
3 Hannah Sellers	FR Sequoias	11:10.71	6
4 Ivajo Otto	FR Mendocino	11:11.81	5
5 Diana Kirk	FR West Valley	11:12.58	4
6 Becka Zamolo	FR Diablo Valle	11:22.82	3
7 Araceli Garcia	SO Sequoias	11:39.36	2
8 Cristy Beatty	FR American Riv	11:42.64	1
9 Sarah Pond	FR American Riv	11:49.85	
10 Christina Escobar	FR San Joaquin	11:49.92	
11 Dace Samta	FR San Mateo	11:55.31	
12 Dwan Horn	FR Sierra	12:03.90	
13 Shirley Coughenour	SO American Riv	12:05.10	
14 Amy Haddon-Bloomfie	FR Marin	12:27.34	
15 Vanna Nget	SO Chabot	12:30.79	
16 Alison Bowles	FR American Riv	12:48.84	
17 Melanie Staton	FR Shasta	13:45.47	

Women's 5,000 Meter Run

----- Finals - Results - Friday 05/11/01 -----

PL ATHLETE NAME	YR SCHOOL	TIME	PTS
1 Kelly Smith	SO American Riv	18:44.08	10
2 Hannah Sellers	FR Sequoias	18:47.43	8
3 Cassandra Goodson	FR Diablo Valle	19:09.43	6
4 Araceli Garcia	SO Sequoias	19:39.55	5
5 Melanie Staton	FR Shasta	19:45.51	4
6 Monica Nicholson	SO Hartnell	19:56.37	3
7 Cristy Beatty	FR American Riv	20:14.89	2
8 Sharlet Gilbert	FR Contra Costa	20:21.37	1
9 Sarah Pond	FR American Riv	20:28.50	
10 Onita Nogales	FR American Riv	20:32.24	
11 Alison Graham	SO American Riv	20:47.70	
12 Katherine Trout	FR San Joaquin	21:02.90	
13 Erin Furlong	FR Mendocino	21:06.31	
14 Monique Melara	FR Diablo Valle	21:43.25	
15 Jennifer Xepoleas	FR Diablo Valle	22:02.78	
16 Kristy Schulenberg	FR Diablo Valle	23:04.99	

men's 10,000 Meter Run (held May 5 at Fresno)

----- Finals - Results - Saturday 05/05/01 -----

L	ATHLETE NAME	YR	SCHOOL	TIME	PTS
1	Kelly Smith	SO	American Riv	39:46.59	10
2	Hannah Sellers	FR	Sequoias	41:00.54	8
3	Monica Nicholson	SO	Hartnell	41:56.72	6
4	Cristy Beatty	FR	American Riv	42:19.87	5
5	Araceli Garcia	SO	Sequoias	42:40.26	4
6	Diana Kirk	FR	West Valley	42:51.21	3
7	Onita Nogales	FR	American Riv	43:00.82	2
8	Alison Graham	SO	American Riv	43:51.77	1
9	Sarah Pond	FR	American Riv	44:04.09	
0	Katherine Trout	FR	San Joaquin	44:21.27	
1	Erin Furlong	FR	Mendocino	45:51.05	
2	Monique Melara	FR	Diablo Valle	46:59.69	
3	Jennifer Xepoleas	FR	Diablo Valle	47:06.32	

men's 100 Meter High Hurdles

----- Finals - Results - Friday 05/11/01 -----

L	ATHLETE NAME	YR	SCHOOL	TIME	PTS
1	Simone Brooks	FR	CCSF	15.08 -0.6	10
2	Susanna Wall	SO	San Joaquin	15.23 -0.6	8
3	Rachel McDonald	SO	Chabot	15.81 -0.6	6
4	Brianna Cardenas	FR	Yuba	16.09 -0.6	5
5	Heather Contreras	SO	Yuba	16.51 -0.6	3.50
5	Maya Agarwal	FR	American Riv	16.51 -0.6	3.50
7	Stephanie Jzyk	SO	Diablo Valle	16.84 -0.6	2
8	Jackie White	FR	Santa Rosa	16.89 -0.6	1
9	Diane Hubbell	FR	Modesto	16.96 -0.6	

men's 400 Meter Int Hurdles

----- Finals - Results - Friday 05/11/01 -----

L	ATHLETE NAME	YR	SCHOOL	TIME	PTS
1	Susanna Wall	SO	San Joaquin	62.70	10
2	Kristen Kam	FR	De Anza	62.77	8
3	Lina Pimentel	SO	West Valley	65.11	6
4	Jackie White	FR	Santa Rosa	66.57	5
5	Akia Hasan	FR	San Jose	68.17	4
6	Emilie Weichert	FR	Modesto	68.31	3
7	Stephanie Jzyk	SO	Diablo Valle	69.27	2
8	Ginny Wright	FR	Yuba	71.38	1
9	Christina Shamass	SO	Modesto	71.41	

Women's 4x100 Meter Relay

----- Finals - Results - Friday 05/11/01 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
1	CCSF	CCSF	46.59	10
2	CONT	Contra Costa	48.36	8
3	FRES	Fresno	49.13	6
4	DE A	De Anza	49.34	5
5	SACR	Sacramento	50.93	4
6	SEQU	Sequoias	52.13	3
7	AMER	American River	52.50	2
8	MODE	Modesto	52.82	1
9	YUBA	Yuba	53.71	

Women's 4x400 Meter Relay

----- Finals - Results - Friday 05/11/01 -----

PLACE	RELAY	AFFILIATION	TIME	PTS
1	CCSF	CCSF	3:59.02	10
2	CONT	Contra Costa	4:04.73	8
3	WES2	West Valley	4:06.51	6
4	SACR	Sacramento	4:07.47	5
5	DE A	De Anza	4:08.52	4
6	CHAB	Chabot	4:10.62	3
7	SANT	Santa Rosa	4:16.30	2
8	MODE	Modesto	4:17.99	1
9	AMER	American River	4:19.37	

Women's High Jump

----- Finals - Results - Friday 05/11/01 -----

PL	ATHLETE NAME	YR	SCHOOL	MARK	PTS
1	Nikki Avery	FR	Fresno	5'06.00"	1.68m 10
2	Brianna Cardenas	FR	Yuba	5'01.00"	1.55m 8
3	Stephanie Jzyk	SO	Diablo Valle	5'01.00"	1.55m 6
4	Ileah Jackson	SO	Shasta	5'01.00"	1.55m 5
5	Aliah Abdo	SO	De Anza	5'01.00"	1.55m 4
6	Monica Eklund	FR	CCSF	4'11.00"	1.50m 3
7	Telita Wright	FR	Sacramento	4'11.00"	1.50m 2
8	Rachel McDonald	SO	Chabot	4'09.00"	1.45m 1
9	Susanna Wall	SO	San Joaquin	4'09.00"	1.45m
10	Becky Mendonsa	FR	American Riv	4'07.00"	1.40m
10	Crystal Kong	FR	Sequoias	4'07.00"	1.40m
-	Rachael Mintz	FR	Yuba	NH	
-	Wendy Ballreich	SO	De Anza	NH	
-	Megan Hastings	FR	Merced	NH	
-	Tiffany Bishop	FR	Modesto	NH	

men's Pole Vault

----- Finals - Results - Friday 05/11/01 -----				
L ATHLETE NAME	YR SCHOOL	MARK		PTS
1 Crystal Marks	SO Shasta	10'06.00"	3.20m	10
2 Kelly Worman	FR Modesto	10'00.00"	3.05m	8
3 Amy Weddell	FR San Joaquin	10'00.00"	3.05m	6
4 Katrina Glenn	SO Chabot	9'00.00"	2.74m	5
5 Sarah Corda	FR Santa Rosa	9'00.00"	2.74m	4
6 Tanara Martinez	FR Santa Rosa	9'00.00"	2.74m	3
7 Dorthea Barrett	FR Sierra	9'00.00"	2.74m	2
8 Amber Sammons	SO Chabot	9'00.00"	2.74m	1
9 Claire Manneh	FR Sacramento	8'06.00"	2.59m	
0 Allison Beatty	SO American Riv	8'06.00"	2.59m	
1 Kennetra Gowdy	SO Fresno	8'06.00"	2.59m	
2 'tasha Silva	FR Modesto	8'00.00"	2.44m	
2 Kristen Arnold	FR Fresno	8'00.00"	2.44m	
- Tamara White	FR Diablo Valle		NH	
- Jamie Maddox	FR American Riv		NH	

men's Long Jump

----- Finals - Results - Friday 05/11/01 -----				
L ATHLETE NAME	YR SCHOOL	MARK		PT
1 Inge Prasetyo	SO De Anza	18'03.25"	-0.3	5.57m 10
2 Anita McCallum	SO CCSF	17'00.75"	-2.7	5.20m 8
3 Heather Contreras	SO Yuba	16'09.50"	-0.3	5.12m 6
4 Brianna Cardenas	FR Yuba	16'09.25"	0.9	5.11m 5
5 Odiri Pinnock	SO Contra Costa	16'04.75"	-4.1	5.00m 4
6 Tracy Hess	SO De Anza	16'02.50"	-1.4	4.94m 3
7 Telita Wright	FR Sacramento	16'02.50"	-1.2	4.94m 2
8 Melissa Miller	FR American Riv	15'09.50"	-2.7	4.81m 1
9 Darlene Foster	SO Hartnell	15'07.25"	-0.8	4.76m
0 Laurel Damm	SO Redwoods	15'00.50"	-5.4	4.58m
1 Darcie Burton	FR Butte	14'11.25"	-1.5	4.55m
2 Sarah Yanes	SO Fresno	14'10.25"	-2.9	4.53m

men's Triple Jump

----- Finals - Results - Friday 05/11/01 -----				
L ATHLETE NAME	YR SCHOOL	MARK		P
1 Andrea Kincaid	SO CCSF	36'11.50"	NWI	11.26m 1
2 Heather Contreras	SO Yuba	36'10.50"	-0.7	11.24m
3 Darcie Burton	FR Butte	33'08.75"	-2.7	10.28m
4 Sylvia Castenllanos	FR Sacramento	33'05.75"	NWI	10.20m
5 Christina Shamass	SO Modesto	33'04.25"	-0.1	10.17m
6 Sarah Yanes	SO Fresno	33'04.00"	NWI	10.16m
7 Allegra Kelly	SO Shasta	32'06.75"	-2.3	9.93m 2
8 Aliah Abdo	SO De Anza	32'00.75"	-1.0	9.77m 1

Women's Triple Jump (Continued)

----- Finals - Results - Friday 05/11/01 -----				
PL ATHLETE NAME	YR SCHOOL	MARK		P
9 Ashley Pena	FR Butte	31'06.00"	-3.0	9.60m
10 Rachel McDonald	SO Chabot	31'00.25"	NWI	9.46m
11 Becky Mendonsa	FR American Riv	30'10.00"	0.5	9.40m
12 Inge Prasetyo	SO De Anza	30'05.50"	-2.2	9.28m

Women's Shot Put

----- Finals - Results - Friday 05/11/01 -----				
PL ATHLETE NAME	YR SCHOOL	MARK		PTS
1 Shickola Ricks	FR Merced	41'01.00"	12.52m	10
2 Angel Johnson	FR Lassen	40'11.25"	12.48m	8
3 Amber Lund	FR Redwoods	40'05.75"	12.34m	6
4 Katherine Kersh	FR Sierra	40'03.75"	12.29m	5
5 Isabel Collazo	SO San Joaquin	39'02.25"	11.94m	4
6 Lisa Krauter	SO Fresno	38'00.00"	11.58m	3
7 Cami Carroll	SO San Mateo	36'10.75"	11.25m	2
8 Bernadette Purtle	SO Chabot	36'01.50"	11.01m	1
9 Cassidy August	FR Hartnell	35'09.50"	10.91m	
10 Jamie Elemen	SO Modesto	35'03.75"	10.76m	
11 Maria Sampang	FR Lassen	34'02.25"	10.42m	
12 Elizabeth Lawson	FR Cosumnes	33'05.00"	10.19m	

Women's Discus Throw

----- Finals - Results - Friday 05/11/01 -----				
PL ATHLETE NAME	YR SCHOOL	MARK		PTS
1 Cami Carroll	SO San Mateo	150'10.00"	45.97m	10
2 Lisa Krauter	SO Fresno	141'10.00"	43.23m	8
3 Christine Benson	FR Sierra	141'06.00"	43.13m	6
4 Katherine Kersh	FR Sierra	130'06.00"	39.78m	5
5 Angel Johnson	FR Lassen	123'06.00"	37.64m	4
6 Bernadette Purtle	SO Chabot	120'08.00"	36.78m	3
7 Amber Lund	FR Redwoods	119'09.00"	36.50m	2
8 Sandra Maldonado	FR Hartnell	118'04.00"	36.07m	1
9 Heather Edelheit	FR Santa Rosa	112'09.00"	34.37m	
10 Maria Sampang	FR Lassen	107'10.00"	32.87m	
11 Isabel Collazo	SO San Joaquin	107'04.00"	32.72m	
- Allison Kennedy	FR Santa Rosa		FOUL	

men's Hammer Throw

----- Finals - Results - Friday 05/11/01 -----				
L ATHLETE NAME	YR SCHOOL	MARK		PTS
1 Cami Carroll	SO San Mateo	164'09.00"	50.22m	10
2 Lisa Krauter	SO Fresno	152'11.00"	46.61m	8
3 Katherine Kersh	FR Sierra	150'09.00"	45.95m	6
4 Christine Benson	FR Sierra	134'07.00"	41.02m	5
5 Angel Johnson	FR Lassen	134'02.00"	40.89m	4
6 Christina Duncan	SO San Joaquin	131'05.00"	40.06m	3
7 Jamie Elemen	SO Modesto	128'07.00"	39.19m	2
8 Heather Edelheit	FR Santa Rosa	120'08.00"	36.78m	1
9 Allison Kennedy	FR Santa Rosa	118'08.00"	36.17m	
0 Omega Gentry	SO Santa Rosa	117'11.00"	35.94m	
1 Maria Sampang	FR Lassen	107'07.00"	32.79m	
2 Jessica Brandt	SO Santa Rosa	92'09.00"	28.27m	

Men's Decathlon (held April 17-18)

----- Finals - Results - -----				
PL ATHLETE NAME	YR SCHOOL		PTS	PTS
1 Logan Moore	FR Sacramento		6278	10
2 Vincent Boatwright	SO Chabot		5947	8
3 Mike Comarato	FR San Mateo		5890	6
4 Kevin Coelho	FR Hartnell		5467	5
5 Jesse Simmons	SO Butte		5463	4
6 Matthew McGee	SO Marin		5452	3
7 Clarence Salviejo	SO Hartnell		5344	2
8 Arthur Benedetti	SO Redwoods		5216	1
9 Sean Warner	FR Yuba		5049	
10 Justin Alvarez	FR Diablo Valle		4776	
11 Tim O'Hara	SO Diablo Valle		4457	
12 Joe Lemenager	FR Yuba		4386	

men's Javelin Throw

----- Finals - Results - Friday 05/11/01 -----				
L ATHLETE NAME	YR SCHOOL	MARK		PTS
1 Brandie Dressel	SO Sacramento	129'06.00"	39.47m	10
2 Alexis Bonilla	FR Monterey Pen	124'07.00"	37.97m	8
3 Aliah Abdo	SO De Anza	120'07.00"	36.75m	6
4 Keri Guillemin	SO Fresno	116'02.00"	35.41m	5
5 Lateena Ling	SO Sequoias	114'05.00"	34.87m	4
6 Melissa Hernandez	FR Sequoias	112'00.00"	34.14m	3
7 Laurel Damm	SO Redwoods	111'11.00"	34.11m	2
8 Rachel McDonald	SO Chabot	109'11.00"	33.50m	1
9 Tiffany Bishop	FR Modesto	108'04.00"	33.02m	
0 Amanda Budge	FR Santa Rosa	101'03.00"	30.86m	
1 Ileah Jackson	SO Shasta	97'02.00"	29.62m	
2 Makana Limary	FR Yuba	69'00.00"	21.03m	

men's Heptathlon (held April 17-18)

----- Finals - Results - -----				
L ATHLETE NAME	YR SCHOOL		PTS	PTS
1 Rachel McDonald	SO Chabot		4044	10
2 Brianna Cardenas	FR Yuba		3865	8
3 Darcie Burton	FR Butte		3862	6
4 Rachael Mintz	FR Yuba		3598	5
5 Ileah Jackson	SO Shasta		3499	4
6 Laurel Damm	SO Redwoods		3413	3
7 Wendy Ballreich	SO De Anza		3282	2
8 Odiri Pinnock	SO Contra Costa		3170	1
9 Aliah Abdo	SO De Anza		3142	

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