

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

Event 1 Women 200 Yard Freestyle Relay

National: 1:35.08 ! 2002 Indian River
State: 1:35.67 * 2000 Golden West

Team	Relay	Seed Time	Finals Time	Points
1 Santa Rosa	A	1:39.33	1:39.56	40
1) van Hemert, Heather	2) Golden, Lauren	3) Poljak, Ksenija	4) Peter, Meghan	
25.84	50.43 (24.59)	1:15.11 (24.68)	1:39.56 (24.45)	
2 Chabot	A	1:40.49	1:41.98	34
1) Wede, Audrey	2) Thoni, Kelly	3) Martinez, Crystal	4) Bender, Jessica	
25.71	50.78 (25.07)	1:16.17 (25.39)	1:41.98 (25.81)	
3 Merced	A	1:40.03	1:42.06	32
1) Schuetz, Elise	2) Phelps, Ashley	3) Szmidt, Heather	4) Eisner, Brooke	
26.48	51.95 (25.47)	1:16.96 (25.01)	1:42.06 (25.10)	
4 Golden West	A	1:42.22	1:42.10	30
1) Wessling, Janeece	2) Pantuso, Kristina	3) Angstadt, Andrea	4) Brode, Martine	
26.37	50.60 (24.23)	1:16.40 (25.80)	1:42.10 (25.70)	
5 Diablo Valley	A	1:40.95	1:42.40	28
1) Pantle, Haley	2) Palmer, Janelle	3) Todd, Erin	4) Hansen, Courtney	
25.74	52.01 (26.27)	1:17.93 (25.92)	1:42.40 (24.47)	
6 Santa Monica	A	1:43.67	1:43.10	26
1) Mak, Shirley	2) Schuerman, Ashley	3) Tran, Denise	4) Ward, Jen	
26.87	52.65 (25.78)	1:18.76 (26.11)	1:43.10 (24.34)	
7 Sierra	A	1:43.28	1:43.18	24
1) Jensen, .	2) White, Jennifer	3) Fernandez, Marisa	4) Carroll, Jessica	
25.88	51.74 (25.86)	1:18.04 (26.30)	1:43.18 (25.14)	
8 Ventura	A	1:42.64	1:43.36	22
1) Kufta-Christie, Lindsey	2) Azar, Katherine	3) Goodall, Emily	4) Walters, Leah	
25.98	51.80 (25.82)	1:17.83 (26.03)	1:43.36 (25.53)	
9 Orange Coast	A	1:42.87	1:43.59	18
1) Doll, Kim	2) Harvey, Erin	3) Kane, Brittany	4) Natalizio, Sara	
26.81	52.86 (26.05)	1:18.79 (25.93)	1:43.59 (24.80)	
10 Fullerton	A	1:43.02	1:43.60	14
1) Parrish, Katie	2) Pratt, Kristine	3) Flores, Paulette	4) Galaz, Natalie	
26.07	52.21 (26.14)	1:18.60 (26.39)	1:43.60 (25.00)	
11 Sacramento	A	1:42.84	1:44.06	12
1) Barrus, Kaydi	2) Houser, Lindi	3) Kubli, Kaitlin	4) Cunion, Kerry	
26.25	52.62 (26.37)	1:18.40 (25.78)	1:44.06 (25.66)	
12 American River	A	1:43.50	1:44.10	10
1) Nygaard, Melissa	2) Anderson, Heather	3) DuBray, Sera	4) Bean, Mallory	
26.73	53.05 (26.32)	1:19.14 (26.09)	1:44.10 (24.96)	
13 Solano	A	1:42.40	1:44.61	8
1) Johnson, Rebecca	2) Lillard, Elizabeth	3) Coudright, Jessica	4) O'Brien, Stepahnie	
26.00	53.32 (27.32)	1:19.60 (26.28)	1:44.61 (25.01)	
14 Riverside	A	1:44.50	1:44.96	6
1) Jemison, Michelle	2) Cranmer, Megan	3) Morimoto, Reina	4) Robles, Megan	
27.00	52.74 (25.74)	1:19.17 (26.43)	1:44.96 (25.79)	
15 Foothill	A	1:42.50	1:45.29	4
1) MacDonell, Jen	2) Vilcsek, Becky	3) Aguiniga, Amy	4) Desmond, Alexandra	
26.25	52.19 (25.94)	1:19.18 (26.99)	1:45.29 (26.11)	

CCC Swim & Dive State Championship
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Results

Event 2 Men 200 Yard Freestyle Relay

National: 1:18.84 ! 2003 Indian River
State: 1:22.80 * 2000 Golden West

Team	Relay	Seed Time	Finals Time	Points
1 Orange Coast	A	1:25.75	1:26.01	40
1) Hunter, Chris	2) Wong, Max	3) Wong, Roger	4) Hwang, Jason	
21.54	42.95 (21.41)	1:05.02 (22.07)	1:26.01 (20.99)	
2 Golden West	A	1:24.97	1:26.32	34
1) Valovic, Pavol	2) Chrisman, Erik	3) Bryan-Zwick, Sascha	4) Martin, Greg	
21.56	42.72 (21.16)	1:04.35 (21.63)	1:26.32 (21.97)	
3 Modesto	A	1:26.13	1:26.93	32
1) Goodwin, Chris	2) Stone, Brandt	3) Holder, Robert	4) Power, Devin	
21.92	44.54 (22.62)	1:06.13 (21.59)	1:26.93 (20.80)	
4 Santa Monica	A	1:28.51	1:28.24	30
1) Volosin, Pat	2) Broussard, Shea	3) Lee, See Hao	4) Dordoni, Nestor	
22.85	45.39 (22.54)	1:07.18 (21.79)	1:28.24 (21.06)	
5 West Valley	A	1:27.90	1:28.74	28
1) Ulrich, Alex	2) Vignau, Stu	3) Moyles, Brandon	4) Henneman, Greg	
22.58	44.95 (22.37)	1:07.48 (22.53)	1:28.74 (21.26)	
6 Palomar	A	1:28.98	1:28.90	26
1) Fenney, James	2) Rahi, Amin	3) Jensen, .	4) Weaver, Charlie	
22.24	44.93 (22.69)	1:07.10 (22.17)	1:28.90 (21.80)	
7 Sierra	A	1:26.97	1:29.23	24
1) Newman, Erik	2) Floyd, William	3) Dawson, Brad	4) Hooten, William	
23.04	45.59 (22.55)	1:07.95 (22.36)	1:29.23 (21.28)	
8 Riverside	A	1:28.58	1:29.44	22
1) Ungerer, Steven	2) Upper, Ryan	3) Zaragoza, Jorge	4) Looy, Mike	
23.02	44.77 (21.75)	1:07.70 (22.93)	1:29.44 (21.74)	
9 Santa Rosa	A	1:28.00	1:30.02	18
1) Jacobs, Ryan	2) Zucchelli, Phillip	3) Buchan, Dave	4) Gromala, Eric	
23.43	45.45 (22.02)	1:07.89 (22.44)	1:30.02 (22.13)	
10 Ventura	A	1:27.24	1:30.56	14
1) Bannan, Luke	2) Oppenheimer, Sean	3) Shuler, Myles	4) Ecker, Jeff	
22.38	44.37 (21.99)	1:07.34 (22.97)	1:30.56 (23.22)	
--- Diablo Valley	A	1:25.74	DQ	
1) Chase, Adrian	2) Cruz, Brian	3) Macphail, Colin	4) Main, Brad	
21.26	42.63 (21.37)	1:04.50 (21.87)	DQ (21.63)	

Event 3 Women 500 Yard Freestyle

National: 4:53.01 ! 2001 Micha Burden
State: 4:53.01 * 2001 Micha Burden
Golden West
Golden West

Name	Age	School	Seed Time	Finals Time	Points
1 Galaz, Natalie		Fullerton	5:07.03	5:14.20	20
27.40	57.64 (30.24)	1:28.37 (30.73)	1:59.94 (31.57)		
2:32.00 (32.06)	3:04.07 (32.07)	3:36.42 (32.35)	4:08.89 (32.47)		
4:41.74 (32.85)	5:14.20 (32.46)				
2 Griffitts, Jamie		Riverside	5:23.23	5:18.48	17
29.08	59.91 (30.83)	1:31.52 (31.61)	2:03.36 (31.84)		
2:35.39 (32.03)	3:07.60 (32.21)	3:40.37 (32.77)	4:13.14 (32.77)		
4:46.08 (32.94)	5:18.48 (32.40)				
3 Walters, Leah		Ventura	5:19.26	5:18.90	16
28.30	59.43 (31.13)	1:31.59 (32.16)	2:04.76 (33.17)		
2:37.85 (33.09)	3:10.75 (32.90)	3:43.64 (32.89)	4:16.54 (32.90)		
4:49.26 (32.72)	5:18.90 (29.64)				

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Results

(Event 3 Women 500 Yard Freestyle)

	Name	Age	School	Seed Time	Finals Time	Points
4	Maxfield, Shannon		Orange Coast	5:19.85	5:18.94	15
	30.95	1:02.05 (31.10)	1:34.26 (32.21)	2:06.64 (32.38)		
	2:38.62 (31.98)	3:11.08 (32.46)	3:43.32 (32.24)	4:15.40 (32.08)		
	4:47.11 (31.71)	5:18.94 (31.83)				
5	Golden, Lauren		Santa Rosa	5:24.85	5:19.76	14
	28.93	1:00.53 (31.60)	1:32.96 (32.43)	2:05.53 (32.57)		
	2:38.38 (32.85)	3:11.59 (33.21)	3:44.48 (32.89)	4:17.41 (32.93)		
	4:49.69 (32.28)	5:19.76 (30.07)				
6	Kahn, Danielle		Sacramento	5:23.78	5:19.81	13
	30.02	1:02.29 (32.27)	1:34.54 (32.25)	2:06.93 (32.39)		
	2:39.24 (32.31)	3:11.40 (32.16)	3:43.55 (32.15)	4:16.38 (32.83)		
	4:48.87 (32.49)	5:19.81 (30.94)				
7	Arnold, Samantha		Long Beach	5:27.93	5:21.19	12
	29.13	1:00.33 (31.20)	1:32.60 (32.27)	2:04.93 (32.33)		
	2:37.33 (32.40)	3:10.26 (32.93)	3:43.21 (32.95)	4:16.27 (33.06)		
	4:49.08 (32.81)	5:21.19 (32.11)				
8	Haverstock, Amber		Sacramento	5:24.87	5:21.30	11
	28.96	1:01.00 (32.04)	1:33.63 (32.63)	2:06.55 (32.92)		
	2:39.88 (33.33)	3:12.97 (33.09)	3:45.74 (32.77)	4:18.45 (32.71)		
	4:50.36 (31.91)	5:21.30 (30.94)				
9	Dejonckhere, Amy		Riverside	5:23.40	5:22.86	9
	29.98	1:01.97 (31.99)	1:34.35 (32.38)	2:06.85 (32.50)		
	2:39.62 (32.77)	3:12.41 (32.79)	3:45.33 (32.92)	4:18.36 (33.03)		
	4:51.07 (32.71)	5:22.86 (31.79)				
10	Reed, Jen		Palomar	5:19.19	5:24.10	7
	27.80	57.99 (30.19)	1:29.42 (31.43)	2:01.49 (32.07)		
	2:34.54 (33.05)	3:07.85 (33.31)	3:41.68 (33.83)	4:15.67 (33.99)		
	4:49.93 (34.26)	5:24.10 (34.17)				
11	Kubli, Kaitlin		Sacramento	5:24.21	5:25.76	6
	29.56	1:01.79 (32.23)	1:34.72 (32.93)	2:07.65 (32.93)		
	2:40.39 (32.74)	3:13.45 (33.06)	3:46.46 (33.01)	4:19.45 (32.99)		
	4:52.86 (33.41)	5:25.76 (32.90)				
12	Burke, Sarah		West Valley	5:32.53	5:27.07	5
	29.08	1:00.78 (31.70)	1:33.58 (32.80)	2:06.97 (33.39)		
	2:40.76 (33.79)	3:13.98 (33.22)	3:47.93 (33.95)	4:21.75 (33.82)		
	4:54.80 (33.05)	5:27.07 (32.27)				
13	Angstadt, Andrea		Golden West	5:23.32	5:28.23	4
	29.59	1:01.14 (31.55)	1:34.05 (32.91)	2:07.21 (33.16)		
	2:40.34 (33.13)	3:13.91 (33.57)	3:47.93 (34.02)	4:22.03 (34.10)		
	4:55.50 (33.47)	5:28.23 (32.73)				
14	Cremidas, Sara		LA Pierce	5:25.87	5:29.54	3
	28.84	1:00.30 (31.46)	1:32.83 (32.53)	2:05.85 (33.02)		
	2:39.46 (33.61)	3:13.40 (33.94)	3:47.53 (34.13)	4:21.55 (34.02)		
	4:55.85 (34.30)	5:29.54 (33.69)				
15	Coudright, Jessica		Solano	5:29.85	5:31.40	2
	29.65	1:01.47 (31.82)	1:34.09 (32.62)	2:07.46 (33.37)		
	2:41.30 (33.84)	3:15.99 (34.69)	3:50.17 (34.18)	4:24.34 (34.17)		
	4:59.01 (34.67)	5:31.40 (32.39)				
16	Goodall, Emily		Ventura	5:26.73	5:32.59	1
	28.40	59.51 (31.11)	1:32.09 (32.58)	2:05.69 (33.60)		
	2:39.50 (33.81)	3:14.08 (34.58)	3:48.88 (34.80)	4:24.20 (35.32)		
	4:58.69 (34.49)	5:32.59 (33.90)				

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(Event 3 Women 500 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
17 Ross, Nicki		Mt. Sac	5:32.08	5:33.89	
	29.48	1:01.51 (32.03)	1:34.41 (32.90)	2:08.32 (33.91)	
	2:42.49 (34.17)	3:17.12 (34.63)	3:51.42 (34.30)	4:26.34 (34.92)	
	5:01.30 (34.96)	5:33.89 (32.59)			

Event 4 Men 500 Yard Freestyle

National: 4:22.53 ! 1992

Jack Taylor

Indian River

State: 4:26.09 * 1992

Andreas Roestenberg

Orange Coast

Name	Age	School	Seed Time	Finals Time	Points
1 Sugimoto, Hirotaka		Saddleback	4:36.15	4:34.31	20
	25.13	52.40 (27.27)	1:19.80 (27.40)	1:47.54 (27.74)	
	2:15.54 (28.00)	2:43.20 (27.66)	3:11.21 (28.01)	3:39.72 (28.51)	
	4:08.14 (28.42)	4:34.31 (26.17)			
2 Zaferes, Tom		Cabrillo	4:41.78	4:35.27	17
	25.07	52.15 (27.08)	1:19.40 (27.25)	1:47.42 (28.02)	
	2:15.50 (28.08)	2:43.62 (28.12)	3:11.80 (28.18)	3:39.87 (28.07)	
	4:07.49 (27.62)	4:35.27 (27.78)			
3 Carranza, Travis		Santa Rosa	4:38.22	4:39.09	16
	25.20	52.49 (27.29)	1:19.96 (27.47)	1:48.04 (28.08)	
	2:16.21 (28.17)	2:44.50 (28.29)	3:13.11 (28.61)	3:41.83 (28.72)	
	4:10.49 (28.66)	4:39.09 (28.60)			
4 Garcia, Rob		Cerritos	4:44.60	4:41.01	15
	24.98	51.53 (26.55)	1:19.08 (27.55)	1:47.56 (28.48)	
	2:16.22 (28.66)	2:44.94 (28.72)	3:13.89 (28.95)	3:43.07 (29.18)	
	4:12.22 (29.15)	4:41.01 (28.79)			
5 Wickham, Avery		Golden West	4:40.97	4:43.65	14
	25.67	53.02 (27.35)	1:21.28 (28.26)	1:49.80 (28.52)	
	2:18.45 (28.65)	2:47.58 (29.13)	3:16.87 (29.29)	3:46.17 (29.30)	
	4:15.56 (29.39)	4:43.65 (28.09)			
6 Yang, Chris		Diablo Valley	4:48.04	4:43.99	13
	25.82	54.01 (28.19)	1:22.79 (28.78)	1:51.68 (28.89)	
	2:20.85 (29.17)	2:50.14 (29.29)	3:19.01 (28.87)	3:47.78 (28.77)	
	4:16.29 (28.51)	4:43.99 (27.70)			
7 Anderson, Tyler		Long Beach	4:45.68	4:44.90	12
	25.50	52.20 (26.70)	1:19.71 (27.51)	1:47.67 (27.96)	
	2:16.08 (28.41)	2:44.93 (28.85)	3:14.79 (29.86)	3:45.05 (30.26)	
	4:15.27 (30.22)	4:44.90 (29.63)			
8 DeSenna, Mario		Solano	4:46.32	4:46.95	11
	25.91	53.96 (28.05)	1:22.56 (28.60)	1:51.40 (28.84)	
	2:20.37 (28.97)	2:49.59 (29.22)	3:19.01 (29.42)	3:48.60 (29.59)	
	4:18.09 (29.49)	4:46.95 (28.86)			
9 Han, Frank		Mt. Sac	4:48.37	4:47.60	9
	26.19	54.45 (28.26)	1:22.89 (28.44)	1:51.42 (28.53)	
	2:20.12 (28.70)	2:48.96 (28.84)	3:18.41 (29.45)	3:48.38 (29.97)	
	4:18.15 (29.77)	4:47.60 (29.45)			
10 Hurst, Clayton		LA Pierce	4:51.74	4:49.54	7
	26.15	54.35 (28.20)	1:23.36 (29.01)	1:52.70 (29.34)	
	2:22.42 (29.72)	2:51.87 (29.45)	3:21.57 (29.70)	3:51.48 (29.91)	
	4:20.98 (29.50)	4:49.54 (28.56)			

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(Event 4 Men 500 Yard Freestyle)

	Name	Age	School	Seed Time	Finals Time	Points
11	Lopez, Roberto		SD Mesa	4:51.03	4:49.72	6
	26.57	55.14 (28.57)	1:23.83 (28.69)	1:53.37 (29.54)		
	2:22.78 (29.41)	2:52.59 (29.81)	3:22.26 (29.67)	3:52.16 (29.90)		
	4:21.90 (29.74)	4:49.72 (27.82)				
12	Meyer, Chase		Golden West	4:52.43	4:51.00	5
	26.16	54.67 (28.51)	1:23.62 (28.95)	1:52.98 (29.36)		
	2:22.76 (29.78)	2:52.72 (29.96)	3:22.62 (29.90)	3:52.86 (30.24)		
	4:22.47 (29.61)	4:51.00 (28.53)				
13	Sheldon, Chase		American River	4:52.69	4:51.50	4
	26.38	54.92 (28.54)	1:24.12 (29.20)	1:53.68 (29.56)		
	2:23.49 (29.81)	2:53.33 (29.84)	3:22.96 (29.63)	3:52.73 (29.77)		
	4:22.40 (29.67)	4:51.50 (29.10)				
14	McConnell, Nick		Golden West	4:50.22	4:51.76	3
	26.12	53.98 (27.86)	1:23.08 (29.10)	1:52.81 (29.73)		
	2:22.97 (30.16)	2:53.11 (30.14)	3:22.77 (29.66)	3:52.48 (29.71)		
	4:22.45 (29.97)	4:51.76 (29.31)				
15	Schrader, Andrew		Merced	4:55.53	4:52.27	2
	25.70	53.59 (27.89)	1:22.27 (28.68)	1:51.81 (29.54)		
	2:21.69 (29.88)	2:51.80 (30.11)	3:21.97 (30.17)	3:52.20 (30.23)		
	4:22.75 (30.55)	4:52.27 (29.52)				
16	Henning, Tanner		Cabrillo	4:56.95	4:53.02	1
	26.00	54.95 (28.95)	1:24.85 (29.90)	1:54.76 (29.91)		
	2:24.59 (29.83)	2:54.48 (29.89)	3:24.15 (29.67)	3:53.91 (29.76)		
	4:23.68 (29.77)	4:53.02 (29.34)				
17	Kerney, Brenden		Solano	4:50.98	4:53.13	
	26.34	55.11 (28.77)	1:24.32 (29.21)	1:53.72 (29.40)		
	2:23.03 (29.31)	2:52.97 (29.94)	3:23.53 (30.56)	3:53.89 (30.36)		
	4:23.54 (29.65)	4:53.13 (29.59)				
18	Hirschman, Jeff		Mt. Sac	4:56.26	4:55.06	
	26.50	55.47 (28.97)	1:25.35 (29.88)	1:55.65 (30.30)		
	2:25.67 (30.02)	2:55.51 (29.84)	3:25.13 (29.62)	3:54.83 (29.70)		
	4:24.91 (30.08)	4:55.06 (30.15)				
19	Brady, Devin		Santa Monica	4:57.61	4:56.61	
	1:57.21	2:27.71 (30.50)	2:57.90 (30.19)	3:28.01 (30.11)		
	3:57.95 (29.94)	4:27.80 (29.85)	4:56.61 (28.81)	4:56.61 ()		
20	Rondoni, Jared		Sierra	4:52.59	4:57.98	
	27.41	56.86 (29.45)	1:26.61 (29.75)	1:57.15 (30.54)		
	2:27.07 (29.92)	2:56.61 (29.54)	3:26.58 (29.97)	3:56.98 (30.40)		
	4:27.71 (30.73)	4:57.98 (30.27)				
21	Bynum, Mike		Diablo Valley	4:54.01	4:59.84	
	26.96	56.12 (29.16)	1:25.82 (29.70)	1:56.23 (30.41)		
	2:26.37 (30.14)	2:56.79 (30.42)	3:27.19 (30.40)	3:57.98 (30.79)		
	4:29.08 (31.10)	4:59.84 (30.76)				
22	Bixler, Thomas		Palomar	4:49.23	5:00.04	
	26.31	54.80 (28.49)	1:24.53 (29.73)	1:54.07 (29.54)		
	2:23.55 (29.48)	2:53.82 (30.27)	3:25.07 (31.25)	3:56.73 (31.66)		
	4:28.22 (31.49)	5:00.04 (31.82)				

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Results

Event 5 Women 100 Yard IM

		National: 58.29 ! 2003			Sherry Tsai		Orange Coast		
		State: 58.29 * 2003			Sherry Tsai		Orange Coast		
Name	Age	School	Seed Time	Finals Time	Points				
1 Peter, Meghan		Santa Rosa	1:00.64	59.74	20				
28.36	59.74 (31.38)								
2 Natalizio, Sara		Orange Coast	1:01.65	1:00.70	17				
27.90	1:00.70 (32.80)								
3 Welker, Mallory		Santa Rosa	1:01.16	1:00.94	16				
28.91	1:00.94 (32.03)								
4 Pantle, Haley		Diablo Valley	1:00.41	1:02.17	15				
28.36	1:02.17 (33.81)								
5 Joslin, Marie		Santa Rosa	1:03.14	1:02.55	14				
28.54	1:02.55 (34.01)								
6 Rife, Rachel		Sierra	1:01.99	1:02.81	13				
28.45	1:02.81 (34.36)								
7 Nascimento, Amanda		Diablo Valley	1:02.83	1:03.19	12				
29.05	1:03.19 (34.14)								
8 Palmer, Lindsay		Mt. Sac	1:03.08	1:03.29	11				
28.87	1:03.29 (34.42)								
9 McCabe, Kelly		Diablo Valley	1:04.32	1:03.48	9				
30.17	1:03.48 (33.31)								
10 Bean, Mallory		American River	1:02.36	1:03.93	7				
30.30	1:03.93 (33.63)								
11 Noble, Tara		Riverside	1:03.38	1:04.42	6				
30.05	1:04.42 (34.37)								
12 Kufta-Christie, Lindsey		Ventura	1:03.53	1:04.45	5				
29.48	1:04.45 (34.97)								
13 Ross, Kristine		Long Beach	1:03.58	1:04.58	4				
31.62	1:04.58 (32.96)								
14 Martinez, Crystal		Chabot	1:02.77	1:04.67	3				
30.16	1:04.67 (34.51)								
15 Vilcsek, Becky		Foothill	1:03.95	1:04.98	2				
29.80	1:04.98 (35.18)								
16 Nissen, Jessie		American River	1:03.48	1:05.02	1				
29.61	1:05.02 (35.41)								
17 Koch, Kelly		Diablo Valley	1:04.27	1:05.09					
29.72	1:05.09 (35.37)								
18 Newton, Christin		Santa Rosa	1:05.00	1:05.69					
31.10	1:05.69 (34.59)								
19 Frasca, Haley		SD Mesa	1:04.94	1:06.68					
31.22	1:06.68 (35.46)								

Event 6 Men 200 Yard IM

		National: 1:47.68 ! 1997			Marin Malinski		Indian River		
		State: 1:48.85 * 1998			Felix Sutanto		Golden West		
Name	Age	School	Seed Time	Finals Time	Points				
1 Hwang, Jason		Orange Coast	1:57.01	1:54.48	20				
24.79	53.18 (28.39)	1:26.89 (33.71)	1:54.48 (27.59)						
2 Fenney, James		Palomar	1:58.00	1:56.37	17				
24.36	54.10 (29.74)	1:27.78 (33.68)	1:56.37 (28.59)						
3 Tikhonoff, John		Sierra	1:56.83	1:56.65	16				
25.22	55.56 (30.34)	1:29.38 (33.82)	1:56.65 (27.27)						

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 6 Men 200 Yard IM)

Name	Age	School	Seed Time	Finals Time	Points
4 Larsen, Trent		Foothill	2:00.14	1:57.08	15
25.86	55.10 (29.24)	1:29.53 (34.43)	1:57.08 (27.55)		
5 Mitchell, Josh		Golden West	1:56.78	1:57.35	14
25.92	56.29 (30.37)	1:29.50 (33.21)	1:57.35 (27.85)		
6 Ferre, Sebastien		LA Pierce	1:56.24	1:57.60	13
24.09	54.43 (30.34)	1:28.32 (33.89)	1:57.60 (29.28)		
7 McGowan, Jonathan		Diablo Valley	1:58.39	1:58.40	12
25.70	55.54 (29.84)	1:30.16 (34.62)	1:58.40 (28.24)		
8 Marin, Jesse		Ventura	1:59.65	1:59.87	11
24.69	54.44 (29.75)	1:31.13 (36.69)	1:59.87 (28.74)		
9 Rahi, Amin		Palomar	2:01.43	2:00.81	9
25.27	55.68 (30.41)	1:32.51 (36.83)	2:00.81 (28.30)		
10 Southwick, Josh		Palomar	2:01.52	2:01.26	7
25.83	57.53 (31.70)	1:32.05 (34.52)	2:01.26 (29.21)		
11 Jensen, Brett		Mt. Sac	1:59.24	2:01.45	6
25.89	56.76 (30.87)	1:31.69 (34.93)	2:01.45 (29.76)		
12 Lee, See Hao		Santa Monica	2:00.44	2:01.63	5
25.33	56.42 (31.09)	1:32.07 (35.65)	2:01.63 (29.56)		
13 Celinder, Kyle		Golden West	1:59.83	2:02.98	4
25.26	59.27 (34.01)	1:33.02 (33.75)	2:02.98 (29.96)		
14 Meyer, Kevin		American River	2:01.29	2:03.19	3
26.55	55.12 (28.57)	1:30.92 (35.80)	2:03.19 (32.27)		
15 Julien, Dane		SD Mesa	2:03.98	2:03.46	2
26.71	58.17 (31.46)	1:34.56 (36.39)	2:03.46 (28.90)		
16 Newman, Erik		Sierra	2:02.91	2:04.15	1
26.79	59.94 (33.15)	1:34.69 (34.75)	2:04.15 (29.46)		
17 Belagardi, Gabe		Fullerton	2:03.15	2:04.32	
25.62	57.63 (32.01)	1:34.61 (36.98)	2:04.32 (29.71)		
18 Ferencz, Gerald		Pasadena	2:01.30	2:04.66	
25.96	56.41 (30.45)	1:34.52 (38.11)	2:04.66 (30.14)		
19 Martin, Greg		Golden West	2:01.43	2:05.06	
26.43	57.43 (31.00)	1:35.73 (38.30)	2:05.06 (29.33)		
20 Mikuni, Russell		Diablo Valley	2:02.88	2:05.26	
26.84	1:00.52 (33.68)	1:35.98 (35.46)	2:05.26 (29.28)		
21 Goggans, Neal		De Anza	2:03.90	2:06.21	
27.90	1:00.37 (32.47)	1:35.68 (35.31)	2:06.21 (30.53)		
22 Zucchelli, Phillip		Santa Rosa	2:02.90	2:07.75	
27.25	55.71 (28.46)	1:35.83 (40.12)	2:07.75 (31.92)		
--- Dawson, Brad		Sierra	2:02.97	DQ	
25.23	56.30 (31.07)	1:34.07 (37.77)	DQ (29.63)		

Event 7 Women 50 Yard Freestyle

Name	Age	School	Seed Time	Finals Time	Points
1 Pantuso, Kristina		Golden West	24.77	24.53	20
2 Ikehata, Mariko		Cabrillo	24.92	24.62	17
3 Ward, Jen		Santa Monica	25.37	24.86	16
4 Hansen, Courtney		Diablo Valley	24.26	24.88	15
5 Thoni, Kelly		Chabot	25.23	25.10	14
6 Poljak, Ksenija		Santa Rosa	24.49	25.12	13

National: 23.25 ! 2000
State: 23.25 * 2000

Kirsten Rich
Kristen Rich

Golden West
Golden West

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 7 Women 50 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
7 Peters, Samantha		SD Mesa	24.65	25.13	12
8 Johnson, Rebecca		Solano	24.37	25.15	11
9 Hall, Laura		Shasta	24.45	25.21	9
10 O'Brien, Stepahnie		Solano	24.70	25.33	7
11 Dilloway, Juliana		West Valley	25.36	25.45	6
12 van Hemert, Heather		Santa Rosa	25.37	25.52	5
13 Furuto, Jenelle		Chaffey	25.29	25.64	4
14 Prine, Jackie		Long Beach	25.52	25.79	3
15 Carroll, Jessica		Sierra	25.26	25.83	2
16 Azar, Katherine		Ventura	25.61	25.93	1
17 Schuetz, Elise		Merced	25.24	25.94	
18 Lindemuth, Kiki		Diablo Valley	25.82	26.15	
19 Mapp, Lorean		Pasadena	25.97	26.31	
20 Cunion, Kerry		Sacramento	25.91	26.63	

Event 8 Men 50 Yard Freestyle

National: 19.69 ! 2003
State: 20.32 * 2000

Camillo Becerra
Derek Gibbs

Indian River
Golden West

Name	Age	School	Seed Time	Finals Time	Points
1 O'Gorman, Cheyne		Ventura	21.49	20.94	20
2 Chase, Adrian		Diablo Valley	20.96	21.13	17
3 Valovic, Pavol		Golden West	21.25	21.49	16
4 Dordoni, Nestor		Santa Monica	21.66	21.51	15
5 Hagans, Pete		Sierra	21.27	21.53	13.50
5 Power, Devin		Modesto	21.11	21.53	13.50
7 Chrisman, Erik		Golden West	21.44	21.57	12
8 Hunter, Chris		Orange Coast	21.46	21.71	11
9 Cruz, Brian		Diablo Valley	21.52	21.91	9
10 Goodwin, Chris		Modesto	21.35	22.00	7
11 Peters, Mike		Santa Rosa	21.57	22.01	6
12 Henneman, Greg		West Valley	21.44	22.06	5
13 Pifer, Matt		El Camino	21.95	22.29	4
14 Hooten, William		Sierra	21.76	22.34	3
15 Frenn, Tyson		Solano	21.78	22.52	2
16 Gromala, Eric		Santa Rosa	21.67	22.56	1
17 Guth, Christian		SD Mesa	22.05	22.69	

Event 9 Women 400 Yard Medley Relay

National: 3:53.35 ! 1998
State: 3:56.88 * 2003

Indian River
Orange Coast

Team	Relay	Seed Time	Finals Time	Points
1 Santa Rosa	A	4:01.60	4:00.22	40
1) Golden, Lauren	2) Welker, Mallory	3) Poljak, Ksenija	4) Peter, Meghan	
29.18	1:00.38 (1:00.38)	1:31.51 (31.13)	2:07.24 (1:06.86)	
2:34.69 (27.45)	3:06.30 (59.06)	3:32.09 (25.79)	4:00.22 (53.92)	
2 Merced	A	4:07.37	4:07.11	34
1) Jackson, Leslie	2) Szmidt, Heather	3) Eisner, Brooke	4) Versage, Sasha	
30.88	1:03.88 (1:03.88)	1:35.22 (31.34)	2:12.84 (1:08.96)	
2:40.80 (27.96)	3:13.44 (1:00.60)	3:38.78 (25.34)	4:07.11 (53.67)	

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 9 Women 400 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time	Points
3 Diablo Valley	A	4:08.31	4:07.84	32
1) Koch, Kelly	2) McCabe, Kelly	3) Nascimento, Amanda	4) Pantle, Haley	
30.41	1:03.40 (1:03.40)	1:35.27 (31.87)	2:12.05 (1:08.65)	
2:39.87 (27.82)	3:12.27 (1:00.22)	3:34.91 (22.64)	4:07.84 (55.57)	
4 Sierra	A	4:08.69	4:09.07	30
1) Rife, Rebekah	2) Fernandez, Marisa	3) Rife, Rachel	4) Carroll, Jessica	
29.72	1:01.60 (1:01.60)	1:34.94 (33.34)	2:12.79 (1:11.19)	
2:40.55 (27.76)	3:13.60 (1:00.81)	3:39.56 (25.96)	4:09.07 (55.47)	
5 Santa Monica	A	4:12.79	4:09.36	28
1) Tran, Denise	2) Halloran, Michelle	3) Mak, Shirley	4) Ward, Jen	
30.35	1:03.01 (1:03.01)	1:36.14 (33.13)	2:15.18 (1:12.17)	
2:43.48 (28.30)	3:16.45 (1:01.27)	3:41.67 (25.22)	4:09.36 (52.91)	
6 American River	A	4:10.06	4:11.06	26
1) Jackson, Leslie	2) Nissen, Jessie	3) DuBray, Sera	4) Bean, Mallory	
30.76	1:02.72 (1:02.72)	1:36.43 (33.71)	2:14.44 (1:11.72)	
2:42.52 (28.08)	3:16.48 (1:02.04)	3:42.12 (25.64)	4:11.06 (54.58)	
7 Orange Coast	A	4:13.44	4:11.59	23
1) Maxfield, Shannon	2) Carroll, Crystal	3) Natalizio, Sara	4) Harvey, Erin	
31.56	1:04.96 (1:04.96)	1:38.08 (33.12)	2:16.24 (1:11.28)	
2:43.17 (26.93)	3:15.07 (58.83)	3:41.66 (26.59)	4:11.59 (56.52)	
7 Golden West	A	4:15.92	4:11.59	23
1) Corry, Natalie	2) Pantuso, Kristina	3) Wessling, Janece	4) Degeneffe, Leanee	
31.21	1:05.18 (1:05.18)	1:36.98 (31.80)	2:14.29 (1:09.11)	
2:42.01 (27.72)	3:15.81 (1:01.52)	3:41.76 (25.95)	4:11.59 (55.78)	
9 Fullerton	A	4:09.51	4:12.63	18
1) Galaz, Natalie	2) Parrish, Katie	3) Flores, Paulette	4) Pratt, Kristine	
29.06	59.77 (59.77)	1:32.75 (32.98)	2:12.18 (1:12.41)	
2:41.14 (28.96)	3:15.94 (1:03.76)	3:42.89 (26.95)	4:12.63 (56.69)	
10 Sacramento	A	4:10.37	4:13.53	14
1) Kahn, Danielle	2) Haverstock, Amber	3) Houser, Lindi	4) Cunion, Kerry	
30.05	1:00.90 (1:00.90)	1:34.93 (34.03)	2:13.52 (1:12.62)	
2:42.58 (29.06)	3:17.25 (1:03.73)	3:43.84 (26.59)	4:13.53 (56.28)	
11 Long Beach	A	4:14.71	4:14.51	12
1) Lloyd, Lauren	2) Arnold, Samantha	3) Cunningham, Alaina	4) Prine, Jackie	
31.22	1:05.88 (1:05.88)	1:39.13 (33.25)	2:15.60 (1:09.72)	
2:44.27 (28.67)	3:19.93 (1:04.33)	3:46.08 (26.15)	4:14.51 (54.58)	
12 Ventura	A	4:13.72	4:15.69	10
1) Kufta-Christie, Lindsey	2) Peterson, Kelsey	3) Paradowski, Marianne	4) Walters, Leah	
31.33	1:04.14 (1:04.14)	1:36.75 (32.61)	2:14.91 (1:10.77)	
2:44.69 (29.78)	3:20.37 (1:05.46)	3:47.14 (26.77)	4:15.69 (55.32)	
13 Riverside	A	4:13.04	4:16.02	8
1) Cranmer, Megan	2) Noble, Tara	3) Griffiths, Jamie	4) Robles, Megan	
31.78	1:05.66 (1:05.66)	1:39.88 (34.22)	2:19.10 (1:13.44)	
2:48.24 (29.14)	3:21.30 (1:02.20)	3:47.25 (25.95)	4:16.02 (54.72)	
14 Foothill	A	4:16.99	4:20.73	6
1) Aguiniga, Amy	2) MacDonell, Jen	3) Vilcsek, Becky	4) Desmond, Alexandra	
31.34	1:05.39 (1:05.39)	1:40.51 (35.12)	2:21.06 (1:15.67)	
2:48.82 (27.76)	3:22.16 (1:01.10)	3:49.42 (27.26)	4:20.73 (58.57)	

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

Event 10 Men 400 Yard Medley Relay**National: 3:21.01 ! 2003****Indian River****State: 3:21.46 * 1998****Golden West**

Team	Relay	Seed Time	Finals Time	Points
1 Santa Rosa	A	3:31.03	3:30.16	40
1) Zucchelli, Phillip	2) Gromala, Eric	3) Carranza, Travis	4) Peters, Mike	
25.75	53.20 (53.20)	1:19.89 (26.69)	1:50.88 (57.68)	
2:15.20 (24.32)	2:42.96 (52.08)	3:04.97 (22.01)	3:30.16 (47.20)	
2 Orange Coast	A	3:33.10	3:32.97	34
1) Hwang, Jason	2) Wong, Roger	3) Wong, Max	4) Hunter, Chris	
25.23	51.93 (51.93)	1:18.95 (27.02)	1:51.02 (59.09)	
2:15.50 (24.48)	2:44.43 (53.41)	3:07.00 (22.57)	3:32.97 (48.54)	
3 Golden West	A	3:32.49	3:33.40	32
1) Meyer, Chase	2) Celinder, Kyle	3) Brennen, Hugh	4) Chrisman, Erik	
26.49	55.24 (55.24)	1:22.55 (27.31)	1:53.68 (58.44)	
2:17.93 (24.25)	2:46.99 (53.31)	3:09.03 (22.04)	3:33.40 (46.41)	
4 Ventura	A	3:37.52	3:33.42	30
1) Isbell, Nate	2) Shuler, Myles	3) Marin, Jesse	4) O'Gorman, Cheyne	
25.43	51.87 (51.87)	1:21.21 (29.34)	1:54.75 (1:02.88)	
2:18.94 (24.19)	2:47.80 (53.05)	3:09.12 (21.32)	3:33.42 (45.62)	
5 Palomar	A	3:36.55	3:34.51	28
1) Fenney, James	2) Southwick, Josh	3) Rahi, Amin	4) Weaver, Charlie	
26.47	55.09 (55.09)	1:22.51 (27.42)	1:54.31 (59.22)	
2:18.06 (23.75)	2:46.44 (52.13)	3:08.81 (22.37)	3:34.51 (48.07)	
6 Riverside	A	3:35.51	3:35.46	26
1) Ungerer, Steven	2) Finfrock, Casey	3) Likins, Zac	4) Looy, Mike	
26.85	55.29 (55.29)	1:23.32 (28.03)	1:55.93 (1:00.64)	
2:20.00 (24.07)	2:48.53 (52.60)	3:10.39 (21.86)	3:35.46 (46.93)	
7 Sierra	A	3:31.72	3:35.48	24
1) Hooten, William	2) Newman, Erik	3) Dawson, Brad	4) Hagans, Pete	
25.82	53.95 (53.95)	1:21.79 (27.84)	1:55.09 (1:01.14)	
2:18.82 (23.73)	2:48.85 (53.76)	3:10.84 (21.99)	3:35.48 (46.63)	
8 Diablo Valley	A	3:35.41	3:36.91	22
1) Bynum, Mike	2) Mikuni, Russell	3) Yang, Chris	4) Chase, Adrian	
27.02	56.29 (56.29)	1:24.21 (27.92)	1:57.02 (1:00.73)	
2:21.49 (24.47)	2:49.46 (52.44)	3:12.01 (22.55)	3:36.91 (47.45)	
9 American River	A	3:37.11	3:38.65	18
1) Meyer, Kevin	2) Brizzee, Devin	3) Ramirez, James	4) Leach, Kent	
26.19	54.23 (54.23)	1:09.94 (15.71)	1:55.21 (1:00.98)	
2:19.54 (24.33)	2:48.91 (53.70)	3:12.06 (23.15)	3:38.65 (49.74)	
10 Santa Monica	A	3:41.15	3:42.94	14
1) Brady, Devin	2) Parrish, Jim	3) Kumasaki, Evan	4) Volosin, Pat	
26.62	54.37 (54.37)	1:24.72 (30.35)	2:00.43 (1:06.06)	
2:25.54 (25.11)	2:55.25 (54.82)	3:18.02 (22.77)	3:42.94 (47.69)	

Event 11 Women 1 mtr Diving**National: 458.85 ! 1998****Kazi Murr****Broward****State: 410.00 * 1991****Kim Stansfield****Orange Coast**

Name	Age	School	Finals Score	Points
1 Gibson, Alyssa		Saddleback	NT	20
2 Robinson, Erin		Citrus	NT	17
3 Rose, Jeannie L		Sequoias	NT	16
4 Long, Brittany		Cabrillo	NT	15
5 Tyrrell, Miranda		Riverside	NT	14

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 11 Women 1 mtr Diving)

Name	Age	School		Finals Score	Points
6 Gonzalez, Jennifer		SD Mesa	NT	293.95	13
7 Peek, Nikki		Fullerton	NT	291.70	12
8 Waters, Erin		Shasta	NT	271.70	11
9 Kahler, Shannon		Grossmont	NT	269.80	9
10 Bungart, Beth		Merced	NT	268.90	7
11 Brown, Lisa		Santa Rosa	NT	260.10	6
12 Hardin, Jennifer		Sequoias	NT	217.25	5

Event 12 Men 3 mtr Diving

National: 557.80 ! 1984

Mike Trivett

Bakersfield

State: 557.80 * 1984

Mike Trivett

Bakersfield

Name	Age	School		Finals Score	Points
1 Clark, Sean		Cuesta	NT	429.55	20
2 Perkins, James		El Camino	NT	382.65	17
3 Lines, BJ		Grossmont	NT	331.35	16
4 Irwin, Nolan		Santa Rosa	NT	327.50	15
5 Hanson, James		Cuesta	NT	300.05	14
6 Padilla, Christian		Diablo Valley	NT	283.25	13
7 Roach, Joseph		Saddleback	NT	267.85	12
8 Anthony, Sean		El Camino	NT	253.85	11
9 Myers, Jeff		Cabrillo	NT	230.85	9
10 Pang, Rusty		Solano	NT	216.25	7
11 McGee, Josh		Cabrillo	NT	214.15	6
12 Ivey, Max		Santa Rosa	NT	213.35	5

Event 13 Women 200 Yard IM

National: 2:03.48 ! 1997

Elsa Nasution

Chaffey

State: 2:03.48 * 1997

Elsa Nasution

Chaffey

Name	Age	School	Seed Time	Finals Time	Points
1 Peter, Meghan		Santa Rosa	2:11.90	2:08.93	20
27.83	1:01.36 (33.53)	1:38.80 (37.44)	2:08.93 (30.13)		
2 Ward, Jen		Santa Monica	2:14.02	2:12.36	17
28.47	1:02.79 (34.32)	1:41.90 (39.11)	2:12.36 (30.46)		
3 Kahn, Danielle		Sacramento	2:17.64	2:14.17	16
30.31	1:03.08 (32.77)	1:43.49 (40.41)	2:14.17 (30.68)		
4 Szmidt, Heather		Merced	2:13.17	2:14.75	15
28.50	1:03.18 (34.68)	1:42.53 (39.35)	2:14.75 (32.22)		
5 Burke, Sarah		West Valley	2:18.18	2:16.20	14
29.56	1:03.04 (33.48)	1:44.04 (41.00)	2:16.20 (32.16)		
6 Pantle, Haley		Diablo Valley	2:14.21	2:16.44	13
29.99	1:04.03 (34.04)	1:44.67 (40.64)	2:16.44 (31.77)		
7 Koch, Kelly		Diablo Valley	2:18.77	2:17.83	12
29.62	1:03.57 (33.95)	1:44.30 (40.73)	2:17.83 (33.53)		
8 Ross, Kristine		Long Beach	2:17.09	2:18.11	11
29.84	1:06.44 (36.60)	1:45.82 (39.38)	2:18.11 (32.29)		
9 Noble, Tara		Riverside	2:14.90	2:19.01	9
30.41	1:06.11 (35.70)	1:46.67 (40.56)	2:19.01 (32.34)		
10 Kufta-Christie, Lindsey		Ventura	2:19.25	2:19.67	7
30.69	1:06.19 (35.50)	1:47.56 (41.37)	2:19.67 (32.11)		
11 Fernandez, Marisa		Sierra	2:18.82	2:19.87	6
30.60	1:07.40 (36.80)	1:47.79 (40.39)	2:19.87 (32.08)		

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 13 Women 200 Yard IM)

Name	Age	School	Seed Time	Finals Time	Points
12 Maxfield, Shannon		Orange Coast	2:17.92	2:20.27	5
30.09	1:06.45 (36.36)	1:48.07 (41.62)	2:20.27 (32.20)		
13 Dejonckhere, Amy		Riverside	2:21.27	2:20.53	4
31.11	1:07.85 (36.74)	1:49.36 (41.51)	2:20.53 (31.17)		
14 Parrish, Katie		Fullerton	2:21.85	2:21.14	3
30.88	1:07.08 (36.20)	1:47.32 (40.24)	2:21.14 (33.82)		
15 Barrus, Kaydi		Sacramento	2:20.47	2:21.24	2
31.03	1:06.06 (35.03)	1:48.96 (42.90)	2:21.24 (32.28)		
16 Jackson, Leslie		American River	2:21.54	2:21.72	1
31.13	1:05.45 (34.32)	1:48.28 (42.83)	2:21.72 (33.44)		

Event 14 Men 400 Yard IM**National: 3:47.15 ! 1998****Marcin Malinski****Indian River****State: 3:54.84 * 2001****Diego Yabe****Golden West**

Name	Age	School	Seed Time	Finals Time	Points
1 Tikhonoff, John		Sierra	4:10.04	4:07.49	20
26.14	55.93 (29.79)	1:29.33 (33.40)	2:01.00 (31.67)		
2:35.78 (34.78)	3:11.13 (35.35)	3:39.73 (28.60)	4:07.49 (27.76)		
2 Yang, Chris		Diablo Valley	4:14.91	4:08.67	17
25.86	55.69 (29.83)	1:28.12 (32.43)	2:00.44 (32.32)		
2:35.85 (35.41)	3:11.94 (36.09)	3:40.69 (28.75)	4:08.67 (27.98)		
3 McGowan, Jonathan		Diablo Valley	4:26.96	4:10.54	16
26.71	56.63 (29.92)	1:29.40 (32.77)	2:01.85 (32.45)		
2:36.51 (34.66)	3:12.75 (36.24)	3:41.61 (28.86)	4:10.54 (28.93)		
4 Melder, Eric I		Chabot	4:21.64	4:15.46	15
27.69	59.48 (31.79)	1:33.99 (34.51)	2:08.14 (34.15)		
2:43.20 (35.06)	3:19.19 (35.99)	3:48.70 (29.51)	4:15.46 (26.76)		
5 Kerney, Brenden		Solano	4:16.28	4:16.08	14
27.30	58.43 (31.13)	1:33.27 (34.84)	2:06.12 (32.85)		
2:41.90 (35.78)	3:17.79 (35.89)	3:48.33 (30.54)	4:16.08 (27.75)		
6 Bixler, Thomas		Palomar	4:18.00	4:16.30	13
28.08	1:00.70 (32.62)	1:32.72 (32.02)	2:04.22 (31.50)		
2:41.41 (37.19)	3:19.06 (37.65)	3:48.63 (29.57)	4:16.30 (27.67)		
7 DeSenna, Mario		Solano	4:16.54	4:18.65	12
26.86	56.40 (29.54)	1:32.11 (35.71)	2:07.18 (35.07)		
2:45.28 (38.10)	3:22.76 (37.48)	3:51.11 (28.35)	4:18.65 (27.54)		
8 Rondoni, Jared		Sierra	4:27.52	4:23.61	11
27.21	58.14 (30.93)	1:32.73 (34.59)	2:06.76 (34.03)		
2:46.53 (39.77)	3:25.48 (38.95)	3:55.30 (29.82)	4:23.61 (28.31)		
9 Brady, Devin		Santa Monica	4:22.45	4:24.30	9
28.40	1:01.67 (33.27)	1:34.79 (33.12)	2:08.31 (33.52)		
2:47.91 (39.60)	3:27.65 (39.74)	3:56.77 (29.12)	4:24.30 (27.53)		
10 Kuusk, Martin		Pasadena	4:25.69	4:24.77	7
28.42	1:01.91 (33.49)	1:33.78 (31.87)	2:06.50 (32.72)		
2:44.54 (38.04)	3:23.13 (38.59)	3:54.73 (31.60)	4:24.77 (30.04)		
11 Julien, Dane		SD Mesa	4:25.64	4:24.86	6
27.92	1:00.24 (32.32)	1:34.90 (34.66)	2:09.06 (34.16)		
2:47.89 (38.83)	3:26.59 (38.70)	3:56.02 (29.43)	4:24.86 (28.84)		
12 Guth, Christian		SD Mesa	4:23.75	4:25.25	5
28.29	1:01.79 (33.50)	1:36.78 (34.99)	2:09.97 (33.19)		
2:47.97 (38.00)	3:26.67 (38.70)	3:56.51 (29.84)	4:25.25 (28.74)		

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 14 Men 400 Yard IM)

Name	Age	School	Seed Time	Finals Time	Points
13 Belagardi, Gabe		Fullerton	4:25.14	4:25.43	4
26.70	57.35 (30.65)	1:31.07 (33.72)	2:04.65 (33.58)		
2:43.10 (38.45)	3:22.42 (39.32)	3:54.70 (32.28)	4:25.43 (30.73)		
14 Martin, Greg		Golden West	4:20.40	4:26.41	3
27.38	59.84 (32.46)	1:35.48 (35.64)	2:09.86 (34.38)		
2:50.01 (40.15)	3:30.02 (40.01)	3:58.68 (28.66)	4:26.41 (27.73)		
15 Bynum, Mike		Diablo Valley	4:21.09	4:26.94	2
28.29	1:00.52 (32.23)	1:33.45 (32.93)	2:06.12 (32.67)		
2:45.14 (39.02)	3:24.54 (39.40)	3:56.21 (31.67)	4:26.94 (30.73)		

Event 15 Women 50 Yard Butterfly

National: 25.67 ! 2003		Sherry Tsai		Orange Coast	
State: 25.67 * 2003		Sherry Tsai		Orange Coast	
Name	Age	School	Seed Time	Finals Time	Points
1 Poljak, Ksenija		Santa Rosa	26.58	26.68	20
2 Natalizio, Sara		Orange Coast	26.99	26.75	17
3 Thoni, Kelly		Chabot	26.97	26.79	16
4 Nascimento, Amanda		Diablo Valley	27.05	27.15	15
5 Pantuso, Kristina		Golden West	27.78	27.18	13.50
5 Mak, Shirley		Santa Monica	27.55	27.18	13.50
7 DeMaso, Veronica		Diablo Valley	27.67	27.36	12
8 Rife, Rebekah		Sierra	27.74	27.47	11
9 Martinez, Crystal		Chabot	27.31	27.54	9
10 Vilcsek, Becky		Foothill	27.14	27.55	7
11 Furuto, Jenelle		Chaffey	27.19	27.67	6
12 Lindemuth, Kiki		Diablo Valley	27.79	27.78	5
13 Scott, Heather		West Valley	27.89	27.97	4
14 Schuetz, Elise		Merced	27.81	28.18	3
15 Eisner, Brooke		Merced	27.91	28.19	2
16 Prine, Jackie		Long Beach	27.87	28.37	1
17 O'Brien, Stepahnie		Solano	28.28	28.89	

Event 16 Men 100 Yard Butterfly

National: 47.69 ! 2003		Camillo Becerra		Indian River	
State: 48.13 * 2001		Tyler Townsend		Orange Coast	
Name	Age	School	Seed Time	Finals Time	Points
1 Sugimoto, Hirotaka		Saddleback	50.76	49.96	20
23.54	49.96 (26.42)				
2 Zaferes, Tom		Cabrillo	50.83	50.53	17
23.84	50.53 (26.69)				
3 Cruz, Brian		Diablo Valley	53.02	52.41	16
23.92	52.41 (28.49)				
4 Isbell, Nate		Ventura	53.46	52.50	15
24.91	52.50 (27.59)				
5 Valovic, Pavol		Golden West	52.97	52.80	14
24.34	52.80 (28.46)				
6 Budnick, Matt		Golden West	53.12	53.02	13
25.33	53.02 (27.69)				
7 Likins, Zac		Riverside	52.37	53.03	12
24.64	53.03 (28.39)				

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 16 Men 100 Yard Butterfly)

Name	Age	School	Seed Time	Finals Time	Points
8 Rahi, Amin		Palomar	52.83	53.13	11
24.85	53.13 (28.28)				
9 Marin, Jesse		Ventura	53.31	53.17	9
24.64	53.17 (28.53)				
10 Han, Frank		Mt. Sac	52.95	53.55	7
25.09	53.55 (28.46)				
11 Dawson, Brad		Sierra	53.03	54.21	6
24.78	54.21 (29.43)				
12 Jacobs, Ryan		Santa Rosa	53.90	55.70	5
25.20	55.70 (30.50)				
13 Ramirez, James		American River	54.45	56.07	4
25.04	56.07 (31.03)				
14 Goodwin, Chris		Modesto	53.35	56.64	3
26.23	56.64 (30.41)				

Event 17 Women 200 Yard Freestyle

Name	Age	School	Seed Time	Indian River		Points
				Golden West		
1 Galaz, Natalie		Fullerton	1:56.90		1:56.42	20
27.04	56.60 (29.56)	1:26.42 (29.82)	1:56.42 (30.00)			
2 Rife, Rachel		Sierra	1:57.69		1:57.89	17
27.53	57.12 (29.59)	1:27.38 (30.26)	1:57.89 (30.51)			
3 Griffitts, Jamie		Riverside	1:59.12		1:58.02	16
27.61	57.20 (29.59)	1:27.44 (30.24)	1:58.02 (30.58)			
4 van Hemert, Heather		Santa Rosa	1:58.93		1:58.34	15
27.39	57.47 (30.08)	1:28.08 (30.61)	1:58.34 (30.26)			
5 Reed, Jen		Palomar	2:01.28		1:58.81	14
27.01	56.86 (29.85)	1:27.78 (30.92)	1:58.81 (31.03)			
6 Mapp, Lorean		Pasadena	1:59.62		1:59.37	13
28.48	58.62 (30.14)	1:29.44 (30.82)	1:59.37 (29.93)			
7 Walters, Leah		Ventura	1:59.97		1:59.47	12
27.70	57.98 (30.28)	1:29.46 (31.48)	1:59.47 (30.01)			
8 Johnson, Rebecca		Solano	1:58.97		2:00.26	11
27.26	57.50 (30.24)	1:28.85 (31.35)	2:00.26 (31.41)			
9 Bean, Mallory		American River	1:59.28		2:00.61	9
27.38	57.44 (30.06)	1:28.66 (31.22)	2:00.61 (31.95)			
10 Cunion, Kerry		Sacramento	2:01.38		2:00.80	7
27.92	58.04 (30.12)	1:29.15 (31.11)	2:00.80 (31.65)			
11 Burke, Sarah		West Valley	2:03.72		2:01.04	6
28.14	58.76 (30.62)	1:29.99 (31.23)	2:01.04 (31.05)			
12 Azar, Katherine		Ventura	2:00.11		2:01.64	5
28.05	58.25 (30.20)	1:29.78 (31.53)	2:01.64 (31.86)			
13 Goodall, Emily		Ventura	2:02.92		2:01.66	4
28.45	59.39 (30.94)	1:30.84 (31.45)	2:01.66 (30.82)			
14 Johnson, Joelle		Pasadena	1:59.81		2:02.22	3
28.05	58.54 (30.49)	1:30.11 (31.57)	2:02.22 (32.11)			
15 Angstadt, Andrea		Golden West	2:01.74		2:02.59	2
28.30	59.47 (31.17)	1:31.34 (31.87)	2:02.59 (31.25)			
16 Coudright, Jessica		Solano	2:03.36		2:03.41	1
29.34	1:00.48 (31.14)	1:32.04 (31.56)	2:03.41 (31.37)			

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 17 Women 200 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
17 Cremidas, Sara		LA Pierce	2:04.56	2:09.97	
29.49	1:01.83 (32.34)	1:35.73 (33.90)	2:09.97 (34.24)		

Event 18 Men 200 Yard Freestyle

National: 1:37.56 ! 1993		Richard Bera		Foothill	
State: 1:37.56 * 1993		Richard Bera		Foothill	
Name	Age	School	Seed Time	Finals Time	Points
1 Garcia, Rob		Cerritos	1:42.39	1:39.99	20
23.64	48.44 (24.80)	1:14.22 (25.78)	1:39.99 (25.77)		
2 Wickham, Avery		Golden West	1:42.52	1:42.78	17
24.31	50.29 (25.98)	1:16.61 (26.32)	1:42.78 (26.17)		
3 O'Gorman, Cheyne		Ventura	1:44.33	1:42.83	16
23.44	49.38 (25.94)	1:15.52 (26.14)	1:42.83 (27.31)		
4 Hagans, Pete		Sierra	1:41.85	1:42.88	15
22.92	47.90 (24.98)	1:14.52 (26.62)	1:42.88 (28.36)		
5 Meyer, Chase		Golden West	1:44.21	1:43.08	14
24.14	50.11 (25.97)	1:16.42 (26.31)	1:43.08 (26.66)		
6 Dordoni, Nestor		Santa Monica	1:44.44	1:43.52	13
23.43	49.45 (26.02)	1:16.28 (26.83)	1:43.52 (27.24)		
7 Anderson, Tyler		Long Beach	1:44.22	1:43.87	12
24.55	50.70 (26.15)	1:17.09 (26.39)	1:43.87 (26.78)		
8 Melder, Eric I		Chabot	1:45.67	1:44.53	11
24.20	50.44 (26.24)	1:17.80 (27.36)	1:44.53 (26.73)		
9 Fenney, James		Palomar	1:45.08	1:44.99	9
23.83	50.03 (26.20)	1:17.42 (27.39)	1:44.99 (27.57)		
10 Frenn, Tyson		Solano	1:44.60	1:45.12	7
23.75	50.03 (26.28)	1:17.67 (27.64)	1:45.12 (27.45)		
11 Bradley, Kevin		Cuesta	1:45.08	1:46.87	6
24.18	50.62 (26.44)	1:18.33 (27.71)	1:46.87 (28.54)		
12 Peters, Mike		Santa Rosa	1:47.78	1:47.13	5
24.55	51.65 (27.10)	1:19.71 (28.06)	1:47.13 (27.42)		
13 Lopez, Roberto		SD Mesa	1:46.36	1:47.38	4
25.24	52.09 (26.85)	1:19.79 (27.70)	1:47.38 (27.59)		
14 Weaver, Charlie		Palomar	1:46.91	1:47.79	3
24.77	52.03 (27.26)	1:19.96 (27.93)	1:47.79 (27.83)		
15 McGowan, Jonathan		Diablo Valley	1:46.03	1:48.48	2
24.75	51.82 (27.07)	1:19.99 (28.17)	1:48.48 (28.49)		
16 Henneman, Greg		West Valley	1:48.66	1:48.55	1
24.78	52.14 (27.36)	1:20.61 (28.47)	1:48.55 (27.94)		
17 Wolfe, Steven		Orange Coast	1:47.89	1:51.27	
25.30	53.47 (28.17)	1:22.55 (29.08)	1:51.27 (28.72)		

Event 19 Women 50 Yard Breaststroke

National: 30.01 ! 1999		Lisa Andrade		Riverside	
State: 30.01 * 1999		Lisa Andrade		Riverside	
Name	Age	School	Seed Time	Finals Time	Points
1 Welker, Mallory		Santa Rosa	30.96	30.52	20
2 Pritchard, Erin		San Joaquin	31.37	31.14	17
3 Bender, Jessica		Chabot	31.22	31.24	16
4 Hall, Laura		Shasta	31.39	31.87	15
5 McCabe, Kelly		Diablo Valley	31.63	31.93	14

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 19 Women 50 Yard Breaststroke)

Name	Age	School	Seed Time	Finals Time	Points
6 Corry, Natalie		Golden West	31.73	32.30	13
7 Smith, Jessica		SD Mesa	32.32	32.47	12
8 Parrish, Katie		Fullerton	32.40	32.49	11
9 Nissen, Jessie		American River	32.84	32.79	8
9 Peterson, Kelsey		Ventura	32.96	32.79	8
11 Ross, Kristine		Long Beach	32.75	32.83	6
12 Frasca, Haley		SD Mesa	32.19	32.91	5
13 Newton, Christin		Santa Rosa	32.53	32.92	4
14 Carroll, Jessica		Sierra	32.62	33.16	3
15 Fernandez, Marisa		Sierra	32.68	33.17	2

Event 20 Men 100 Yard Breaststroke

National: 54.25 ! 1993		Seth Van Neerdan		Broward	
State: 55.53 * 1991		Wirmandt Sugriat		Foothill	
Name	Age	School	Seed Time	Finals Time	Points
1 Celinder, Kyle		Golden West	57.24	58.18	20
27.57	58.18 (30.61)				
2 Gromala, Eric		Santa Rosa	58.96	58.76	17
27.43	58.76 (31.33)				
3 Wong, Roger		Orange Coast	59.19	59.09	16
28.49	59.09 (30.60)				
4 Mitchell, Josh		Golden West	58.69	59.40	15
28.15	59.40 (31.25)				
5 Ferre, Sebastien		LA Pierce	59.02	59.60	14
27.89	59.60 (31.71)				
6 Southwick, Josh		Palomar	59.75	59.95	13
28.27	59.95 (31.68)				
7 Mikuni, Russell		Diablo Valley	1:01.24	1:00.14	12
28.48	1:00.14 (31.66)				
8 Lee, See Hao		Santa Monica	1:00.31	1:00.37	11
27.64	1:00.37 (32.73)				
9 Kuusk, Martin		Pasadena	1:01.58	1:01.48	9
29.26	1:01.48 (32.22)				
10 Goggans, Neal		De Anza	1:00.57	1:01.64	7
28.96	1:01.64 (32.68)				
11 Finfrock, Casey		Riverside	1:00.05	1:01.83	6
29.34	1:01.83 (32.49)				
12 Newman, Erik		Sierra	1:00.61	1:02.15	5
29.92	1:02.15 (32.23)				
13 Budnick, Matt		Golden West	1:02.77	1:02.61	4
29.28	1:02.61 (33.33)				
14 Jensen, Brett		Mt. Sac	1:01.64	1:02.67	3
29.91	1:02.67 (32.76)				
15 Ajioka, Cale		Santa Rosa	1:01.28	1:03.74	2
29.86	1:03.74 (33.88)				

Event 21 Women 50 Yard Backstroke

National: 26.08 ! 2003		Sherry Tsai		Orange Coast	
State: 26.08 * 2003		Sherry Tsai		Orange Coast	
Name	Age	School	Seed Time	Finals Time	Points
1 Peters, Samantha		SD Mesa	27.99	27.67	20

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 21 Women 50 Yard Backstroke)

	Name	Age	School	Seed Time	Finals Time	Points
2	Golden, Lauren		Santa Rosa	28.35	27.72	17
3	Ikehata, Mariko		Cabrillo	28.19	28.19	16
4	Rife, Rebekah		Sierra	28.78	28.56	15
5	Joslin, Marie		Santa Rosa	28.67	28.58	14
6	Hansen, Courtney		Diablo Valley	28.41	28.68	13
7	Versage, Sasha		Merced	28.85	28.84	12
8	Palmer, Lindsay		Mt. Sac	29.73	28.85	11
9	Kubli, Kaitlin		Sacramento	28.75	28.94	9
10	Barrus, Kaydi		Sacramento	29.17	29.19	7
11	Jackson, Leslie		American River	28.81	29.29	6
12	Tran, Denise		Santa Monica	29.17	29.37	5
13	Scott, Heather		West Valley	29.31	29.39	4
14	Johnson, Joelle		Pasadena	29.37	29.69	3

Event 22 Men 100 Yard Backstroke

National: 48.91 ! 1998		Felix Sutanto		Golden West		
State: 48.91 * 1998		Felix Sutanto		Golden West		
	Name	Age	School	Seed Time	Finals Time	Points
1	Hwang, Jason		Orange Coast	52.11	52.12	18.50
	25.32	52.12 (26.80)				
1	Isbell, Nate		Ventura	52.97	52.12	18.50
	25.77	52.12 (26.35)				
3	Hooten, William		Sierra	52.77	53.61	16
	25.81	53.61 (27.80)				
4	Zucchelli, Phillip		Santa Rosa	53.08	53.69	15
	25.82	53.69 (27.87)				
5	Meyer, Kevin		American River	53.82	53.94	14
	25.65	53.94 (28.29)				
6	Larsen, Trent		Foothill	55.46	54.52	13
	26.30	54.52 (28.22)				
7	Ungerer, Steven		Riverside	55.21	55.21	12
	26.97	55.21 (28.24)				
8	Pifer, Matt		El Camino	54.05	55.27	11
	27.07	55.27 (28.20)				
9	Likins, Zac		Riverside	55.82	55.31	9
	26.73	55.31 (28.58)				
10	Hirschman, Jeff		Mt. Sac	54.87	56.02	7
	27.02	56.02 (29.00)				
11	Wolfe, Steven		Orange Coast	56.03	56.06	6
	27.04	56.06 (29.02)				
12	Ferencz, Gerald		Pasadena	55.69	56.76	5
	27.56	56.76 (29.20)				
13	Chrisman, Erik		Golden West	56.84	59.77	4
	29.18	59.77 (30.59)				

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

Event 23 Women 800 Yard Freestyle Relay

National: 7:39.72 ! 2000 Golden West
State: 7:39.72 * 2000 Golden West

Team	Relay	Seed Time	Finals Time	Points
1 Santa Rosa	A	8:02.90	7:56.32	40
1) van Hemert, Heather	2) Golden, Lauren	3) Welker, Mallory	4) Peter, Meghan	
28.06	58.81 (58.81)	1:30.04 (1:30.04)	1:59.95 (1:59.95)	
2:26.31 (26.36)	2:56.09 (56.14)	3:27.45 (1:27.50)	3:58.20 (1:58.25)	
4:25.32 (27.12)	4:55.28 (57.08)	5:26.82 (1:28.62)	5:58.21 (2:00.01)	
6:24.35 (26.14)	6:54.33 (56.12)	7:25.67 (1:27.46)	7:56.32 (1:58.11)	
2 Sacramento	A	8:08.16	7:57.81	34
1) Haverstock, Amber	2) Cunion, Kerry	3) Kubli, Kaitlin	4) Kahn, Danielle	
28.27	58.55 (58.55)	1:28.84 (1:28.84)	1:59.55 (1:59.55)	
2:27.14 (27.59)	2:57.02 (57.47)	3:27.77 (1:28.22)	3:59.35 (1:59.80)	
4:26.98 (27.63)	4:57.59 (58.24)	5:28.60 (1:29.25)	5:58.75 (1:59.40)	
6:25.87 (27.12)	6:56.46 (57.71)	7:27.11 (1:28.36)	7:57.81 (1:59.06)	
3 Riverside	A	8:08.55	8:05.34	32
1) Cranmer, Megan	2) Noble, Tara	3) Morimoto, Reina	4) Griffitts, Jamie	
29.17	59.91 (59.91)	1:30.89 (1:30.89)	2:01.58 (2:01.58)	
2:29.75 (28.17)	3:00.72 (59.14)	3:32.66 (1:31.08)	4:03.89 (2:02.31)	
4:32.78 (28.89)	5:04.12 (1:00.23)	5:35.65 (1:31.76)	6:06.52 (2:02.63)	
6:34.20 (27.68)	7:04.07 (57.55)	7:34.60 (1:28.08)	8:05.34 (1:58.82)	
4 Ventura	A	8:07.25	8:07.04	30
1) Kufta-Christie, Lindsey	2) Azar, Katherine	3) Goodall, Emily	4) Walters, Leah	
28.11	58.76 (58.76)	1:30.40 (1:30.40)	2:01.66 (2:01.66)	
2:28.75 (27.09)	2:58.73 (57.07)	3:30.36 (1:28.70)	4:02.68 (2:01.02)	
4:30.06 (27.38)	5:00.41 (57.73)	5:32.43 (1:29.75)	6:04.82 (2:02.14)	
6:31.99 (27.17)	7:02.80 (57.98)	7:35.56 (1:30.74)	8:07.04 (2:02.22)	
5 Merced	A	8:10.65	8:07.61	28
1) Eisner, Brooke	2) Schuetz, Elise	3) Szmids, Heather	4) Versage, Sasha	
28.33	59.06 (59.06)	1:30.59 (1:30.59)	2:02.12 (2:02.12)	
2:30.22 (28.10)	3:01.26 (59.14)	3:33.98 (1:31.86)	4:06.54 (2:04.42)	
4:33.79 (27.25)	5:04.63 (58.09)	5:36.39 (1:29.85)	6:07.67 (2:01.13)	
6:34.47 (26.80)	7:04.81 (57.14)	7:36.43 (1:28.76)	8:07.61 (1:59.94)	
6 Orange Coast	A	8:16.78	8:08.52	26
1) Carroll, Crystal	2) Maxfield, Shannon	3) Doll, Kim	4) Natalizio, Sara	
28.69	59.39 (59.39)	1:31.18 (1:31.18)	2:02.94 (2:02.94)	
2:31.92 (28.98)	3:02.71 (59.77)	3:33.83 (1:30.89)	4:04.45 (2:01.51)	
4:32.16 (27.71)	5:02.68 (58.23)	5:35.06 (1:30.61)	6:07.94 (2:03.49)	
6:36.63 (28.69)	7:06.61 (58.67)	7:37.16 (1:29.22)	8:08.52 (2:00.58)	
7 Long Beach	A	8:15.86	8:09.26	24
1) Prine, Jackie	2) Arnold, Samantha	3) Cunningham, Alaina	4) Ross, Kristine	
28.52	58.78 (58.78)	1:30.53 (1:30.53)	2:01.04 (2:01.04)	
2:28.76 (27.72)	2:59.17 (58.13)	3:29.86 (1:28.82)	3:59.88 (1:58.84)	
4:28.08 (28.20)	4:59.92 (1:00.04)	5:32.45 (1:32.57)	6:05.54 (2:05.66)	
6:33.55 (28.01)	7:04.43 (58.89)	7:36.87 (1:31.33)	8:09.26 (2:03.72)	
8 Sierra	A	8:07.84	8:10.33	22
1) White, Stephanie	2) Rife, Rebekah	3) Rife, Rachel	4) Fernandez, Marisa	
28.16	58.80 (58.80)	1:29.87 (1:29.87)	2:00.13 (2:00.13)	
2:28.63 (28.50)	3:00.12 (59.99)	3:33.15 (1:33.02)	4:05.58 (2:05.45)	
4:32.65 (27.07)	5:03.94 (58.36)	5:36.86 (1:31.28)	6:10.72 (2:05.14)	
6:37.91 (27.19)	7:07.30 (56.58)	7:38.59 (1:27.87)	8:10.33 (1:59.61)	

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 23 Women 800 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
9 Golden West	A	8:18.56	8:13.02	18
1) Wessling, Janeece	2) Angstadt, Andrea	3) Brode, Martine	4) Degeneffe, Leanee	
28.45	58.91 (58.91)	1:30.40 (1:30.40)		
2:30.19 (27.52)	3:00.74 (58.07)	3:32.75 (1:30.08)		
4:33.34 (28.72)	5:06.41 (1:01.79)	5:39.04 (1:34.42)		
6:38.37 (28.48)	7:09.72 (59.83)	7:41.54 (1:31.65)		
10 American River	A	8:16.05	8:18.22	14
28.45	59.37 (59.37)	1:30.70 (1:30.70)		
2:31.16 (28.35)	3:02.98 (1:00.17)	3:36.60 (1:33.79)		
4:39.34 (27.99)	5:11.24 (59.89)	5:44.89 (1:33.54)		
6:44.57 (26.53)	7:14.37 (56.33)	7:45.79 (1:27.75)		
11 Diablo Valley	A	8:12.08	8:20.00	12
1) Palmer, Janelle	2) Nascimento, Amanda	3) Mackall, Karen	4) Hansen, Courtney	
27.93	58.59 (58.59)	1:31.88 (1:31.88)		
2:34.94 (28.33)	3:06.55 (59.94)	3:39.21 (1:32.60)		
4:38.42 (27.01)	5:09.29 (57.88)	5:43.52 (1:32.11)		
6:45.78 (26.46)	7:15.75 (56.43)	7:47.46 (1:28.14)		
12 Solano	A	8:16.36	8:23.61	10
1) Coudright, Jessica	2) O'Brien, Stepahnie	3) Lillard, Elizabeth	4) Johnson, Rebecca	
29.49	1:00.80 (1:00.80)	1:32.15 (1:32.15)		
2:32.14 (27.69)	3:04.23 (59.78)	3:38.36 (1:33.91)		
4:39.47 (27.84)	5:11.71 (1:00.08)	5:46.03 (1:34.40)		
6:47.64 (26.73)	7:18.58 (57.67)	7:51.01 (1:30.10)		

Event 24 Men 800 Yard Freestyle Relay

National: 6:39.52 ! 1998 **Indian River**
State: 6:46.65 * 1998 **Golden West**

Team	Relay	Seed Time	Finals Time	Points
1 Golden West	A	7:01.49	7:00.67	40
1) Wickham, Avery	2) Meyer, Chase	3) Grimm, Brent	4) Mitchell, Josh	
23.87	49.38 (49.38)	1:15.45 (1:15.45)		
2:06.83 (24.24)	2:33.42 (50.83)	2:59.97 (1:17.38)		
3:50.97 (23.99)	4:17.68 (50.70)	4:45.57 (1:18.59)		
5:39.54 (25.13)	6:06.13 (51.72)	6:33.07 (1:18.66)		
2 Ventura	A	7:08.46	7:06.23	34
1) Marin, Jesse	2) Oppenheimer, Sean	3) Isbell, Nate	4) O'Gorman, Cheyne	
24.38	51.41 (51.41)	1:19.99 (1:19.99)		
2:13.22 (24.15)	2:39.22 (50.15)	3:06.95 (1:17.88)		
3:58.86 (23.62)	4:25.37 (50.13)	4:54.01 (1:18.77)		
5:45.09 (22.10)	6:10.91 (47.92)	6:37.73 (1:14.74)		
3 Sierra	A	7:06.53	7:08.27	32
1) Hagans, Pete	2) Rondoni, Jared	3) Tikhonoff, John	4) Hooten, William	
24.93	52.00 (52.00)	1:19.65 (1:19.65)		
2:12.06 (25.05)	2:40.20 (53.19)	3:07.85 (1:20.84)		
3:59.73 (24.07)	4:28.25 (52.59)	4:57.53 (1:21.87)		
5:48.87 (23.64)	6:14.93 (49.70)	6:41.64 (1:16.41)		
4 Santa Monica	A	7:09.12	7:08.31	30
1) Volosin, Pat	2) Brady, Devin	3) Lee, See Hao	4) Dordoni, Nestor	
23.44	49.27 (49.27)	1:16.37 (1:16.37)		
2:08.95 (24.63)	2:36.03 (51.71)	3:04.65 (1:20.33)		
3:58.32 (24.71)	4:26.64 (53.03)	4:56.12 (1:22.51)		
5:48.29 (23.35)	6:15.16 (50.22)	6:42.23 (1:17.29)		

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 24 Men 800 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
5 Solano	A	7:14.45	7:12.91	28
1) DeSenna, Mario	2) Martin, Travis	3) Kerney, Brenden	4) Frenn, Tyson	
25.47	52.99 (52.99)	1:21.19 (1:21.19)	1:48.80 (1:48.80)	
2:13.03 (24.23)	2:40.74 (51.94)	3:08.88 (1:20.08)	3:38.70 (1:49.90)	
4:03.89 (25.19)	4:32.11 (53.41)	5:00.85 (1:22.15)	5:28.38 (1:49.68)	
5:51.80 (23.42)	6:18.08 (49.70)	6:45.70 (1:17.32)	7:12.91 (1:44.53)	
6 Santa Rosa	A	7:18.36	7:13.01	26
1) Peters, Mike	2) Tunzi, Greg	3) Buchan, Dave	4) Carranza, Travis	
23.73	50.88 (50.88)	1:20.16 (1:20.16)	1:49.47 (1:49.47)	
2:07.74 (18.27)	2:40.30 (50.83)	3:10.00 (1:20.53)	3:41.25 (1:51.78)	
4:05.53 (24.28)	4:32.05 (50.80)	5:00.16 (1:18.91)	5:29.04 (1:47.79)	
5:52.47 (23.43)	6:18.06 (49.02)	6:45.68 (1:16.64)	7:13.01 (1:43.97)	
7 Riverside	A	7:13.12	7:18.78	24
1) Holderman, Charlie	2) Zaragoza, Jorge	3) Upper, Ryan	4) Looy, Mike	
26.21	53.58 (53.58)	1:21.67 (1:21.67)	1:49.66 (1:49.66)	
2:14.12 (24.46)	2:41.80 (52.14)	3:11.33 (1:21.67)	3:42.20 (1:52.54)	
3:58.51 (16.31)	4:33.99 (51.79)	5:03.43 (1:21.23)	5:32.98 (1:50.78)	
5:56.50 (23.52)	6:22.97 (49.99)	6:50.99 (1:18.01)	7:18.78 (1:45.80)	
8 West Valley	A	7:21.34	7:19.94	22
1) Ulrich, Alex	2) Vignau, Stu	3) Moyles, Brandon	4) Henneman, Greg	
24.19	51.11 (51.11)	1:19.63 (1:19.63)	1:49.25 (1:49.25)	
2:13.97 (24.72)	2:41.95 (52.70)	3:10.90 (1:21.65)	3:40.87 (1:51.62)	
4:05.23 (24.36)	4:32.41 (51.54)	5:01.54 (1:20.67)	5:31.49 (1:50.62)	
5:55.38 (23.89)	6:23.01 (51.52)	6:51.58 (1:20.09)	7:19.94 (1:48.45)	
9 Orange Coast	A	7:16.99	7:20.19	18
1) Crowell, Drew	2) Wolfe, Steven	3) Chandler, Stuart	4) Nillsen, Sean	
25.41	52.28 (52.28)	1:20.13 (1:20.13)	1:48.12 (1:48.12)	
2:12.82 (24.70)	2:40.75 (52.63)	3:09.18 (1:21.06)	3:36.95 (1:48.83)	
4:01.87 (24.92)	4:28.50 (51.55)	4:57.23 (1:20.28)	5:27.10 (1:50.15)	
5:51.72 (24.62)	6:20.01 (52.91)	6:50.27 (1:23.17)	7:20.19 (1:53.09)	
10 Diablo Valley	A	7:10.84	7:21.49	14
1) Yang, Chris	2) Deatsch, K.C.	3) Bernard, Phil	4) McGowan, Jonathan	
25.15	52.79 (52.79)	1:21.63 (1:21.63)	1:50.97 (1:50.97)	
2:14.73 (23.76)	2:42.54 (51.57)	3:11.58 (1:20.61)	3:41.73 (1:50.76)	
4:06.40 (24.67)	4:34.16 (52.43)	5:02.71 (1:20.98)	5:32.24 (1:50.51)	
5:56.23 (23.99)	6:24.40 (52.16)	6:53.12 (1:20.88)	7:21.49 (1:49.25)	
11 Palomar	A	7:09.56	7:29.67	12
1) Jensen, .	2) Zavodny, Max	3) Bixler, Thomas	4) Weaver, Charlie	
24.81	52.96 (52.96)	1:22.46 (1:22.46)	1:52.24 (1:52.24)	
2:18.41 (26.17)	2:47.27 (55.03)	3:16.83 (1:24.59)	3:46.31 (1:54.07)	
4:11.43 (25.12)	4:39.44 (53.13)	5:08.77 (1:22.46)	5:38.85 (1:52.54)	
6:03.38 (24.53)	6:30.70 (51.85)	6:59.78 (1:20.93)	7:29.67 (1:50.82)	
12 American River	A	7:33.13	7:31.88	10
1) Leach, Kent	2) Meyer, Kevin	3) Ramirez, James	4) Sheldon, Chase	
25.45	53.05 (53.05)	1:21.63 (1:21.63)	1:49.47 (1:49.47)	
2:15.33 (25.86)	2:44.27 (54.80)	3:13.74 (1:24.27)	3:44.40 (1:54.93)	
4:08.33 (23.93)	4:35.38 (50.98)	5:05.22 (1:20.82)	5:35.28 (1:50.88)	
6:01.66 (26.38)	6:30.67 (55.39)	7:01.19 (1:25.91)	7:31.88 (1:56.60)	

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

Event 25 Women 3 mtr Diving

National: 501.25 ! 1990
State: 501.25 * 1990

Kim Stansfield
Kim Stansfield

Orange Coast
Orange Coast

Name	Age	School	Finals Score	Points
1 Gibson, Alyssa		Saddleback	426.25	20
2 Tyrrell, Miranda		Riverside	371.95	17
3 Gonzalez, Jennifer		SD Mesa	343.85	16
4 Rose, Jeannie L		Sequoias	337.95	15
5 Waters, Erin		Shasta	332.75	14
6 Bowdler, Kristie		Grossmont	327.95	13
7 Long, Brittany		Cabrillo	316.20	12
8 Peek, Nikki		Fullerton	287.10	11
9 Kahler, Shannon		Grossmont	284.00	9
10 Brown, Lisa		Santa Rosa	264.35	7
11 Andersen, Randi		American River	198.95	6
--- Richman, Amanda		Santa Rosa	NT	DQ

Event 26 Men 1 mtr Diving

National: 528.10 ! 1990
State: 489.60 * 1987

Dario DeFazio
Larry Brandt

Miami Dade
West Valley

Name	Age	School	Finals Score	Points
1 Clark, Sean		Cuesta	418.50	20
2 Hanson, James		Cuesta	373.60	17
3 Perkins, James		El Camino	361.80	16
4 Irwin, Nolan		Santa Rosa	344.95	15
5 Lines, BJ		Grossmont	337.70	14
6 Roach, Joseph		Saddleback	321.65	13
7 Wood, Chris		Riverside	315.35	12
8 Padilla, Christian		Diablo Valley	291.90	11
9 McGee, Josh		Cabrillo	263.20	9
10 Pang, Rusty		Solano	253.80	7
11 Ivey, Max		Santa Rosa	229.30	6
12 Padilla, Javier		Diablo Valley	195.45	5

Event 27 Women 1650 Yard Freestyle

National: 16:55.48 ! 1986
State: 17:15.69 * 2001

Pam Smith
Micha Burden

Brevard
Golden West

Name	Age	School	Seed Time	Finals Time	Points
1 Cremidas, Sara		LA Pierce	18:24.12	18:16.55	20
	29.32	1:00.25 (30.93)	1:32.26 (32.01)	2:04.66 (32.40)	
	2:37.51 (32.85)	3:10.22 (32.71)	3:43.02 (32.80)	4:16.06 (33.04)	
	4:49.79 (33.73)	5:23.34 (33.55)	5:56.75 (33.41)	6:30.46 (33.71)	
	7:04.05 (33.59)	7:37.81 (33.76)	8:11.43 (33.62)	8:45.56 (34.13)	
	9:19.91 (34.35)	9:53.79 (33.88)	10:27.22 (33.43)	11:01.00 (33.78)	
	11:34.82 (33.82)	12:08.62 (33.80)	12:41.74 (33.12)	13:15.10 (33.36)	
	13:49.14 (34.04)	14:22.54 (33.40)	14:56.20 (33.66)	15:29.64 (33.44)	
	16:03.43 (33.79)	16:36.73 (33.30)	17:10.31 (33.58)	17:43.51 (33.20)	18:16.55 (33.04)

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 27 Women 1650 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
2 Reed, Jen		Palomar	18:16.30	18:24.02	17
29.83	1:01.52 (31.69)	1:33.97 (32.45)	2:06.57 (32.60)		
2:39.47 (32.90)	3:12.30 (32.83)	3:45.26 (32.96)	4:18.29 (33.03)		
4:51.38 (33.09)	5:24.30 (32.92)	5:57.06 (32.76)	6:29.94 (32.88)		
7:03.24 (33.30)	7:36.71 (33.47)	8:10.45 (33.74)	8:44.19 (33.74)		
9:17.65 (33.46)	9:51.55 (33.90)	10:25.46 (33.91)	10:59.37 (33.91)		
11:33.35 (33.98)	12:08.21 (34.86)	12:42.52 (34.31)	13:17.07 (34.55)		
13:51.68 (34.61)	14:26.21 (34.53)	15:00.49 (34.28)	15:34.35 (33.86)		
16:07.97 (33.62)	16:41.82 (33.85)	17:15.85 (34.03)	17:50.26 (34.41)	18:24.02 (33.76)	
3 Haverstock, Amber		Sacramento	18:48.81	18:25.32	16
29.35	1:02.26 (32.91)	1:35.76 (33.50)	2:09.58 (33.82)		
2:43.65 (34.07)	3:17.51 (33.86)	3:51.58 (34.07)	4:25.61 (34.03)		
4:59.52 (33.91)	5:33.31 (33.79)	6:06.90 (33.59)	6:40.40 (33.50)		
7:13.89 (33.49)	7:47.19 (33.30)	8:20.92 (33.73)	8:54.54 (33.62)		
9:28.27 (33.73)	10:01.90 (33.63)	10:36.00 (34.10)	11:09.63 (33.63)		
11:43.72 (34.09)	12:17.45 (33.73)	12:51.12 (33.67)	13:25.04 (33.92)		
13:58.52 (33.48)	14:32.20 (33.68)	15:06.18 (33.98)	15:39.65 (33.47)		
16:13.03 (33.38)	16:46.93 (33.90)	17:20.64 (33.71)	17:53.66 (33.02)	18:25.32 (31.66)	
4 Walters, Leah		Ventura	19:08.32	18:27.33	15
28.93	1:00.83 (31.90)	1:33.68 (32.85)	2:07.14 (33.46)		
2:40.32 (33.18)	3:13.90 (33.58)	3:47.74 (33.84)	4:21.45 (33.71)		
4:55.55 (34.10)	5:30.10 (34.55)	6:04.24 (34.14)	6:38.13 (33.89)		
7:12.27 (34.14)	7:46.06 (33.79)	8:20.15 (34.09)	8:54.08 (33.93)		
9:28.18 (34.10)	10:01.97 (33.79)	10:36.14 (34.17)	11:10.60 (34.46)		
11:44.78 (34.18)	12:19.16 (34.38)	12:53.18 (34.02)	13:26.90 (33.72)		
14:00.89 (33.99)	14:34.90 (34.01)	15:08.78 (33.88)	15:42.40 (33.62)		
16:16.13 (33.73)	16:49.54 (33.41)	17:23.14 (33.60)	17:56.78 (33.64)	18:27.33 (30.55)	
5 Dejonckhere, Amy		Riverside	18:34.09	18:28.56	14
32.14	1:06.02 (33.88)	1:39.76 (33.74)	2:13.35 (33.59)		
2:46.97 (33.62)	3:20.78 (33.81)	3:54.53 (33.75)	4:27.95 (33.42)		
5:01.61 (33.66)	5:35.53 (33.92)	6:09.22 (33.69)	6:42.86 (33.64)		
7:16.21 (33.35)	7:49.80 (33.59)	8:23.28 (33.48)	8:56.78 (33.50)		
9:30.46 (33.68)	10:04.17 (33.71)	10:37.99 (33.82)	11:11.85 (33.86)		
11:45.90 (34.05)	12:19.67 (33.77)	12:53.20 (33.53)	13:27.05 (33.85)		
14:00.61 (33.56)	14:34.28 (33.67)	15:07.84 (33.56)	15:41.34 (33.50)		
16:15.18 (33.84)	16:48.92 (33.74)	17:22.40 (33.48)	17:56.16 (33.76)	18:28.56 (32.40)	
6 Maxfield, Shannon		Orange Coast	18:31.27	18:35.48	13
32.64	1:05.73 (33.09)	1:39.19 (33.46)	2:12.75 (33.56)		
2:46.27 (33.52)	3:20.45 (34.18)	3:54.32 (33.87)	4:27.88 (33.56)		
5:01.75 (33.87)	5:35.70 (33.95)	6:09.00 (33.30)	6:42.13 (33.13)		
7:15.47 (33.34)	7:48.87 (33.40)	8:22.19 (33.32)	8:55.81 (33.62)		
9:29.68 (33.87)	10:03.71 (34.03)	10:37.92 (34.21)	11:12.13 (34.21)		
11:46.48 (34.35)	12:20.83 (34.35)	12:54.93 (34.10)	13:28.97 (34.04)		
14:03.16 (34.19)	14:37.27 (34.11)	15:11.54 (34.27)	15:45.62 (34.08)		
16:19.66 (34.04)	16:53.88 (34.22)	17:28.16 (34.28)	18:02.25 (34.09)	18:35.48 (33.23)	

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 27 Women 1650 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
7 Angstadt, Andrea		Golden West	18:31.75	18:41.57	12
29.84	1:01.97 (32.13)	1:35.31 (33.34)	2:09.49 (34.18)		
2:43.62 (34.13)	3:17.85 (34.23)	3:52.09 (34.24)	4:26.35 (34.26)		
5:00.61 (34.26)	5:34.78 (34.17)	6:09.26 (34.48)	6:43.26 (34.00)		
7:17.34 (34.08)	7:52.01 (34.67)	8:25.93 (33.92)	9:00.85 (34.92)		
9:34.51 (33.66)	10:08.54 (34.03)	10:42.60 (34.06)	11:16.30 (33.70)		
11:50.42 (34.12)	12:24.78 (34.36)	12:59.03 (34.25)	13:33.12 (34.09)		
14:07.75 (34.63)	14:42.19 (34.44)	15:16.58 (34.39)	15:51.21 (34.63)		
16:26.38 (35.17)	17:00.84 (34.46)	17:35.31 (34.47)	18:09.34 (34.03)	18:41.57 (32.23)	
8 Coudright, Jessica		Solano	19:04.67	18:55.18	11
30.80	1:04.44 (33.64)	1:38.15 (33.71)	2:12.70 (34.55)		
2:47.27 (34.57)	3:21.62 (34.35)	3:56.17 (34.55)	4:31.03 (34.86)		
5:05.43 (34.40)	5:40.18 (34.75)	6:14.39 (34.21)	6:49.27 (34.88)		
7:24.28 (35.01)	7:59.66 (35.38)	8:34.07 (34.41)	9:08.62 (34.55)		
9:43.49 (34.87)	10:18.01 (34.52)	10:53.12 (35.11)	11:28.14 (35.02)		
12:03.00 (34.86)	12:37.43 (34.43)	13:12.04 (34.61)	13:46.81 (34.77)		
14:21.42 (34.61)	14:56.14 (34.72)	15:30.75 (34.61)	16:05.13 (34.38)		
16:39.55 (34.42)	17:12.73 (33.18)	17:46.94 (34.21)	18:21.60 (34.66)	18:55.18 (33.58)	
9 Arnold, Samantha		Long Beach	19:00.78	18:57.30	9
31.09	1:04.98 (33.89)	1:39.46 (34.48)	2:13.39 (33.93)		
2:48.16 (34.77)	3:22.83 (34.67)	3:56.85 (34.02)	4:31.66 (34.81)		
5:05.67 (34.01)	5:40.03 (34.36)	6:14.64 (34.61)	6:49.35 (34.71)		
7:23.87 (34.52)	7:58.67 (34.80)	8:33.28 (34.61)	9:07.91 (34.63)		
9:42.49 (34.58)	10:17.11 (34.62)	10:51.98 (34.87)	11:27.49 (35.51)		
12:01.85 (34.36)	12:36.80 (34.95)	13:11.55 (34.75)	13:46.73 (35.18)		
14:21.50 (34.77)	14:56.55 (35.05)	15:31.05 (34.50)	16:05.92 (34.87)		
16:40.51 (34.59)	17:15.23 (34.72)	17:49.79 (34.56)	18:24.29 (34.50)	18:57.30 (33.01)	
10 Szmidt, Heather		Merced	18:40.28	18:57.71	7
31.02	1:04.56 (33.54)	1:37.78 (33.22)	2:11.31 (33.53)		
2:44.95 (33.64)	3:18.67 (33.72)	3:52.60 (33.93)	4:26.77 (34.17)		
5:00.92 (34.15)	5:35.15 (34.23)	6:09.26 (34.11)	6:43.28 (34.02)		
7:17.68 (34.40)	7:51.98 (34.30)	8:26.26 (34.28)	9:01.03 (34.77)		
9:35.67 (34.64)	10:10.45 (34.78)	10:45.76 (35.31)	11:20.95 (35.19)		
11:56.01 (35.06)	12:31.61 (35.60)	13:07.13 (35.52)	13:42.52 (35.39)		
14:17.98 (35.46)	14:53.63 (35.65)	15:28.92 (35.29)	16:04.54 (35.62)		
16:39.89 (35.35)	17:14.79 (34.90)	17:49.76 (34.97)	18:24.33 (34.57)	18:57.71 (33.38)	
11 Goodall, Emily		Ventura	19:02.16	19:03.09	6
29.90	1:02.51 (32.61)	1:35.40 (32.89)	2:08.90 (33.50)		
2:42.49 (33.59)	3:16.44 (33.95)	3:49.93 (33.49)	4:24.08 (34.15)		
4:58.30 (34.22)	5:32.54 (34.24)	6:07.36 (34.82)	6:42.26 (34.90)		
7:17.31 (35.05)	7:52.61 (35.30)	8:27.88 (35.27)	9:03.15 (35.27)		
9:38.46 (35.31)	10:14.05 (35.59)	10:49.74 (35.69)	11:25.18 (35.44)		
12:00.95 (35.77)	12:36.51 (35.56)	13:12.31 (35.80)	13:47.72 (35.41)		
14:22.78 (35.06)	14:58.84 (36.06)	15:34.62 (35.78)	16:09.94 (35.32)		
16:45.07 (35.13)	17:19.77 (34.70)	17:55.51 (35.74)	18:29.76 (34.25)	19:03.09 (33.33)	

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 27 Women 1650 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
12 Ross, Nicki		Mt. Sac	19:01.08	19:10.90	5
30.68	1:03.91 (33.23)	1:38.32 (34.41)	2:12.76 (34.44)		
2:47.44 (34.68)	3:22.39 (34.95)	3:57.40 (35.01)	4:32.16 (34.76)		
5:07.14 (34.98)	5:42.43 (35.29)	6:17.49 (35.06)	6:52.59 (35.10)		
7:28.02 (35.43)	8:03.45 (35.43)	8:38.91 (35.46)	9:14.43 (35.52)		
9:49.55 (35.12)	10:24.59 (35.04)	11:00.12 (35.53)	11:35.85 (35.73)		
12:11.22 (35.37)	12:46.28 (35.06)	13:21.37 (35.09)	13:56.57 (35.20)		
14:31.61 (35.04)	15:06.79 (35.18)	15:41.38 (34.59)	16:16.37 (34.99)		
16:51.81 (35.44)	17:27.10 (35.29)	18:02.47 (35.37)	18:37.75 (35.28)	19:10.90 (33.15)	

Event 28 Men 1650 Yard Freestyle**National: 15:06.09 ! 1992****Jack Taylor****Indian River****State: 15:22.62 * 1980****Bill Babashoff****Golden West**

Name	Age	School	Seed Time	Finals Time	Points
1 Carranza, Travis		Santa Rosa	16:14.64	16:11.21	20
26.23	54.55 (28.32)	1:23.49 (28.94)	1:52.71 (29.22)		
2:22.00 (29.29)	2:51.38 (29.38)	3:20.50 (29.12)	3:49.66 (29.16)		
4:18.92 (29.26)	4:48.11 (29.19)	5:17.43 (29.32)	5:46.70 (29.27)		
6:15.89 (29.19)	6:45.22 (29.33)	7:14.56 (29.34)	7:44.44 (29.88)		
8:14.46 (30.02)	8:44.74 (30.28)	9:14.79 (30.05)	9:44.80 (30.01)		
10:14.69 (29.89)	10:44.55 (29.86)	11:14.43 (29.88)	11:44.29 (29.86)		
12:14.19 (29.90)	12:43.92 (29.73)	13:13.73 (29.81)	13:43.61 (29.88)		
14:13.51 (29.90)	14:43.17 (29.66)	15:12.66 (29.49)	15:42.86 (30.20)	16:11.21 (28.35)	
2 Wickham, Avery		Golden West	16:28.09	16:13.04	17
26.28	54.59 (28.31)	1:23.55 (28.96)	1:52.89 (29.34)		
2:22.13 (29.24)	2:51.77 (29.64)	3:21.42 (29.65)	3:50.84 (29.42)		
4:20.66 (29.82)	4:50.79 (30.13)	5:20.70 (29.91)	5:50.72 (30.02)		
6:20.88 (30.16)	6:50.44 (29.56)	7:20.29 (29.85)	7:50.21 (29.92)		
8:20.24 (30.03)	8:50.52 (30.28)	9:19.77 (29.25)	9:49.06 (29.29)		
10:18.54 (29.48)	10:49.03 (30.49)	11:19.52 (30.49)	11:49.92 (30.40)		
12:19.23 (29.31)	12:48.69 (29.46)	13:18.79 (30.10)	13:49.21 (30.42)		
14:18.21 (29.00)	14:48.05 (29.84)	15:17.49 (29.44)	15:46.14 (28.65)	16:13.04 (26.90)	
3 Melder, Eric I		Chabot	16:50.84	16:27.57	16
26.64	56.15 (29.51)	1:25.90 (29.75)	1:56.26 (30.36)		
2:26.42 (30.16)	2:56.90 (30.48)	3:27.25 (30.35)	3:57.70 (30.45)		
4:27.95 (30.25)	4:58.50 (30.55)	5:29.11 (30.61)	5:59.46 (30.35)		
6:29.99 (30.53)	7:00.57 (30.58)	7:30.98 (30.41)	8:01.69 (30.71)		
8:31.93 (30.24)	9:02.43 (30.50)	9:32.52 (30.09)	10:02.66 (30.14)		
10:32.55 (29.89)	11:02.53 (29.98)	11:32.45 (29.92)	12:02.29 (29.84)		
12:31.91 (29.62)	13:01.70 (29.79)	13:31.63 (29.93)	14:01.58 (29.95)		
14:31.01 (29.43)	15:00.62 (29.61)	15:30.44 (29.82)	15:59.62 (29.18)	16:27.57 (27.95)	
4 DeSenna, Mario		Solano	16:57.63	16:38.56	15
27.12	56.48 (29.36)	1:26.47 (29.99)	1:56.64 (30.17)		
2:26.78 (30.14)	2:56.91 (30.13)	3:27.19 (30.28)	3:57.68 (30.49)		
4:28.04 (30.36)	4:58.47 (30.43)	5:28.95 (30.48)	5:59.28 (30.33)		
6:29.62 (30.34)	7:00.14 (30.52)	7:30.91 (30.77)	8:01.55 (30.64)		
8:32.06 (30.51)	9:02.46 (30.40)	9:32.92 (30.46)	10:03.21 (30.29)		
10:33.51 (30.30)	11:03.77 (30.26)	11:34.12 (30.35)	12:04.46 (30.34)		
12:34.84 (30.38)	13:05.40 (30.56)	13:35.80 (30.40)	14:06.47 (30.67)		
14:37.11 (30.64)	15:07.77 (30.66)	15:38.32 (30.55)	16:08.70 (30.38)	16:38.56 (29.86)	

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 28 Men 1650 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
5 Schrader, Andrew		Merced	17:05.33	16:39.58	14
27.90	58.25 (30.35)	1:28.78 (30.53)	1:59.56 (30.78)		
2:30.21 (30.65)	3:00.89 (30.68)	3:31.38 (30.49)	4:02.15 (30.77)		
4:33.01 (30.86)	5:03.64 (30.63)	5:34.46 (30.82)	6:05.09 (30.63)		
6:35.73 (30.64)	7:06.19 (30.46)	7:36.70 (30.51)	8:06.78 (30.08)		
8:37.02 (30.24)	9:07.40 (30.38)	9:37.71 (30.31)	10:08.07 (30.36)		
10:38.44 (30.37)	11:08.69 (30.25)	11:38.98 (30.29)	12:09.14 (30.16)		
12:39.30 (30.16)	13:09.51 (30.21)	13:40.00 (30.49)	14:10.35 (30.35)		
14:40.90 (30.55)	15:11.28 (30.38)	15:41.72 (30.44)	16:11.41 (29.69)	16:39.58 (28.17)	
6 Anderson, Tyler		Long Beach	17:00.92	16:39.61	13
28.48	58.69 (30.21)	1:29.72 (31.03)	2:00.58 (30.86)		
2:30.89 (30.31)	3:00.76 (29.87)	3:31.48 (30.72)	4:02.55 (31.07)		
4:33.21 (30.66)	5:03.87 (30.66)	5:34.51 (30.64)	6:05.43 (30.92)		
6:35.82 (30.39)	7:06.10 (30.28)	7:36.54 (30.44)	8:07.12 (30.58)		
8:37.46 (30.34)	9:07.95 (30.49)	9:38.27 (30.32)	10:08.29 (30.02)		
10:38.35 (30.06)	11:08.73 (30.38)	11:38.67 (29.94)	12:08.72 (30.05)		
12:38.92 (30.20)	13:09.12 (30.20)	13:39.34 (30.22)	14:09.84 (30.50)		
14:40.46 (30.62)	15:10.70 (30.24)	15:41.00 (30.30)	16:11.04 (30.04)	16:39.61 (28.57)	
7 Henning, Tanner		Cabrillo	16:57.88	16:45.82	12
26.97	56.48 (29.51)	1:26.65 (30.17)	1:57.04 (30.39)		
2:27.14 (30.10)	2:57.48 (30.34)	3:27.77 (30.29)	3:58.09 (30.32)		
4:28.49 (30.40)	4:59.04 (30.55)	5:29.28 (30.24)	5:59.48 (30.20)		
6:30.01 (30.53)	7:00.63 (30.62)	7:31.35 (30.72)	8:01.92 (30.57)		
8:32.58 (30.66)	9:03.70 (31.12)	9:34.60 (30.90)	10:05.43 (30.83)		
10:36.37 (30.94)	11:07.50 (31.13)	11:38.92 (31.42)	12:09.71 (30.79)		
12:41.19 (31.48)	13:11.93 (30.74)	13:43.16 (31.23)	14:13.64 (30.48)		
14:44.53 (30.89)	15:15.03 (30.50)	15:45.91 (30.88)	16:16.44 (30.53)	16:45.82 (29.38)	
8 Sheldon, Chase		American River	16:58.27	16:47.17	11
27.71	57.28 (29.57)	1:27.54 (30.26)	1:57.97 (30.43)		
2:28.83 (30.86)	2:59.78 (30.95)	3:30.90 (31.12)	4:01.96 (31.06)		
4:32.93 (30.97)	5:03.80 (30.87)	5:34.64 (30.84)	6:05.33 (30.69)		
6:36.27 (30.94)	7:06.44 (30.17)	7:36.83 (30.39)	8:07.48 (30.65)		
8:37.90 (30.42)	9:08.55 (30.65)	9:38.83 (30.28)	10:09.13 (30.30)		
10:39.68 (30.55)	11:09.99 (30.31)	11:40.76 (30.77)	12:11.58 (30.82)		
12:41.98 (30.40)	13:12.60 (30.62)	13:43.33 (30.73)	14:14.28 (30.95)		
14:45.74 (31.46)	15:16.71 (30.97)	15:47.26 (30.55)	16:17.73 (30.47)	16:47.17 (29.44)	
9 Hurst, Clayton		LA Pierce	16:52.48	16:51.53	9
27.85	57.34 (29.49)	1:27.48 (30.14)	1:57.83 (30.35)		
2:28.34 (30.51)	2:59.00 (30.66)	3:29.61 (30.61)	4:00.40 (30.79)		
4:31.25 (30.85)	5:02.04 (30.79)	5:32.93 (30.89)	6:03.75 (30.82)		
6:34.54 (30.79)	7:05.40 (30.86)	7:36.36 (30.96)	8:07.27 (30.91)		
8:38.12 (30.85)	9:08.94 (30.82)	9:39.88 (30.94)	10:10.88 (31.00)		
10:41.95 (31.07)	11:12.87 (30.92)	11:44.03 (31.16)	12:14.91 (30.88)		
12:45.90 (30.99)	13:17.03 (31.13)	13:48.19 (31.16)	14:19.33 (31.14)		
14:50.54 (31.21)	15:21.37 (30.83)	15:52.59 (31.22)	16:23.05 (30.46)	16:51.53 (28.48)	

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 28 Men 1650 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
10 Lopez, Roberto		SD Mesa	17:03.87	16:56.66	7
28.25	58.43 (30.18)	1:28.76 (30.33)	1:59.54 (30.78)		
2:30.45 (30.91)	3:01.35 (30.90)	3:31.96 (30.61)	4:03.15 (31.19)		
4:33.84 (30.69)	5:04.51 (30.67)	5:35.41 (30.90)	6:06.27 (30.86)		
6:37.12 (30.85)	7:08.11 (30.99)	7:39.11 (31.00)	8:10.29 (31.18)		
8:41.20 (30.91)	9:12.47 (31.27)	9:43.84 (31.37)	10:15.29 (31.45)		
10:46.54 (31.25)	11:17.16 (30.62)	11:47.73 (30.57)	12:18.30 (30.57)		
12:48.98 (30.68)	13:20.56 (31.58)	13:51.62 (31.06)	14:23.04 (31.42)		
14:54.17 (31.13)	15:25.56 (31.39)	15:57.15 (31.59)	16:27.98 (30.83)	16:56.66 (28.68)	
11 Kerney, Brenden		Solano	16:58.28	16:58.30	6
27.87	57.74 (29.87)	1:28.06 (30.32)	1:58.76 (30.70)		
2:29.69 (30.93)	3:00.30 (30.61)	3:31.03 (30.73)	4:02.15 (31.12)		
4:33.15 (31.00)	5:03.79 (30.64)	5:34.25 (30.46)	6:05.54 (31.29)		
6:37.00 (31.46)	7:07.88 (30.88)	7:38.55 (30.67)	8:09.64 (31.09)		
8:40.75 (31.11)	9:12.00 (31.25)	9:43.41 (31.41)	10:14.68 (31.27)		
10:46.54 (31.86)	11:17.63 (31.09)	11:48.81 (31.18)	12:20.17 (31.36)		
12:51.38 (31.21)	13:22.82 (31.44)	13:53.55 (30.73)	14:25.29 (31.74)		
14:56.47 (31.18)	15:28.24 (31.77)	15:59.31 (31.07)	16:29.50 (30.19)	16:58.30 (28.80)	
12 McConnell, Nick		Golden West	17:02.47	16:59.50	5
28.25	58.38 (30.13)	1:29.46 (31.08)	2:00.11 (30.65)		
2:30.91 (30.80)	3:01.66 (30.75)	3:32.69 (31.03)	4:03.26 (30.57)		
4:34.05 (30.79)	5:05.20 (31.15)	5:35.94 (30.74)	6:06.47 (30.53)		
6:37.27 (30.80)	7:08.19 (30.92)	7:39.38 (31.19)	8:10.47 (31.09)		
8:41.83 (31.36)	9:13.15 (31.32)	9:44.41 (31.26)	10:15.55 (31.14)		
10:46.69 (31.14)	11:17.78 (31.09)	11:49.05 (31.27)	12:20.66 (31.61)		
12:51.94 (31.28)	13:23.02 (31.08)	13:54.65 (31.63)	14:26.13 (31.48)		
14:57.61 (31.48)	15:29.45 (31.84)	16:00.92 (31.47)	16:31.35 (30.43)	16:59.50 (28.15)	

Event 29 Women 200 Yard Medley Relay

National: 1:45.36 ! 1999 Indian River
State: 1:49.26 * 2003 Orange Coast

Team	Relay	Seed Time	Finals Time	Points
1 Santa Rosa	A	1:50.78	1:50.17	40
1) Joslin, Marie	2) Welker, Mallory	3) Poljak, Ksenija	4) van Hemert, Heather	
28.57	58.76 (30.19)	1:25.51 (26.75)	1:50.17 (24.66)	
2 Diablo Valley	A	1:51.67	1:51.93	34
1) Hansen, Courtney	2) McCabe, Kelly	3) Nascimento, Amanda	4) Pantle, Haley	
29.39	1:00.58 (31.19)	1:27.07 (26.49)	1:51.93 (24.86)	
3 Sierra	A	1:53.64	1:53.48	32
1) Rife, Rachel	2) Fernandez, Marisa	3) Rife, Rebekah	4) Carroll, Jessica	
29.20	1:01.47 (32.27)	1:28.36 (26.89)	1:53.48 (25.12)	
4 Merced	A	1:52.02	1:53.49	30
1) Versage, Sasha	2) Szmids, Heather	3) Eisner, Brooke	4) Schuetz, Elise	
28.98	1:00.19 (31.21)	1:28.06 (27.87)	1:53.49 (25.43)	
5 Golden West	A	1:53.42	1:53.78	28
1) Pantuso, Kristina	2) Corry, Natalie	3) Degeneffe, Leanne	4) Brode, Martine	
29.83	1:01.39 (31.56)	1:28.48 (27.09)	1:53.78 (25.30)	
6 Santa Monica	A	1:55.24	1:54.33	26
1) Tran, Denise	2) Halloran, Michelle	3) Mak, Shirley	4) Ward, Jen	
29.30	1:02.44 (33.14)	1:29.71 (27.27)	1:54.33 (24.62)	
7 Chabot	A	1:53.70	1:54.36	24
1) Martinez, Crystal	2) Wede, Audrey	3) Bender, Jessica	4) Thoni, Kelly	
30.87	1:01.87 (31.00)	1:28.82 (26.95)	1:54.36 (25.54)	

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 29 Women 200 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time	Points
8 American River	A	1:55.00	1:54.89	20
1) Jackson, Leslie	2) Nissen, Jessie	3) DuBray, Sera	4) Bean, Mallory	
29.35	1:02.13 (32.78) 1:30.01 (27.88)	1:54.89 (24.88)		
8 Fullerton	A	1:54.59	1:54.89	20
1) Galaz, Natalie	2) Parrish, Katie	3) Flores, Paulette	4) Pratt, Kristine	
28.74	1:00.84 (32.10) 1:29.15 (28.31)	1:54.89 (25.74)		
10 Long Beach	A	1:55.83	1:55.95	14
1) Lloyd, Lauren	2) Ross, Kristine	3) Cunningham, Alaina	4) Prine, Jackie	
29.85	1:02.47 (32.62) 1:30.71 (28.24)	1:55.95 (25.24)		
11 Sacramento	A	1:55.64	1:56.23	12
1) Kahn, Danielle	2) Haverstock, Amber	3) Houser, Lindi	4) Kubli, Kaitlin	
28.71	1:02.40 (33.69) 1:30.64 (28.24)	1:56.23 (25.59)		
12 Ventura	A	1:57.47	1:56.48	10
1) Kufta-Christie, Lindsey	2) Peterson, Kelsey	3) Paradowski, Marianne	4) Azar, Katherine	
29.76	1:02.37 (32.61) 1:31.36 (28.99)	1:56.48 (25.12)		
13 Riverside	A	1:57.99	1:57.16	8
1) Cranmer, Megan	2) Noble, Tara	3) Griffiths, Jamie	4) Robles, Megan	
30.38	1:03.87 (33.49) 1:31.89 (28.02)	1:57.16 (25.27)		
14 Orange Coast	A	1:55.02	2:00.43	6
1) Kane, Brittany	2) Harvey, Erin	3) Carroll, Crystal	4) Doll, Kim	
30.66	1:03.76 (33.10) 1:34.32 (30.56)	2:00.43 (26.11)		
--- Foothill	A	1:57.14	DQ	
1) Aguiniga, Amy	2) MacDonell, Jen	3) Vilcsek, Becky	4) Desmond, Alexandra	
30.02	1:02.97 (32.95) 1:29.79 (26.82)	DQ (25.63)		

Event 30 Men 200 Yard Medley Relay

National: 1:30.46 ! 2003 Indian River
State: 1:32.12 * 1998 Golden West

Team	Relay	Seed Time	Finals Time	Points
1 Orange Coast	A	1:36.74	1:35.78	40
1) Hwang, Jason	2) Wong, Roger	3) Wong, Max	4) Hunter, Chris	
24.26	50.77 (26.51) 1:15.08 (24.31)	1:35.78 (20.70)		
2 Santa Monica	A	1:36.94	1:36.16	34
1) Brady, Devin	2) Lee, See Hao	3) Kumasaki, Evan	4) Dordoni, Nestor	
24.93	51.12 (26.19) 1:15.43 (24.31)	1:36.16 (20.73)		
3 Santa Rosa	A	1:37.91	1:36.72	32
1) Zucchelli, Phillip	2) Gromala, Eric	3) Carranza, Travis	4) Peters, Mike	
25.12	51.53 (26.41) 1:15.50 (23.97)	1:36.72 (21.22)		
4 Sierra	A	1:40.55	1:36.84	30
1) Hooten, William	2) Newman, Erik	3) Dawson, Brad	4) Hagans, Pete	
24.55	52.01 (27.46) 1:15.95 (23.94)	1:36.84 (20.89)		
5 Diablo Valley	A	1:38.16	1:37.19	28
1) Bynum, Mike	2) Mikuni, Russell	3) Cruz, Brian	4) Chase, Adrian	
26.68	53.89 (27.21) 1:16.71 (22.82)	1:37.19 (20.48)		
6 Modesto	A	1:37.37	1:37.77	26
1) Goodwin, Chris	2) Stone, Brandt	3) Lewis, Mike	4) Power, Devin	
25.85	53.80 (27.95) 1:17.26 (23.46)	1:37.77 (20.51)		
7 Golden West	A	1:36.94	1:37.99	24
1) Billington, Matt	2) Celinder, Kyle	3) Meyer, Chase	4) Bryan-Zwick, Sascha	
26.98	53.84 (26.86) 1:16.94 (23.10)	1:37.99 (21.05)		
8 Ventura	A	1:39.39	1:39.16	22
1) Isbell, Nate	2) Shuler, Myles	3) Marin, Jesse	4) O'Gorman, Cheyne	
24.65	54.46 (29.81) 1:18.29 (23.83)	1:39.16 (20.87)		

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 30 Men 200 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time	Points
9 Riverside	A	1:39.02	1:39.60	18
1) Ungerer, Steven 26.03	2) Finfrock, Casey 53.73 (27.70)	3) Likins, Zac 1:39.60 (21.90)	4) Upper, Ryan	
10 American River	A	1:39.99	1:39.71	14
1) Meyer, Kevin 25.11	2) Brizzee, Devin 53.04 (27.93)	3) Ramirez, James 1:39.71 (22.21)	4) Leach, Kent	
11 Palomar	A	1:39.40	1:39.73	12
1) Fenney, James 26.02	2) Southwick, Josh 53.68 (27.66)	3) Rahi, Amin 1:39.73 (21.99)	4) Weaver, Charlie	

Event 31 Women 100 Yard Backstroke

National: 54.86 ! 2003		Sherry Tsai		Orange Coast		Points
State: 54.86 * 2003		Sherry Tsai		Orange Coast		
Name	Age	School	Seed Time	Finals Time		
1 Peters, Samantha 28.88	59.03 (30.15)	SD Mesa	59.25	59.03		20
2 Galaz, Natalie 28.78	59.17 (30.39)	Fullerton	59.01	59.17		17
3 Kahn, Danielle 29.02	59.26 (30.24)	Sacramento	1:00.82	59.26		16
4 Ikehata, Mariko 28.59	59.40 (30.81)	Cabrillo	59.69	59.40		15
5 Golden, Lauren 29.00	59.78 (30.78)	Santa Rosa	1:00.15	59.78		14
6 Rife, Rebekah 29.62	1:01.31 (31.69)	Sierra	1:01.72	1:01.31		13
7 Palmer, Lindsay 29.31	1:01.70 (32.39)	Mt. Sac	1:02.16	1:01.70		12
8 Jackson, Leslie 30.07	1:01.86 (31.79)	American River	1:00.94	1:01.86		11
9 Joslin, Marie 29.62	1:02.22 (32.60)	Santa Rosa	1:01.49	1:02.22		9
10 Tran, Denise 30.18	1:02.31 (32.13)	Santa Monica	1:03.03	1:02.31		7
11 Kubli, Kaitlin 29.99	1:02.35 (32.36)	Sacramento	1:01.58	1:02.35		6
12 Barrus, Kaydi 30.12	1:03.39 (33.27)	Sacramento	1:01.57	1:03.39		5
13 Koch, Kelly 30.41	1:03.56 (33.15)	Diablo Valley	1:03.30	1:03.56		4
14 Johnson, Joelle 30.80	1:04.32 (33.52)	Pasadena	1:02.19	1:04.32		3
15 Palmer, Janelle 31.12	1:04.41 (33.29)	Diablo Valley	1:02.69	1:04.41		2

Event 32 Men 200 Yard Backstroke

National: 1:46.14 ! 2000		Christian Harcsas		Golden West		Points
State: 1:46.14 * 2000		Christian Harcsas		Golden West		
Name	Age	School	Seed Time	Finals Time		
1 Isbell, Nate 27.38	56.21 (28.83)	Ventura	1:56.99	1:52.34		20
			1:52.34 (27.86)			

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 32 Men 200 Yard Backstroke)

	Name	Age	School	Seed Time	Finals Time	Points
2	Hwang, Jason		Orange Coast	1:54.22	1:52.98	17
	27.39	56.01 (28.62)	1:25.06 (29.05)	1:52.98 (27.92)		
3	Larsen, Trent		Foothill	1:59.36	1:55.75	16
	27.26	56.67 (29.41)	1:26.29 (29.62)	1:55.75 (29.46)		
4	Bixler, Thomas		Palomar	1:57.63	1:57.72	15
	26.83	55.26 (28.43)	1:25.64 (30.38)	1:57.72 (32.08)		
5	Meyer, Kevin		American River	1:57.78	1:58.59	14
	28.02	58.02 (30.00)	1:28.59 (30.57)	1:58.59 (30.00)		
6	Likins, Zac		Riverside	1:58.05	2:00.36	13
	27.58	56.75 (29.17)	1:27.88 (31.13)	2:00.36 (32.48)		
7	Brady, Devin		Santa Monica	2:02.50	2:00.45	12
	29.50	1:00.02 (30.52)	1:30.91 (30.89)	2:00.45 (29.54)		
8	Ungerer, Steven		Riverside	1:59.00	2:01.16	11
	27.29	57.12 (29.83)	1:28.47 (31.35)	2:01.16 (32.69)		
9	Zucchelli, Phillip		Santa Rosa	1:58.34	2:01.55	9
	27.58	57.50 (29.92)	1:29.62 (32.12)	2:01.55 (31.93)		
10	Ferencz, Gerald		Pasadena	2:01.56	2:01.97	7
	28.84	59.95 (31.11)	1:31.12 (31.17)	2:01.97 (30.85)		
11	Hirschman, Jeff		Mt. Sac	1:58.82	2:02.17	6
	28.24	59.29 (31.05)	1:30.86 (31.57)	2:02.17 (31.31)		
12	Bynum, Mike		Diablo Valley	1:58.37	2:02.25	5
	28.33	58.61 (30.28)	1:30.09 (31.48)	2:02.25 (32.16)		
13	Wolfe, Steven		Orange Coast	2:00.22	2:02.32	4
	27.95	58.83 (30.88)	1:30.60 (31.77)	2:02.32 (31.72)		
14	Henning, Tanner		Cabrillo	2:03.44	2:03.40	3
	29.20	1:00.63 (31.43)	1:32.36 (31.73)	2:03.40 (31.04)		

Event 33 Women 100 Yard Freestyle

	Name	Age	School	Seed Time	Finals Time	Points
	National: 50.25 ! 1998		Teresa Moodie		Vincennes	
	State: 51.11 * 2003		Sherry Tsai		Orange Coast	
1	Hansen, Courtney		Diablo Valley	53.21	53.39	20
	25.44	53.39 (27.95)				
2	Ward, Jen		Santa Monica	55.09	53.86	17
	26.24	53.86 (27.62)				
3	Prine, Jackie		Long Beach	54.88	54.58	16
	26.84	54.58 (27.74)				
4	Bean, Mallory		American River	54.79	54.91	15
	26.36	54.91 (28.55)				
5	Versage, Sasha		Merced	54.36	54.99	14
	26.45	54.99 (28.54)				
6	Azar, Katherine		Ventura	55.39	55.20	13
	26.53	55.20 (28.67)				
7	O'Brien, Stepahnie		Solano	54.60	55.27	12
	26.34	55.27 (28.93)				
8	Pantuso, Kristina		Golden West	54.01	55.34	10
	25.93	55.34 (29.41)				
8	Johnson, Rebecca		Solano	54.47	55.34	10
	26.18	55.34 (29.16)				
10	Dilloway, Juliana		West Valley	55.27	55.54	7
	26.43	55.54 (29.11)				

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 33 Women 100 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
11 van Hemert, Heather 27.00	55.80 (28.80)	Santa Rosa	56.01	55.80	6
12 Mapp, Lorean 27.43	56.05 (28.62)	Pasadena	55.63	56.05	5
13 Cunion, Kerry 27.29	56.85 (29.56)	Sacramento	55.91	56.85	4
14 MacDonell, Jen 27.32	56.95 (29.63)	Foothill	56.16	56.95	3
15 Palmer, Janelle 27.51	57.04 (29.53)	Diablo Valley	55.18	57.04	2
16 Thoni, Kelly 27.04	57.06 (30.02)	Chabot	56.31	57.06	1
17 Schuetz, Elise 27.36	57.30 (29.94)	Merced	55.89	57.30	

Event 34 Men 100 Yard Freestyle

National: 43.91 ! 2003		Camillo Becerra		Indian River	
State: 44.70 * 1993		Richard Bera		Foothill	
Name	Age	School	Seed Time	Finals Time	Points
1 O'Gorman, Cheyne 21.83	45.52 (23.69)	Ventura	46.53	45.52	20
2 Chase, Adrian 22.23	46.27 (24.04)	Diablo Valley	47.03	46.27	17
3 Dordoni, Nestor 21.98	46.98 (25.00)	Santa Monica	47.16	46.98	16
4 Hagans, Pete 22.31	47.01 (24.70)	Sierra	46.59	47.01	15
5 Garcia, Rob 23.01	47.05 (24.04)	Cerritos	47.20	47.05	14
6 Valovic, Pavol 22.63	47.26 (24.63)	Golden West	46.91	47.26	13
7 Power, Devin 22.64	47.30 (24.66)	Modesto	47.01	47.30	12
8 Chrisman, Erik 22.98	47.32 (24.34)	Golden West	46.81	47.32	11
9 Peters, Mike 22.56	47.71 (25.15)	Santa Rosa	47.84	47.71	9
10 Henneman, Greg 22.78	47.83 (25.05)	West Valley	47.67	47.83	7
11 Hunter, Chris 22.86	47.88 (25.02)	Orange Coast	47.68	47.88	6
12 Cruz, Brian 23.20	48.33 (25.13)	Diablo Valley	48.77	48.33	5
13 Frenn, Tyson 23.10	48.54 (25.44)	Solano	47.47	48.54	4
14 Weaver, Charlie 22.90	48.55 (25.65)	Palomar	47.65	48.55	3
15 Pifer, Matt 23.19	48.61 (25.42)	El Camino	48.51	48.61	2
16 Fenney, James 23.11	49.06 (25.95)	Palomar	47.94	49.06	1

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 34 Men 100 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
17 Julien, Dane		SD Mesa	49.02	49.18	
23.65	49.18 (25.53)				
18 Guth, Christian		SD Mesa	48.27	49.23	
23.05	49.23 (26.18)				
19 Dawson, Brad		Sierra	48.51	49.91	
23.44	49.91 (26.47)				

Event 35 Women 100 Yard Breaststroke

National: 1:03.13 ! 1999 Kathy Echiverri
State: 1:04.59 * 1999 Lisa Andrade

Indian River
Riverside

Name	Age	School	Seed Time	Finals Time	Points
1 Peter, Meghan		Santa Rosa	1:05.88	1:05.15	20
30.79	1:05.15 (34.36)				
2 Welker, Mallory		Santa Rosa	1:06.67	1:06.57	17
31.04	1:06.57 (35.53)				
3 Pritchard, Erin		San Joaquin	1:08.73	1:08.02	16
31.91	1:08.02 (36.11)				
4 McCabe, Kelly		Diablo Valley	1:09.53	1:08.47	15
32.18	1:08.47 (36.29)				
5 Arnold, Samantha		Long Beach	1:10.03	1:09.41	14
32.92	1:09.41 (36.49)				
6 Frasca, Haley		SD Mesa	1:09.23	1:09.58	13
32.91	1:09.58 (36.67)				
7 Corry, Natalie		Golden West	1:09.28	1:09.92	12
32.81	1:09.92 (37.11)				
8 Bender, Jessica		Chabot	1:10.36	1:10.62	11
33.18	1:10.62 (37.44)				
9 Pantle, Haley		Diablo Valley	1:10.22	1:10.70	9
33.53	1:10.70 (37.17)				
10 Parrish, Katie		Fullerton	1:10.82	1:10.83	6.50
32.90	1:10.83 (37.93)				
10 Haverstock, Amber		Sacramento	1:11.14	1:10.83	6.50
33.83	1:10.83 (37.00)				
12 Newton, Christin		Santa Rosa	1:10.58	1:11.12	5
33.79	1:11.12 (37.33)				
13 Carroll, Jessica		Sierra	1:11.12	1:11.58	4
33.49	1:11.58 (38.09)				
14 Fernandez, Marisa		Sierra	1:10.85	1:11.65	3
33.50	1:11.65 (38.15)				
15 Peterson, Kelsey		Ventura	1:10.70	1:11.84	2
33.27	1:11.84 (38.57)				
16 Smith, Jessica		SD Mesa	1:12.05	1:12.26	1
33.46	1:12.26 (38.80)				
17 Noble, Tara		Riverside	1:12.34	1:14.33	
35.30	1:14.33 (39.03)				

Event 36 Men 200 Yard Breaststroke

National: 1:57.04 ! 1993 Seth Van Neerdan
State: 2:00.57 * 1988 Justin Nicholas

Broward
Marin

Name	Age	School	Seed Time	Finals Time	Points
1 Tikhonoff, John		Sierra	2:09.00	2:07.20	20
28.90	1:01.21 (32.31)	1:34.04 (32.83)	2:07.20 (33.16)		

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 36 Men 200 Yard Breaststroke)

Name	Age	School	Seed Time	Finals Time	Points
2 Celinder, Kyle		Golden West	2:08.04	2:07.79	17
28.29	59.83 (31.54)	1:32.98 (33.15)	2:07.79 (34.81)		
3 Mitchell, Josh		Golden West	2:07.61	2:08.77	16
29.39	1:01.89 (32.50)	1:34.93 (33.04)	2:08.77 (33.84)		
4 Ferre, Sebastien		LA Pierce	2:08.05	2:09.12	15
28.54	1:00.90 (32.36)	1:34.69 (33.79)	2:09.12 (34.43)		
5 Wong, Roger		Orange Coast	2:10.61	2:09.23	14
28.79	1:01.94 (33.15)	1:34.62 (32.68)	2:09.23 (34.61)		
6 Southwick, Josh		Palomar	2:09.77	2:10.82	13
28.74	1:01.16 (32.42)	1:35.15 (33.99)	2:10.82 (35.67)		
7 Goggans, Neal		De Anza	2:12.45	2:12.96	12
29.97	1:03.55 (33.58)	1:37.65 (34.10)	2:12.96 (35.31)		
8 Gromala, Eric		Santa Rosa	2:10.46	2:14.00	11
28.06	1:01.60 (33.54)	1:37.16 (35.56)	2:14.00 (36.84)		
9 Jensen, Brett		Mt. Sac	2:13.69	2:15.00	9
29.86	1:03.34 (33.48)	1:38.75 (35.41)	2:15.00 (36.25)		
10 Kuusk, Martin		Pasadena	2:13.74	2:15.06	7
30.02	1:03.61 (33.59)	1:39.31 (35.70)	2:15.06 (35.75)		
11 Newman, Erik		Sierra	2:13.98	2:15.37	6
30.74	1:05.20 (34.46)	1:39.05 (33.85)	2:15.37 (36.32)		
12 Mikuni, Russell		Diablo Valley	2:13.20	2:15.52	5
29.72	1:04.13 (34.41)	1:39.55 (35.42)	2:15.52 (35.97)		
13 Lee, See Hao		Santa Monica	2:14.22	2:16.79	4
31.03	1:06.57 (35.54)	1:41.45 (34.88)	2:16.79 (35.34)		
14 Finfrock, Casey		Riverside	2:13.09	2:17.57	3
30.71	1:04.62 (33.91)	1:40.35 (35.73)	2:17.57 (37.22)		

Event 37 Women 100 Yard Butterfly

Name	Age	School	Seed Time	Finals Time	Points
1 Poljak, Ksenija		Santa Rosa	59.06	58.61	20
28.06	58.61 (30.55)				
2 Natalizio, Sara		Orange Coast	59.23	58.95	17
27.67	58.95 (31.28)				
3 Nascimento, Amanda		Diablo Valley	59.44	59.38	16
27.87	59.38 (31.51)				
4 Vilcsek, Becky		Foothill	1:00.49	1:00.09	15
27.88	1:00.09 (32.21)				
5 Hall, Laura		Shasta	59.09	1:00.51	14
27.32	1:00.51 (33.19)				
6 Griffitts, Jamie		Riverside	1:00.61	1:01.15	13
28.88	1:01.15 (32.27)				
7 Mak, Shirley		Santa Monica	1:00.92	1:01.30	12
29.06	1:01.30 (32.24)				
8 Eisner, Brooke		Merced	1:00.48	1:01.49	11
28.93	1:01.49 (32.56)				
9 Rife, Rachel		Sierra	1:00.40	1:01.62	9
28.28	1:01.62 (33.34)				
10 Martinez, Crystal		Chabot	1:00.41	1:01.75	7
28.76	1:01.75 (32.99)				

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 37 Women 100 Yard Butterfly)

Name	Age	School	Seed Time	Finals Time	Points
11 Furuto, Jenelle		Chaffey	1:00.90	1:02.31	6
28.17	1:02.31 (34.14)				
12 Scott, Heather		West Valley	1:02.66	1:02.53	5
28.56	1:02.53 (33.97)				
13 MacDonell, Jen		Foothill	1:01.35	1:02.63	4
29.20	1:02.63 (33.43)				
14 Lindemuth, Kiki		Diablo Valley	1:02.24	1:02.66	3
28.67	1:02.66 (33.99)				
15 Nissen, Jessie		American River	1:02.52	1:02.91	2
28.34	1:02.91 (34.57)				

Event 38 Men 200 Yard Butterfly

National: 1:46.55 ! 1998

Albert Sutanto

Golden West

State: 1:46.55 * 1998

Albert Sutanto

Golden West

Name	Age	School	Seed Time	Finals Time	Points
1 Sugimoto, Hirotaka		Saddleback	1:50.65	1:48.83	20
24.54	52.70 (28.16)	1:21.15 (28.45)	1:48.83 (27.68)		
2 Zaferes, Tom		Cabrillo	1:50.86	1:49.98	17
25.00	52.56 (27.56)	1:20.69 (28.13)	1:49.98 (29.29)		
3 Yang, Chris		Diablo Valley	1:56.00	1:53.61	16
25.80	54.33 (28.53)	1:23.30 (28.97)	1:53.61 (30.31)		
4 Carranza, Travis		Santa Rosa	1:53.43	1:56.04	15
25.64	54.91 (29.27)	1:25.40 (30.49)	1:56.04 (30.64)		
5 Marin, Jesse		Ventura	1:57.75	1:56.66	14
25.95	54.93 (28.98)	1:25.05 (30.12)	1:56.66 (31.61)		
6 Han, Frank		Mt. Sac	1:57.94	1:57.78	13
26.00	55.19 (29.19)	1:25.46 (30.27)	1:57.78 (32.32)		
7 Budnick, Matt		Golden West	2:01.10	2:00.11	12
26.95	57.44 (30.49)	1:28.26 (30.82)	2:00.11 (31.85)		
8 Meyer, Chase		Golden West	1:58.66	2:00.43	11
26.22	56.77 (30.55)	1:28.19 (31.42)	2:00.43 (32.24)		
9 Rahi, Amin		Palomar	2:00.60	2:00.59	9
25.67	54.96 (29.29)	1:26.66 (31.70)	2:00.59 (33.93)		
10 Ramirez, James		American River	2:00.66	2:01.75	7
27.52	57.47 (29.95)	1:28.75 (31.28)	2:01.75 (33.00)		
11 Jacobs, Ryan		Santa Rosa	1:59.94	2:02.34	6
26.09	55.62 (29.53)	1:27.02 (31.40)	2:02.34 (35.32)		
12 Rondoni, Jared		Sierra	2:00.98	2:03.21	5
27.37	57.78 (30.41)	1:29.41 (31.63)	2:03.21 (33.80)		
13 Belagardi, Gabe		Fullerton	2:03.87	2:05.94	4
27.04	57.69 (30.65)	1:30.59 (32.90)	2:05.94 (35.35)		

Event 39 Women 400 Yard Freestyle Relay

National: 3:28.53 ! 2002

Indian River

State: 3:28.89 * 2000

Golden West

Team	Relay	Seed Time	Finals Time	Points
1 Santa Rosa	A	3:37.70	3:36.23	40
1) van Hemert, Heather	2) Golden, Lauren	3) Poljak, Ksenija	4) Peter, Meghan	
26.90	55.85 (55.85)	1:21.06 (25.21)	1:48.85 (53.00)	
2:15.16 (26.31)	2:43.01 (54.16)	3:08.55 (25.54)	3:36.23 (53.22)	

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

(Event 39 Women 400 Yard Freestyle Relay)

Team	Relay			Seed Time	Finals Time	Points
2 Sierra	A			3:42.92	3:42.91	34
1) White, Stephanie	2) Rife, Rebekah	3) Rife, Rachel	4) Carroll, Jessica			
26.53	56.59 (56.59)	1:22.23 (25.64)	1:51.54 (54.95)			
2:17.97 (26.43)	2:47.75 (56.21)	3:14.09 (26.34)	3:42.91 (55.16)			
3 Diablo Valley	A			3:39.38	3:43.28	32
1) Pantle, Haley	2) Palmer, Janelle	3) Todd, Erin	4) Hansen, Courtney			
26.91	55.82 (55.82)	1:22.42 (26.60)	1:51.69 (55.87)			
2:18.29 (26.60)	2:48.60 (56.91)	3:14.77 (26.17)	3:43.28 (54.68)			
4 Orange Coast	A			3:41.95	3:43.29	30
1) Doll, Kim	2) Harvey, Erin	3) Kane, Brittany	4) Natalizio, Sara			
26.09	54.86 (54.86)	1:21.02 (26.16)	1:50.53 (55.67)			
2:16.79 (26.26)	2:45.97 (55.44)	3:12.86 (26.89)	3:43.29 (57.32)			
5 Golden West	A			3:42.28	3:43.54	28
1) Wessling, Janeece	2) Angstadt, Andrea	3) Pantuso, Kristina	4) Brode, Martine			
26.04	54.41 (54.41)	1:21.37 (26.96)	1:50.75 (56.34)			
2:16.98 (26.23)	2:46.77 (56.02)	3:12.54 (25.77)	3:43.54 (56.77)			
6 Long Beach	A			3:46.88	3:43.79	26
1) Prine, Jackie	2) Arnold, Samantha	3) Cunningham, Alaina	4) Ross, Kristine			
26.88	54.91 (54.91)	1:21.83 (26.92)	1:50.63 (55.72)			
2:17.37 (26.74)	2:47.77 (57.14)	3:14.89 (27.12)	3:43.79 (56.02)			
7 Ventura	A			3:43.81	3:44.15	24
1) Kufta-Christie, Lindsey	2) Azar, Katherine	3) Goodall, Emily	4) Walters, Leah			
26.70	55.60 (55.60)	1:22.17 (26.57)	1:51.54 (55.94)			
2:18.08 (26.54)	2:48.24 (56.70)	3:15.39 (27.15)	3:44.15 (55.91)			
8 Sacramento	A			3:47.78	3:44.85	22
1) Haverstock, Amber	2) Cunion, Kerry	3) Kubli, Kaitlin	4) Kahn, Danielle			
27.39	57.01 (57.01)	1:23.68 (26.67)	1:52.13 (55.12)			
2:19.31 (27.18)	2:48.62 (56.49)	3:15.68 (27.06)	3:44.85 (56.23)			
9 Solano	A			3:45.00	3:45.07	18
1) Johnson, Rebecca	2) Coudright, Jessica	3) Lillard, Elizabeth	4) O'Brien, Stepahnie			
26.47	55.45 (55.45)	1:22.51 (27.06)	1:52.01 (56.56)			
2:19.25 (27.24)	2:50.14 (58.13)	3:15.96 (25.82)	3:45.07 (54.93)			
10 Chabot	A			3:47.85	3:47.05	14
1) Thoni, Kelly	2) Bender, Jessica	3) Wede, Audrey	4) Martinez, Crystal			
26.99	56.68 (56.68)	1:23.37 (26.69)	1:54.41 (57.73)			
2:20.97 (26.56)	2:51.61 (57.20)	3:17.97 (26.36)	3:47.05 (55.44)			
11 Fullerton	A			3:45.09	3:47.30	12
1) Parrish, Katie	2) Pratt, Kristine	3) Flores, Paulette	4) Galaz, Natalie			
26.95	56.70 (56.70)	1:23.98 (27.28)	1:53.57 (56.87)			
2:21.19 (27.62)	2:52.14 (58.57)	3:08.12 (15.98)	3:47.30 (55.16)			
12 Santa Monica	A			3:51.06	3:47.38	10
1) Schuerman, Ashley	2) Tran, Denise	3) Mak, Shirley	4) Ward, Jen			
2:21.69 (27.66)	2:53.50 (59.47)	3:08.35 (14.85)	1:54.03 ()			
			3:47.38 (53.88)			
13 Merced	A			3:42.92	3:47.78	8
1) Schuetz, Elise	2) Eisner, Brooke	3) Szmids, Heather	4) Versage, Sasha			
27.54	58.29 (58.29)	1:25.47 (27.18)	1:55.44 (57.15)			
2:22.04 (26.60)	2:52.24 (56.80)	3:18.34 (26.10)	3:47.78 (55.54)			
--- Riverside	A			3:44.82	DQ	
1) Cranmer, Megan	2) Robles, Megan	3) Morimoto, Reina	4) Griffiths, Jamie			
27.31	55.90 (55.90)	1:22.43 (26.53)	1:51.55 (55.65)			
2:18.57 (27.02)	2:47.63 (56.08)	3:13.41 (25.78)	DQ (54.18)			

CCC Swim & Dive State Championship
Hosted by: Ventura College - 4/30 to 5/1/2004
Results

Event 40 Men 400 Yard Freestyle Relay

National: 2:57.84 ! 2003 Indian River
State: 3:01.95 * 2000 Golden West

Team	Relay		Seed Time	Finals Time	Points
1 Ventura	A		3:12.04	3:09.78	40
1) Isbell, Nate	2) Oppenheimer, Sean	3) Marin, Jesse	4) O'Gorman, Cheyne		
23.07	49.10 (49.10)	1:11.67 (22.57)	1:36.39 (47.29)		
1:59.56 (23.17)	2:24.72 (48.33)	2:45.87 (21.15)	3:09.78 (45.06)		
2 Golden West	A		3:09.06	3:10.05	34
1) Valovic, Pavol	2) Meyer, Chase	3) Bryan-Zwick, Sascha	4) Martin, Greg		
22.90	47.53 (47.53)	1:09.69 (22.16)	1:34.75 (47.22)		
1:57.12 (22.37)	2:22.25 (47.50)	2:44.79 (22.54)	3:10.05 (47.80)		
3 Santa Monica	A		3:14.10	3:11.12	32
1) Volosin, Pat	2) Brady, Devin	3) Lee, See Hao	4) Dordoni, Nestor		
23.20	48.62 (48.62)	1:11.67 (23.05)	1:37.30 (48.68)		
2:00.14 (22.84)	2:25.38 (48.08)	2:47.10 (21.72)	3:11.12 (45.74)		
4 Diablo Valley	A		3:13.06	3:12.26	30
1) Chase, Adrian	2) Cruz, Brian	3) Deatsch, K.C.	4) McGowan, Jonathan		
22.51	46.32 (46.32)	1:08.99 (22.67)	1:34.80 (48.48)		
1:57.52 (22.72)	2:23.64 (48.84)	2:46.87 (23.23)	3:12.26 (48.62)		
5 Orange Coast	A		3:11.30	3:12.40	28
1) Wong, Max	2) Hunter, Chris	3) Hwang, Jason	4) Wong, Roger		
23.45	49.33 (49.33)	1:11.92 (22.59)	1:36.94 (47.61)		
1:59.16 (22.22)	2:23.95 (47.01)	2:46.64 (22.69)	3:12.40 (48.45)		
6 Sierra	A		3:11.86	3:12.49	26
1) Hooten, William	2) Newman, Erik	3) Dawson, Brad	4) Hagans, Pete		
23.03	48.57 (48.57)	1:12.59 (24.02)	1:38.40 (49.83)		
2:00.49 (22.09)	2:26.21 (47.81)	2:48.50 (22.29)	3:12.49 (46.28)		
7 Santa Rosa	A		3:12.81	3:13.69	24
1) Peters, Mike	2) Gromala, Eric	3) Buchan, Dave	4) Carranza, Travis		
22.66	47.61 (47.61)	1:10.71 (23.10)	1:36.91 (49.30)		
2:00.00 (23.09)	2:25.85 (48.94)	2:48.80 (22.95)	3:13.69 (47.84)		
8 West Valley	A		3:16.10	3:13.81	22
1) Ulrich, Alex	2) Vignau, Stu	3) Moyles, Brandon	4) Henneman, Greg		
23.33	48.70 (48.70)	1:12.18 (23.48)	1:37.30 (48.60)		
2:00.32 (23.02)	2:26.09 (48.79)	2:48.70 (22.61)	3:13.81 (47.72)		
9 Palomar	A		3:15.66	3:13.96	18
1) Weaver, Charlie	2) Bixler, Thomas	3) Southwick, Josh	4) Fenney, James		
23.10	48.78 (48.78)	1:12.21 (23.43)	1:37.97 (49.19)		
2:01.02 (23.05)	2:26.73 (48.76)	2:48.99 (22.26)	3:13.96 (47.23)		
10 Modesto	A		3:13.69	3:16.14	14
1) Goodwin, Chris	2) Lewis, Mike	3) Holder, Robert	4) Power, Devin		
23.76	49.20 (49.20)	1:12.93 (23.73)	1:40.29 (51.09)		
2:03.62 (23.33)	2:29.74 (49.45)	2:51.72 (21.98)	3:16.14 (46.40)		
11 Solano	A		3:16.32	3:17.72	12
1) DeSenna, Mario	2) Martin, Travis	3) Kerney, Brenden	4) Frenn, Tyson		
24.47	50.95 (50.95)	1:13.87 (22.92)	1:39.57 (48.62)		
2:03.51 (23.94)	2:29.94 (50.37)	2:52.73 (22.79)	3:17.72 (47.78)		
12 Riverside	A		3:15.56	3:19.91	10
1) Looy, Mike	2) Zaragoza, Jorge	3) Tungue, Arda	4) Upper, Ryan		
22.97	48.02 (48.02)	1:11.24 (23.22)	1:37.69 (49.67)		
2:02.09 (24.40)	2:31.29 (53.60)	2:54.02 (22.73)	3:19.91 (48.62)		