

**2007 Commission on Athletics
California Community College Athletic Association
Swim and Dive Championships**

May 3-5, Ohlone College - Fremont, CA

Contact: Pete Schuler- cayucospete@yahoo.com

Day 3 of 3- Friday, May 5, 2007

Men Results: Event Winners

1650 Freestyle: 1. Akbar Nasution, Chaffey- 15:45.14

200 Backstroke: 1. Joe Krone, Orange Coast- 1:52.47

100 Freestyle: 1. Brian Sullivan, Golden West & Rafael Aponte, Ventura- :45.87

200 Breaststroke: 1. Keiskue Yagi, Pasadena- 2:04.38

200 Butterfly: 1. Nikos Kostanis, Cerritos- 1:51.48

400 Free Relay: 1. Ventura- 3:02.40

*Defending 2005 State Champion

Scores (Top 15)- Day 3 of 3 (Final Standings)

1. Orange Coast, 601; 2. Ventura, 530; 3. Diablo Valley, 333; 4. Chaffey, 258; 5. Long Beach, 216.5; 6. Golden West, 207.5; 7. West Valley, 178; 8. Sierra, 146; 9. Santa Rosa, 134; 10. Palomar, 132; 11. Grossmont, 109; 12. Cerritos, 108; 13. Cuesta, 104; 14. Pasadena, 100; 15. Mt San Antonio, 94.

NOTES: Orange Coast won its second straight State Championship and the fifth in the school's history. The Pirates from Costa Mesa battled the Pirates from Ventura as the two teams grappled for the final point lead. Ventura boasted two relay wins and three individual champions, including the Meet's Top Performance by Kneif Lohse in the 400 individual medley. Orange Coast also won a pair of relays and five individual events, including a pair of titles from both Joe Krone and Damien Bernard. Chaffey's Akbar Nasution was named the State Swimmer of the Year after posting wins in the 500 and 1,650 freestyle events. Orange Coast Coach Anthony Iacopeti earned State Coach of the Year honors for the second time.

2007 Individual Meet Awards- Male Honors

State Swimmer of the Year: Akbar Nasution, Chaffey

Co-State Diver of the Year: Jordan Pollock, Sequoias

Co-State Diver of the Year: Justin Taylor, Orange Coast

Best Performance of the Meet: Kneif Lohse, Ventura (400 IM)- 4:02.81

State Swimming Coach of the Year: Anthony Iacopeti, Orange Coast

State Diving Coach of the Year: Bryan Franzen, Orange Coast

Women Results: Event Winners

1650 Freestyle: 1. Lauren Caines, Sierra- 17:21.35

100 Backstroke: 1. Christina McGowan, Diablo Valley- :59.08

100 Freestyle: 1. Anne Scott, American River- :50.36 (New State Record)

100 Breaststroke: 1. Parisa Dana, Citrus- 1:07.06

100 Butterfly: 1. Mary Struempf, Diablo Valley- :57.08*

400 Free Relay: 1. Sierra- 3:39.17

*Defending 2006 State Champion

Scores (Top 15)- Day 3 of 3 (Final Standings)

1. Diablo Valley, 443; 2. Sierra, 336.5; 3. Santa Rosa, 325.5; 4. Orange Coast, 298; 5. Ventura, 254; 6. Saddleback, 199; 7. Chaffey, 189; 8. Fullerton, 185; 9. Modesto, 175; 10. American River, 157; 11. Riverside, 150; 12. SD Mesa, 128; 13. Golden West, 118.5; 14. El Camino, 109; 15. Chabot, 94.5.

NOTES: American River's Anne Scott and Diablo Valley's Mary Struempf both won three individual State Titles, but Scott was named the 2007 State Swimmer of the year because two of her titles came with new State Records. Streumpf didn't go home empty handed; she led the Diablo Valley to the State Team Crown. Diablo Valley won the first women's State Swimming title in 1978 and on the 30th anniversary of that win they corralled the program's eighth title. The Vikings won the crown in impressive form and were virtually assured the title after the first day, but Sierra and Santa Rosa still put on a good show for the runner-up position. Sierra was led by Lauren Caines, who earned the Top Performance Award for the 1650 freestyle, but still needed to win the 400 free relay to beat State Coach of the Year Jill McCormick's Santa Rosa Bear Cubs.

2007 Individual Meet Awards- Female Honors

State Swimmer of the Year: Anne Scott, American River

State Diver of the Year: Nikki Burrelli, Orange Coast

Best Performance of the Meet: Lauren Caines, Sierra (1650 Freestyle)- 17:21.35

State Swimming Coach of the Year: Jill McCormick, Santa Rosa